



Group-based Applied Behaviour Analysis (ABA) Services



Are you looking to support your child's learning and skill development? Enroll in a group program!

Kinark Autism Services offers a variety of group programs for children and teens with Autism Spectrum Disorder (ASD) and their caregivers. These groups are developed and delivered by our experienced clinicians to help support skill development in different areas, such as social and play skills, emotional regulation, communication, and more!

Virtual and in-person delivery options available! Learn more about the programs available below.

For additional information about each group program, including upcoming start dates, pricing, and to complete an interest form, visit our website at <https://bit.ly/kinarkabagroups>.

Our Group-based ABA Services:

Ready, Set, Play!

Recommended for ages two to four

Playtime has never been more fun! This is an interactive and in-person six-week program for young children with ASD and their caregivers. During each 60-minute session, caregivers receive specific coaching and strategies to support their child's social and play skills.

First Words

Recommended for ages two to six

This 10-session, in-person program for children with ASD helps learners develop their early communication skills. During each two-hour group session, children will practice communicating their wants and needs with therapists and peers through play-based activities.

Kids Klub

Recommended for ages four to 12

This group program helps children with ASD develop the play and social skills needed to build and sustain friendships. In a small group of peers, children communicate and interact with others to learn and improve their social skills.

Emotions and Me

Recommended for ages six to 12

This 10-week program for children with ASD allows for children to communicate and interact with others to learn and improve their emotional regulation skills. Each 90-minute session uses evidence-based strategies through engaging games and activities to support the development of emotional regulation skills.

Facing Your Fears

Recommended for ages eight to 12

This 14-week in-person group program provides children with ASD with skills to help them manage their anxiety to support their daily life. During each group session, children will identify their fears, develop coping strategies, and practice facing their fears with guidance and support from group facilitators.

PEERS® for Teens

Recommended for ages 12 to 18

The Program for the Education and Enrichment of Relational Skills (PEERS®) for teens is an evidence-based social skills group for motivated teens who are interested in learning new ways of making and keeping friends. During each group session, teens are taught important skills and practice these skills during group socialization activities.

If you would like more information about our **Group-based ABA Services**, or other services available at Kinark, please contact a Kinark Representative at **1-800-283-3377** or email AutismServicesGroups@kinark.on.ca.