

Build Healthy Habits with Choosy Kids!



*I Am Moving,
I Am Learning with Choosy*

Music and Movement Activities for VPK Educators



**Click here for
a music preview!**

Discover active-learning using music, movement, and storytelling to support children's physical activity, healthy habits, oral health, literacy, and vocabulary development!

Note: Space is limited. Schools interested in participating are encouraged to designate one representative to attend.

Participants Will Learn How To:

- Integrate music and movement into daily classroom routines
- Promote healthy habits through active learning experiences
- Support literacy and vocabulary development through songs and stories
- Engage families in activities that support healthy habit development

FREE Move and Learn with Choosy Kit! A \$149 Value!

Each participating center will receive a complimentary kit featuring:

- Music and movement resources
- Interactive story and literacy materials
- Healthy habits vocabulary and classroom activity guides
- Family engagement activities

Training Information



**Friday, November 13, 2026
(10:00 AM - 12:00 PM)**



**Location: ELCPH Office
(12107 Majestic Boulevard, Hudson, FL 34667)**



Trainer: Christine Dyal, ELCPH Instructional Support Coach

Apply Here!

