Educator Sensitivity: Awareness



Teacher Self-Reflection Checklist

Use this checklist from ELCPH's Quality Preformance Team to reflect on how well you notice and respond to **academic, social, emotional, and physical needs** *before* they escalate.

Awareness = noticing early + adjusting quickly

Daily Self-Check ✓

- ☐ I watch the **whole group**, not just the loudest child
- ☐ I notice **early cues** (body language, facial expression, behavior changes)
- ☐ I respond **before** children become upset or disengaged
- ☐ I notice **quiet or withdrawn children**
- ☐ I adjust my teaching when children seem **confused or uninterested**
- ☐ I anticipate **physical needs** (rest, movement, hunger, sensory needs)
- ☐ I support **social needs** before conflicts start



Infant Example

A teacher notices an infant becoming still and turning their head away during floor play. Before the infant cries, the teacher gently changes the position and lowers stimulation, supporting the infant's **physical and emotional needs early**.

Toddler Example

During a whole-group activity, a teacher notices a toddler repeatedly leaving the carpet, rubbing their eyes, and laying their head on the floor. Instead of redirecting for behavior, the teacher recognizes signs of **fatigue and disengagement** and offers the child a quiet book and soft seating nearby. This supports the child's **physical and emotional needs** while preventing frustration or disruptive behavior.

Preschool Example

During a small-group activity, a teacher notices a child staring at materials and not participating. The teacher pauses, checks for understanding, and re-explains using simpler language, supporting the child's **academic and emotional needs** before frustration appears.

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Zooming with CLASS

Q&A For Early Childhood Educators

Monthly Drop-In Hours!

Join us every month for an informal, open Zoom session where early childhood educators can drop in at any time during the hour to ask questions and get support related to CLASS. Whether you're new to CLASS or just need clarification on specific domains, indicators, or best practices, this is your space to connect, learn, and grow with the ELCPH Quality Performance Team.
No registration needed—just stop by when it works for you!

1 APRIL | **Upcoming Session 1:00 P.M.**

Join us every month! Save the Zoom link below

Zoom Link



Questions? Contact Beverly Kamp at b.kamp@elcph.org