

Healthy Habits Training

Sesame Street characters bring this engaging training to life using a digital toolkit designed for educators and families.

Participants will explore practical strategies for teaching preschoolers and their families about healthy habits. From making smart food choices to finding creative ways to incorporate physical activity into daily routines, this training is packed with fun, interactive resources that support healthy living for young children and the educators who support them.

**July 28,
2026**

**6:30 -
8:00 PM**

**Register
Here!**

