

Community Outreach and Engagement Programs, May 2026

Community Healthcare Network/New York Common Pantry Event

Mount Sinai Tisch Cancer Center's Community Outreach and Engagement program partnered with Community Healthcare Network, the Mount Sinai Mobile Prostate Unit, and the New York Common Pantry to host a community-centered health fair/cancer screening event on May 14 at New York Common Pantry. The event focused on integrating cancer prevention and screening into a trusted neighborhood space. A total of 519 individuals were present at the event with numerous interactions and questions from attendees about general healthcare and cancer prevention.

Embedding cancer prevention services within food access settings and federally qualified health center networks may reduce barriers, improve screening uptake, and strengthen trust within the community.

Healing Table Event

A healing table event on May 5, hosted by a Community Outreach and Engagement (COE) partner, consisted of a four-section education session. The first section, led by a Mount Sinai yoga instructor, was a gentle seated yoga session that included mindfulness practices. The second section, led by a Mount Sinai oncology dietitian, provided education about food safety, budget-friendly meals, and what to eat to manage side effects of cancer treatments. The third section was a food demonstration led by community partner God Love we Deliver and focused on healthy eating for patients experiencing cancer and budget friendly nutritious food. The fourth section featured community partner tabling and information sharing. It included Teens for Food Justice, NY Connects (with information about SNAP benefits and enrollment), NY Common Pantry, Mount Sinai's Community Outreach and Engagement team, and The American Cancer Society (providing information on cancer prevention and screening).

The event was promoted to Mount Sinai cancer patients, Gods Love We Deliver program recipients, and Hope Lodge guests. Seventy people registered for the event. Participants left with food from NY Common Pantry and yoga mats.

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