



The United States Association of

The Catechesis of the Good Shepherd[®]

SIMPLE PRAYERS FOR FAMILIES

KEEP A "FAITH BASKET"

A small basket with:

- A small child-sized Bible
- A small object from nature
- A prayer card
- Easy, accessible, not overwhelming

CREATE A SIMPLE PRAYER TABLE

A small, consistent place in the home.

Include:

- A cloth (green for Ordinary Time)
- A candle
- A Bible
- A simple object (plant, stone, icon, etc.)

"This is a place we can come to be quiet with God.

KEEP PRAYER VERY SIMPLE

Short, repeatable prayers:

- Before meals
- Before bed
- When gathering together

Examples:

- "Thank you for this day"
- "Be with us"
- "We are grateful"

The consistency matters more than length

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SIMPLE SUMMER PRAYERS

These prayers are meant to be simple.
You do not need to say many words—just a few are enough.
Even quiet presence can be prayer.

Morning Prayer

Dear God,
Thank you for this new day.
Help us to notice what is good and beautiful.
Be with us today.
Amen.

Nature Prayer

Dear God,
Thank you for the trees,
the sky,
and all living things.
Help us to see Your work around us.
Amen.

Quiet Prayer

Dear God,
We are here.
You are here.
We rest in Your presence.
Amen.

Sunshine Prayer

Dear God,
Thank you for the warmth of the sun.
Thank you for light and life.
Help us to carry Your light with us.
Amen.

Water Prayer

Dear God,
Thank you for water—
for refreshment and life.
We are grateful for Your care.
Amen.

Mealtime Prayer

Dear God,
Thank you for this food
and for the hands that prepared it.
Bless this time together.
Amen.

Evening Prayer

Dear God,
Thank you for this day.
Thank you for all we have seen and received.
Stay with us as we rest.
Amen.



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Growing Prayer

Dear God,
Thank you for all that is growing—
in the world
and in us.
Help us to grow with care and love.
Amen.

Good Shepherd Prayer

Dear Good Shepherd,
Thank you for knowing us
and caring for us.
Help us to follow you.
Amen.

Gratitude Prayer

Dear God,
Thank you for small things
and big things.
Thank you for being with us in all
things.
Amen.

Very Short Prayers (For Young Children)

- Thank you, God.
- Be with us.
- We are glad.
- We are thankful.

SONGS

“God Is With Us All the Day”

♪ (to “Mary Had a Little Lamb”)

God is with us all the day,
All the day, all the day,
God is with us all the day,
We are not alone.

Good Shepherd

♪ (to “Mary Had a Little Lamb”)

Good Shepherd, you call my name,
Call my name, call my name,
Good Shepherd, you call my name,
And I follow you.