

# INCENTIVE PLAN 2021-2022

## INCENTIVE PLAN #1

August 1 - October 23, 2021

### Requirements:

- Wyoming Health Fairs blood draw (Basic Chemistry Panel)
- Complete Health Assessment on WELLRIGHT ([Lcsd1.wellright.com/](http://Lcsd1.wellright.com/))
- View the Wellness Incentive Plan on Safe Schools website, [laramie1-wy.safeschools.com](http://laramie1-wy.safeschools.com) under Extra Trainings

Benefit paid out Nov. 30, 2021 paycheck

*\$100 Benefit*

Register at <https://form.jotform.com/211086602340141>

## ELIGIBILITY:

- Employees and spouses on the District's health insurance plan
- **Register at the link listed below.**  
Deadline to register is August 17, 2021. Program limited to the first 800 eligible participants.

## INCENTIVE PLAN #2

December 1, 2021 - April 30, 2022

### Requirements:

- Complete Incentive Plan #1
- Accrue 150 points by April 30, 2021
  1. Complete the exercise and tobacco components (worth 125 points)
  2. Choose additional activities on WELLRIGHT Website (worth 10-25 points)

Benefit paid out in May 31, 2022 paycheck

*\$100 Benefit*

*wellness*  
LARAMIE COUNTY SCHOOL DISTRICT 1

**LYNN FOX, MS, CHES**

Wellness Coordinator

Laramie County School District #1

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<http://employee-wellness.www.laramie1.org/>

# BLOOD DRAWS

## FALL 2021

### AUGUST

Wyoming Health Fairs	Tuesdays–Saturdays	7–10 a.m.	611 E. Carlson, Ste 112
LCSD1 Admin Building	Tuesday, Aug. 17	6–8:30 a.m.	Auditorium Stage
Bus Garage	Wednesday, Aug. 18	6–7 a.m.	Garage
LCSD1 Admin Building	Friday, Aug. 20	7–10 a.m.	Storey Gym Boardroom

### SEPTEMBER

Wyoming Health Fairs	Tuesdays–Saturdays	7–10 a.m.	611 E. Carlson, Ste 112
LCSD1 Admin Bldg	Friday, Sept. 3	7–10 a.m.	Storey Gym Boardroom
East HS	Friday, Sept. 10	6:30–9:30 a.m.	Auxiliary Gym
South HS	Wednesday, Sept. 15	6:30–9:30 a.m.	Auditorium Stage
Central HS	Friday, Sept. 17	6:30–9:30 a.m.	Auditorium Stage
Johnson JHS	Thursday, Sept. 23	6:30–9:30 a.m.	TBA
McCormick JHS	Friday, Sept. 24	6:30–9:30 a.m.	Room 217
Pioneer Park	Thursday, Sept. 30	7–9 a.m.	Stage in Gym

### OCTOBER

Wyoming Health Fairs	Tuesdays–Saturdays	7–10 a.m.	611 E. Carlson, Ste 112
Carey JHS	Thursday, Oct. 7	6:30–9:30 a.m.	Conference Room

OPEN DRAWS at Wyoming Health Fairs (611 E. Carlson, Ste 112) throughout the campaign period: Tuesday–Friday, 7 a.m.–noon and Saturday, 7–10 a.m. (go to <https://wyominghealthfairs.com/appointments/schedule>)

\*YOU MUST SIGN UP FOR BLOOD DRAW APPOINTMENTS ONLINE\*

A link to sign up for specific locations/times/dates will be sent out by email to registered participants. Please bring your Blue Cross Blue Shield insurance card to your blood draw appointment. Make sure to take medications as usual, fast for 10–12 hours, and drink plenty of water before your blood draw.

Please note: Blue Cross Blue Shield will cover only ONE blood chemistry panel per calendar year.

**PLEASE BRING BLUE CROSS BLUE SHIELD CARD FOR REIMBURSEMENT**

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LARAMIE COUNTY SCHOOL DISTRICT 1

EMPLOYEE-WELLNESS. [WWW.LARAMIE1.ORG](http://WWW.LARAMIE1.ORG)



**WYOMINGHEALTHFAIRS.COM**