

"Leaves of three, let them be!"



If you do come into contact with Poison Ivy: the fastest way to alleviate the symptoms and potentially speed up healing is to thoroughly wash the affected area with soap and water immediately after contact, and then use over-the-counter remedies to manage the itching and inflammation.

Over-the-Counter Treatments:

- Calamine lotion: Helps soothe the skin and dry up oozing blisters.
- Hydrocortisone cream: Reduces inflammation and itching.
- Cool compresses: Applying a cool, wet washcloth to the affected area can provide relief.
- Oatmeal baths: Soaking in a lukewarm bath with colloidal oatmeal can help relieve itching and inflammation.

When to Seek Medical Advice:

- If the rash is severe, widespread, or involves sensitive areas like the face or genitals.
- If you develop a fever or signs of infection (pus, soft yellow scabs).
- If the itching is intense and keeps you awake at night.

Important Considerations:

- Do not use antihistamine creams or antibiotic creams, as these may worsen the rash.
- Avoid scratching the rash, as this can lead to infection.

The rash will typically resolve on its own within one to three weeks.



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