




Norwood Park Senior Center
Reshaping Aging®



November 2025 ACTIVITY CALENDAR

Subject to change
Open Monday-Friday from 8:30-4:30
5801 N. Natoma, 60631 (773)775-6071

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3) 9:30am Farmers Market \$1 donation 9AM Yoga 10am Knit/Crochet 11AM Bocce 1PM Pinochle 6pm 16th District Police Community Conversation	4) NURSE 9am-12 9AM Chair Fitness* 10AM Beginner Line Dancing 12:30P Mahjongg *1:15P Chair Fitness	5) 9AM Yoga 9am-12pm SOCIAL WORKER 10:15 Laughter Yoga 11am Bocce 12:45PM Bingo \$1 2pm Tai Chi	6) 9AM Chair Fitness* 9AM Bridge 10AM Line Dancing 11AM Pinochle 1PM Mahjongg 1pm GeNarrations 1PM Trivia 1:30 Dance with Fran	7) 9:15am Fancy Dance 10AM Ukulele 10:30am Chicago Stories-last class 11AM Bocce 12:30PM Mahjongg 1pm Pinochle
10) 9:30am Farmers Market \$1 donation 9AM Yoga 10am Knit/Crochet 11AM Bocce 12p Veterans Lunch 1PM Pinochle	11) CLOSED for VETERANS DAY	12) 9AM Yoga 11am Bocce 12:45PM Bingo \$1 2pm Tai Chi	13) 9AM Chair Fitness* 9AM Bridge 10AM Line Dancing 11AM Pinochle 1PM Mahjongg 1pm GeNarrations 1PM Trivia 1:30 Dance with Fran	14) 9:15am Fancy Dance 10AM Ukulele 11AM Bocce 12:30PM Mahjongg 1pm Pinochle
17) 9:30am Farmers Market \$1 donation 9AM Yoga 10am Knit/Crochet 11AM Bocce 12:30PM Pinochle 1pm MONDAY MOVIE	18) NURSE 9am-12 9AM Chair Fitness* 10AM Beginners Line Dancing 12:30P Mahjongg *1:15P Chair Fitness NEW 2:15pm Yoga	19) 8:30am-2 Sewing Little Dresses for Africa 9AM Yoga 9am-12pm SOCIAL WORKER 10:15 Laughter Yoga 11am Bocce 12:45PM Bingo \$1 2pm Tai Chi	20) 9AM Chair Fitness* 9AM Bridge 10AM Line Dancing 11AM Pinochle 12p GeNarrations Presentation 1PM Mahjongg 1PM Trivia-conference room 1:30 Dance with Fran	21) 9:15 am Fancy Dance 10AM Ukulele 10AM Dietician 11AM Bocce 11am Computer Study Hall 12p FRIENDSGIVING special lunch 12:30PM Mahjongg 1pm Pinochle
24) 9:30am Farmers Market \$1 donation 9AM Yoga 10am Knit/Crochet 11AM Bocce 12:30PM Pinochle	25) 9AM Chair Fitness* 9:30 Pharmacist 10am Beginners Line Dancing 12:30P Mahjongg *1:15P Chair Fitness NEW 2:15pm Yoga	26) 9AM Yoga 11am Bocce 12:45PM Bingo \$1 2PM Tai Chi CLOSE AT 3pm	27) 	28) 9:15am Fancy Dance 10AM Ukulele 11AM Bocce 12:30 Mahjongg 1PM Pinochle
Upcoming: 12/2 Giving Tuesday kicks off our Holiday Fundraising Appeal	12/4 Book Club 12/17 Holiday Special Lunch 12/18 Holiday Bake Sale	12/15 Happy Hanukkah 12/25 Merry Christmas Center Closed	12/31 NYE Celebration Joyce's special homemade Spaghetti Lunch	*Fitness* program includes classes with Michele both in-person & zoom and/or Fitness Room\$30/yr; \$16/6mths for 60 & older. 55-59yrs is \$72 or \$38 for 6mths.