

Norwood Park Senior Center

Lunch Menu



LUNCH ITEMS SUBJECT TO CHANGE ** Milk, Bread, and Fruit always included **
 Call the day of to reserve 773-775-6071 *Lunch served at Noon* 5801 N. Natoma--Chicago, IL 60631

November 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
CLOSED	OCTOBER 27TH Roast Beef Sandwich Tomato Slices Fresh Fruit (BOX)	OCTOBER 28TH Beef Taco/Shredded Cheese Tortillas Peppers/Onions Black Beans	OCTOBER 29TH Red Beans 7 Brown Rice Green Beans Zucchini	OCTOBER 30TH Chicken Patty/Cheese White Bean Salad Spinach	OCTOBER 31ST Halloween Party Carolina Chicken Dinner Roll Loaded Potatoes Holiday Cookie	CLOSED
CLOSED	Sweet & Sticky Chicken Broccoli Diced Carrots	Breakfast Hash/Shredded Cheese Cauliflower Sweet Potatoes	Turkey, Turkey Ham & American Cheese on a Hoagie-Red Peppers Stripes & Fresh Fruit (BOX)	Fiesta Chicken Black Beans Corn	Swedish Meatballs Mashed Potatoes Broccoli	CLOSED
CLOSED	BBQ Chicken Asparagus Cuts & Carrots VETERANS EAT FOR FREE	Veterans Day CLOSED	Diced Chicken & Cheese Taco's Tortillas Black Beans Corn	Beef Burger w/Cheese Green Beans Sweet Potatoes	Egg Chef Salad Veggie Crackers Fresh Fruit (BOX)	CLOSED
CLOSED	Sweet & Sour Chicken White Bean Salad Diced Carrots	Cajun Chicken Salad Sandwich on a Bun Coleslaw Fruit Juice & Fruit Cup (BOX)	Chicken Parmesan Marinara/Shredded Pasta Asparagus Cuts	Veggie Bean Chili/Shredded Cheese Broccoli Peppers	FRIENDSGIVING LUNCH Roasted Turkey/Gravy Mashed Potato, Stuffing, Salad Cranberry Sauce, Dinner Roll & Cupcake	CLOSED
CLOSED	Roast Beef on a Hoagie Tomato Slices Fresh Fruit (BOX)	Beef Taco/Shredded Cheese Tortillas Peppers/Onions Black Beans	Red Beans & Brown Rice Green Beans Zucchini	Chicken Patty/Cheese White Bean Salad Spinach Fruit Cup	Orange Chicken Peas Diced Carrots	CLOSED