



*Norwood Park Senior Center Reshaping Aging®*

Department of Family and Support Services  
 Senior Services Area Agency on Aging  
 Norwood Park Satellite Senior Center  
 5801 N. Natoma Chicago, IL. 60631  
 Open Monday-Friday from 8:30-4:30  
 Phone (773)775-6071

# March 2023 Activity Schedule

**\*Subject to change**

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Reminder:</b> <b>Computer Help</b> <b>4th Friday of each month- bring your laptop, iPad, phone</b>		9-10am Yoga <b>9am-12 Social Worker</b> 11am Bocce *12:45pm Bingo \$1 2pm Tai Chi	9am Chair Fitness <b>9-12 Bridge*</b> 10am Line Dancing 11am GeNarrations 11am Pinochle training 1pm Mahjongg* 1pm Trivia	10am Ukulele 11am Bocce 1pm Pinochle
<b>CLOSED for Pulaski Day</b>	9am Chair Fitness <b>8:30-11:30amNURSE</b> 10am Beginners Line Dancing 1:15pm Combo Latin & Ballroom	<b>9am-1pm AARP</b> 9-10am Yoga <b>9am-12 Social Worker</b> 11am Bocce *12:45pm Bingo \$1 2pm Tai Chi	9am Chair Fitness <b>9-12 Bridge*</b> 10am Line Dancing 11am GeNarrations 11am Pinochle training 1pm Mahjongg* 1pm Trivia	<b>9am-1pm AARP</b> 10am Ukulele 11am Bocce 1pm Pinochle 2pm <b>Laughter Yoga</b>
9-10am Yoga 11am Bocce 1pm Pinochle	9am Chair Fitness <b>8:30-11:30amNURSE</b> 10am Beginners Line Dancing 1:15pm combo Latin & Ballroom Dancing	9-10am Yoga <b>9am-12 Social Worker</b> 11am Bocce *12:45pm Bingo \$1 2pm Tai Chi	9am Chair Fitness <b>9-12 Bridge*</b> 10am Line Dancing 11am GeNarrations 11am Pinochle training 1pm Mahjongg* 1pm Trivia	<b>10am-12pm Dietician</b> 10am Ukulele 11am Bocce <b>*SPECIAL LUNCH St. Patrick's Day</b> *2pm Pinochle??
9-10am Yoga 11am Bocce 1pm Pinochle	9am Chair Fitness <b>8:30-11:30amNURSE</b> 10am Beginners Line Dancing <b>9-12 Pharmacist</b> 1:15pm Combo Latin & Ballroom Dancing	<b>NO Social Worker</b> 9-10am Yoga 11am Bocce *12:45pm Bingo \$1 2pm Tai Chi	9am Chair Fitness <b>9-12 Bridge*</b> 10am Line Dancing 11am GeNarrations <b>11am BOOK CLUB</b> 11am Pinochle training 1pm Mahjongg* 1pm Trivia	10am Ukulele <b>11amComputer drop-in</b> 11am Bocce 1pm Pinochle <b>2pm Laughter</b>
9-10am Yoga 11am Bocce 1pm Pinochle	9am Chair Fitness <b>NO NURSE</b> 10am Beginners Line Dancing 1:15pm Combo Latin & Ballroom Dancing	<b>No Social Worker</b> 9-10am Yoga 11am Bocce *12:45pm Bingo \$1 2pm Tai Chi	9am Chair Fitness <b>9-12 Bridge*</b> 10am Line Dancing 11amGeNarrations 11am Pinochle training 1pm Trivia <b>OPERA DAY</b>	10am Ukulele 11am Bocce 1pm Pinochle  <b>High Tea- Sat. 4/1 1:30pm - SOLD OUT</b>

