



Norwood Park Senior Center Reshaping Aging®

Department of Family and Support Services
Senior Services Area Agency on Aging
Norwood Park Satellite Senior Center
5801 N. Natoma Chicago, IL. 60631
Open Monday-Friday from 8:30-4:30
Phone (773)775-6071

**May
2022**

Monday	Tuesday	Wednesday	Thursday	Friday
Roast Beef & Cheese ^{5/2} on Rye Bread Coleslaw Fruit Juice, Milk Fruit Cup, Cookie	Turkey & White ^{5/3} American Cheese on WG Bread Cucumber Salad Fruit Juice Seasonal Fresh Fruit Jello Cup, Milk	Pancakes ^{5/4} Cottage Cheese Sun butter/wow butter Sliced Peaches Orange Juice Syrup Packet Apple, Milk	Ham /Cheese ^{5/5} Diced Pears Cup Whole Grain English Muffin Orange Juice Fresh Fruit Milk	Tuna Salad Sandwich on ^{5/6} WG Hamburger Bun Garbanzo Bean Salad Fruit Juice Fruit Cup Jello Cup , Milk
Ham & Cheese Sandwich ^{5/9} on WG Bread Potato Salad Fruit Juice Fruit Cup Jello Cup, Milk Mayonnaise & Mustard	Chicken Salad Sandwich on ^{5/10} WG Hamburger Bun Coleslaw Fruit Juice Seasonal Fresh Fruit, Cookie, Milk	Roast Beef & Mozzarella ^{5/11} Cheese on WG Steak Bun Three Bean Salad Fruit Juice Seasonal Fresh Fruit Jello Cup , Milk Mayonnaise & Mustard	Pancakes Cottage Cheese ^{5/12} Sun butter/wow butter Sliced Peaches Orange Juice Syrup Packet Apple Milk	OLDER AMERICANS DAY ^{5/13} Ham w/ Cheddar Cheese & Garlic Aioli on Brioche Bun Sliced Tomatoes Tossed Salad w/Ranch Fresh Nectarine
Roast Beef & Cheese ^{5/16} on Rye Bread Coleslaw Fruit Juice, Milk Fruit Cup, Cookie Mayonnaise & Mustard	Turkey & White ^{5/17} American Cheese on WG Bread Cucumber Salad Fruit Juice Seasonal Fresh Fruit Jello Cup, Milk	Pancakes ^{5/18} Cottage Cheese Sun butter/wow butter Sliced Peaches Orange Juice Syrup Packet Apple, Milk	Ham /Cheese ^{5/19} Diced Pears Whole Grain English Muffin Orange Juice Fresh Fruit	Tuna Salad Sandwich on ^{5/20} WG Hamburger Bun Garbanzo Bean Salad Fruit Juice Fruit Cup Jello Cup , Milk
Ham & Cheese Sandwich ^{5/23} on WG Bread Potato Salad Fruit Juice Fruit Cup Jello Cup, Milk Mayonnaise & Mustard	Chicken Salad Sandwich on ^{5/24} WG Hamburger Bun Coleslaw Fruit Juice Seasonal Fresh Fruit, Cookie, Milk	Roast Beef & Mozzarella ^{5/25} Cheese on WG Steak Bun Three Bean Salad Fruit Juice Seasonal Fresh Fruit Jello Cup Mayonnaise & Mustard Milk	Pancakes ^{5/26} Cottage Cheese Sun butter/wow butter Sliced Peaches Orange Juice Syrup Packet Apple Milk	Greek Pasta Salad w/ ^{5/27} Chicken, Feta, cucumbers, & Diced Tomatoes Garbanzo Bean Salad Seasonal Fresh Fruit
Closed ^{5/30} for Memorial Day	Turkey & White ^{5/31} American Cheese on WG Bread Cucumber Salad Fruit Juice Seasonal Fresh Fruit Jello Cup, Milk			