



Norwood Park Senior Center *Reshaping Aging*®

Department of Family and Support Services
 Senior Services Area Agency on Aging
 Norwood Park Satellite Senior Center
 5801 N. Natoma Chicago, IL. 60631
 Open Monday-Friday from 8:30-4:30
 Phone (773)775-6071

**May
2022**

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|---|--|---|
| Roast Beef & Cheese on Rye Bread Coleslaw Fruit Juice, Milk Fruit Cup, Cookie 5/2 | Turkey & White American Cheese on WG Bread Cucumber Salad Fruit Juice Seasonal Fresh Fruit Jello Cup, Milk 5/3 | Pancakes Cottage Cheese Sun butter-wow butter Sliced Peaches Orange Juice Syrup Packet Apple, Milk 5/4 | Ham /Cheese Diced Pears Cup Whole Grain English Muffin Orange Juice Fresh Fruit Milk 5/5 | Tuna Salad Sandwich on WG Hamburger Bun Garbanzo Bean Salad Fruit Juice Fruit Cup Jello Cup , Milk 5/6 |
| Ham & Cheese Sandwich on WG Bread Potato Salad Fruit Juice Fruit Cup Jello Cup, Milk Mayonnaise & Mustard 5/9 | Chicken Salad Sandwich on WG Hamburger Bun Coleslaw Fruit Juice Seasonal Fresh Fruit, Cookie, Milk 5/10 | Roast Beef & Mozzarella Cheese on WG Steak Bun Three Bean Salad Fruit Juice Seasonal Fresh Fruit Jello Cup , Milk Mayonnaise & Mustard 5/11 | Pancakes Cottage Cheese Sun butter-wow butter Sliced Peaches Orange Juice Syrup Packet Apple Milk 5/12 | OLDER AMERICANS DAY Ham w/ Cheddar Cheese & Garlic Aioli on Brioche Bun Sliced Tomatoes Tossed Salad w/Ranch Fresh Nectarine 5/13 |
| Roast Beef & Cheese on Rye Bread Coleslaw Fruit Juice, Milk Fruit Cup, Cookie Mayonnaise & Mustard 5/16 | Turkey & White American Cheese on WG Bread Cucumber Salad Fruit Juice Seasonal Fresh Fruit Jello Cup, Milk 5/17 | Pancakes Cottage Cheese Sun butter-wow butter Sliced Peaches Orange Juice Syrup Packet Apple, Milk 5/18 | Ham /Cheese Diced Pears Whole Grain English Muffin Orange Juice Fresh Fruit 5/19 | Tuna Salad Sandwich on WG Hamburger Bun Garbanzo Bean Salad Fruit Juice Fruit Cup Jello Cup , Milk 5/20 |
| Ham & Cheese Sandwich on WG Bread Potato Salad Fruit Juice Fruit Cup Jello Cup, Milk Mayonnaise & Mustard 5/23 | Chicken Salad Sandwich on WG Hamburger Bun Coleslaw Fruit Juice Seasonal Fresh Fruit, Cookie, Milk 5/24 | Roast Beef & Mozzarella Cheese on WG Steak Bun Three Bean Salad Fruit Juice Seasonal Fresh Fruit Jello Cup Mayonnaise & Mustard Milk 5/25 | Pancakes Cottage Cheese Sun butter-wow butter Sliced Peaches Orange Juice Syrup Packet Apple Milk 5/26 | Greek Pasta Salad w/ Chicken, Feta, cucumbers, & Diced Tomatoes Garbanzo Bean Salad Seasonal Fresh Fruit 5/27 |
| Closed for Memorial Day 5/30 | Turkey & White American Cheese on WG Bread Cucumber Salad Fruit Juice Seasonal Fresh Fruit Jello Cup, Milk 5/31 | | | |