DFSS
Department of Family and Support Services

Norwood Park Senior Center

Reshaping Aging®

December 2025
ACTIVITY CALENDAR

Subject to change
Open Monday-Friday from 8:30-4:30
5801 N. Natoma, 60631 (773)775-6071

MONDAY	TUESDAY	WEDNEDAY	THURSDAY	FRIDAY
1) **9am New Hope Food Pantry** 9AM Yoga 10am Knit/Crochet 11AM Bocce 1PM Pinochle	**2) NURSE 9am-12** 9AM Chair Fitness* 10AM Beginner Line Dancing 12:30P Mahjongg ***1:15P Chair Fitness** **NEW 2:15p YOGA**	**3)** 9AM Yoga **9am-12pm SOCIAL WORKER** 10:15 Laughter Yoga 11am Bocce 12:45PM Bingo $1 2pm Tai Chi	**4)**9AM Chair Fitness* 9AM Bridge 10AM Line Dancing 11AM Pinochle training **12p LUNCH & LEARN** 1PM Mahjongg 1PM Trivia 1:30 Dance with Fran	**5)** 9:15am Freestyle Dance 10AM Ukulele 11AM Bocce 12:30PM Mahjongg 1pm Pinochle
8) **9am New Hope Food Pantry** 9AM Yoga 10am Knit/Crochet 11AM Bocce 1PM Pinochle	**9)** 9AM Chair Fitness* 10am Beginners Line Dancing **LUNCH & LEARN** 12:30P Mahjongg *1:15P Chair Fitness **NEW 2:15pm Yoga**	**10)** 9AM Yoga 11am Bocce 12:45PM Bingo $1 2pm Tai Chi	**11)** 9AM Chair Fitness* 9AM Bridge 10AM Line Dancing 11AM Pinochle training 1PM Mahjongg 1PM Trivia 1:30 Dance with Fran	**12)** 9:15am Freestyle Dance 10AM Ukulele 11AM Bocce **12p Lunch & Learn** 12:30PM Mahjongg 1pm Pinochle
15) **Happy Hanukkah** **9am New Hope Food Pantry** 9AM Yoga 10am Knit/Crochet 11AM Bocce 12:30PM Pinochle	**16)** **NURSE 9am-12** **Pharmacist 9am** 9AM Chair Fitness* 10AM Beginners Line Dancing 12:30P Mahjongg *1:15P Chair Fitness **NEW 2:15pm Yoga**	**17)** 9AM Yoga 9am-12pm SOCIAL WORKER 10:15 Laughter Yoga 11am Bocce **12p HOLIDAY PARTY** **12:30 Sing-along** NO Bingo 2pm Tai Chi	**18)** **HOLIDAY BAKE SALE** 9AM Chair Fitness* 9AM Bridge 10AM Line Dancing 11AM Pinochle training 1PM Mahjongg 1PM Trivia 1:30 Dance with Fran	**19)** 9:15 am Freestyle Dance 10AM Ukulele **10AM Dietician** 11AM Bocce **11am Computer Study Hall** 12:30PM Mahjongg 1pm Pinochle
22) **9am New Hope Food Pantry** 9AM Yoga 10am Knit/Crochet 11AM Bocce 12:30PM Pinochle	**23)** 9AM Chair Fitness* 10am Beginners Line Dancing 12:30P Mahjongg *1:15P Chair Fitness **NEW 2:15pm Yoga**	**24)** 9AM Yoga **10:15 Laughter Yoga** 11am Bocce 12:45PM Bingo $1 **NO 2PM Tai Chi** **CLOSE at 2:30pm**	**25)** 	**26)** **TBD** 9:15am Freestyle Dance NO Ukulele 11AM Bocce 12:30PM Mahjongg **1pm** Pinochle
29) **9am New Hope Food Pantry** 9AM Yoga 10am Knit/Crochet 11AM Bocce 12:30PM Pinochle	**30)** 9AM Chair Fitness* 10am Beginners Line Dancing 12:30P Mahjongg *1:15P Chair Fitness **NEW 2:15pm Yoga**	**31) NYE!!** 9AM Yoga 11am Bocce **12p-Joyce special spaghetti lunch** **SOS Entertainment** 12:45PM Bingo $1 **NO 2PM Tai Chi** **Close at 2:30pm**	 	***Fitness* program includes classes with Michele both in-person & zoom and/or Fitness Room$30/yr; $16/6mths for 60 & older. 55-59yrs is $72 or $38 for 6mths.**