

Third Sunday in Lent
Family Sunday
Sunday March 12, 2023 at 9am



Artist unknown

Church of the Holy Nativity, Honolulu, HI
5286 Kalaniana'ole Highway Honolulu, HI 96821
www.holynativityhawaii.org

Prelude music “Nobody Knows the Trouble I’ve Seen” (Marianne Kim)

Lorraine Yamamoto, organist

The Opening music “All Creatures of Our God and King”

Dr. Cat and the HNS Singers

The Liturgy of the Word

The Penitential Order

In Lent and on other penitential occasions, the people stand in body or in spirit as the Celebrant says

Bless the Lord who forgives all our sins.

People His mercy endures for ever.

The Celebrant reads the following sentences

Jesus said, “The first commandment is this: Hear, O Israel: The Lord our God is the only Lord. Love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength. The second is this: Love your neighbor as yourself. There is no other commandment greater than these.” *Mark 12:29-31*

If we say that we have no sin, we deceive ourselves, and the truth is not in us. But if we confess our sins, God, who is faithful and just, will forgive our sins and cleanse us from all unrighteousness. *1 John 1:8,9*

The Confession and Absolution

The Celebrant then says

Let us confess our sins against God and our neighbor.

Silence may be kept.

Minister and People

Most merciful God,

we confess that we have sinned against you in thought, word, and deed,
by what we have done, and by what we have left undone.

We have not loved you with our whole heart; we have not loved our neighbors as ourselves.

We are truly sorry and we humbly repent.

For the sake of your Son Jesus Christ, have mercy on us and forgive us;
that we may delight in your will, and walk in your ways,
to the glory of your Name. Amen.

The Celebrant stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen.*

The Queen's Prayer (*Ke Aloha O Ka Haku*) by Queen Lili'uokalani

1. 'O kou a - lo - ha nō A - i - a i - ka la - ni,
 2. Ko'u no - ho mi - hi 'ana A pa - 'a - ha - o 'i - a,
 3. Mai nā - nā 'i - no - 'ino Nā he - wa o kā - na - ka,
 4. No - lai - la e ka Haku Ma la - lo kou 'ē - he - u,

A 'o Kou 'o - ia 'i - 'o He he - mo - le - le ho'i.
 'O 'o - e ku - 'u la - ma Kou na - ni ko - 'u ko'o.
 A - kā e hu - i - ka - la A ma - 'e - ma - 'e nō.
 Kō mā - kou ma - lu - hi - a A mau loa a - ku nō. 'Ā - me-ne.

(“Your loving mercy is as high as heaven and your truth so perfect.
 I live imprisoned in sorrow; you are my light; your glory, my support.
 Behold not with malice the sins of mankind, but forgive and cleanse.
 And so, O Lord, protect us beneath your wings and let peace be our portion
 now and forever more. Amen.”)
 -prayer and tune by Queen Lili'uokalani

The Kyrie #S-91

Lord, have mer - cy up - on us. Lord, have mer - cy up -
 on us. Lord, have mer - cy up - on us. Christ, have mer - cy up -
 on us. Christ, have mer - cy up - on us. Christ, have mer - cy up -
 on us. Lord, have mer - cy up - on us.

Lord, have mer - cy up - on us. Lord, have mer - cy up - on us.

The Collect

Celebrant The Lord be with you.

People And also with you.

Celebrant Let us pray.

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

The Lessons

The people are seated for the readings of the day.

1st Reading Exodus 17:1-7

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the LORD commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarreled with Moses, and said, “Give us water to drink.” Moses said to them, “Why do you quarrel with me? Why do you test the LORD?” But the people thirsted there for water; and the people complained against Moses and said, “Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?” So Moses cried out to the LORD, “What shall I do with this people? They are almost ready to stone me.” The LORD said to Moses, “Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink.” Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarreled and tested the LORD, saying, “Is the LORD among us or not?”

Reader Hear what the Spirit is saying to God’s people.

People Thanks be to God.

Psalm 95

Please read responsively in bold.

1 Come, let us sing to the LORD;
 let us shout for joy to the Rock of our salvation.

**2 Let us come before his presence with thanksgiving
 and raise a loud shout to him with psalms.**

3 For the LORD is a great God,
 and a great King above all gods.

**4 In his hand are the caverns of the earth,
 and the heights of the hills are his also.**

5 The sea is his, for he made it,
 and his hands have molded the dry land.

**6 Come, let us bow down, and bend the knee,
and kneel before the LORD our Maker.**

7 For he is our God,
and we are the people of his pasture and the sheep of his hand.
Oh, that today you would hearken to his voice!

**8 Harden not your hearts,
as your forebears did in the wilderness,
at Meribah, and on that day at Massah,
when they tempted me.**

9 They put me to the test,
though they had seen my works.

**10 Forty years long I detested that generation and said,
"This people are wayward in their hearts;
they do not know my ways."**

11 So I swore in my wrath,
"They shall not enter into my rest."

The Gospel: John 4:5-42

Deacon or Priest The Holy Gospel of our Lord Jesus Christ according to John.
People Glory to you, Lord Christ.

Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon.

A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink." (His disciples had gone to the city to buy food.) The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.) Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water." The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?" Jesus said to her, "Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life." The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water."

Deacon The Gospel of the Lord.
People Praise to you, Lord Christ.

The Celebrant begins. The people join in.

We believe in one God, the Father, the Almighty,
maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God,
eternally begotten of the Father, God from God, Light from Light, true God from true God,
begotten, not made, of one Being with the Father. Through him all things were made.

For us and for our salvation he came down from heaven,
was incarnate of the Holy Spirit and the Virgin Mary, and became truly human.

For our sake he was crucified under Pontius Pilate; he suffered death and was buried.

On the third day he rose again in accordance with the Scriptures;
he ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father,
who with the Father and the Son is worshiped and glorified.
who has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come. Amen.

Prayers of the People

(adapted from the Church of England's "Times and Seasons")

After each bidding, the People respond with the words, "in your mercy hear us" and offer their own prayers silently.

With confidence and trust let us pray to God.

For the one holy catholic and apostolic Church, let us pray to God. Lord of
compassion,
in your mercy hear us.

For the mission of the Church, that in faithful witness it may preach the gospel
to the ends of the earth, let us pray to God.

Lord of compassion,
in your mercy hear us.

For those preparing for baptism and confirmation, and for our students at Holy
Nativity School, who are invited to come closer to you in chapel each week, and for
their teachers and mentors, let us pray to God.

Lord of compassion,
in your mercy hear us.

For peace in the world, that a spirit of respect and reconciliation may grow among
nations and peoples, let us pray to God.

Lord of compassion,
in your mercy hear us.

For the poor, the persecuted, the sick, and all who suffer, for refugees, prisoners, and all in danger; that they may be relieved and protected. We pray for those on our parish prayer list.

We pray for all those suffering illnesses or hardship.

Lord of compassion,
in your mercy hear us.

For those whom we have injured or offended, let us pray to God.

Lord of compassion,
in your mercy hear us.

For grace to amend our lives and to further the reign of God, let us pray to God.

Lord of compassion,
in your mercy hear us.

In communion with all those who have walked in the way of holiness in this life, let us pray to God.

Lord of compassion,
in your mercy hear us.

Gracious God, in your love and goodness you have taught us to come close to you in penitence with prayer, fasting and generosity; accept our Lenten discipline, and when we fall by our weakness, raise us up by your unfailing mercy; through Jesus Christ our Lord.

Amen.

The congregation keeps a moment of silence.

The Peace

Celebrant The peace of the Lord be always with you!

People And also with you!



“Offer to God a sacrifice of thanksgiving and make good your vows to the most light (Psalm 50:14)

Offertory Music “Christ Be Our Light”

Dr. Cat and the HNS Singers

Please place your offerings in the koa bowl as the usher passes it within the congregation. For those worshipping at home, please continue to support Holy Nativity with your financial gifts by sending checks made out to Holy Nativity OR by using the blue button on our website homepage to make your offering online www.holynativityhawaii.org Mahalo!

The Holy Communion

Eucharistic Prayer A

The Lord's Prayer

Celebrant: And now, as our Savior Christ has taught us, we are bold to say.

Our Father, who art in heaven,

hallowed be thy Name,

thy kingdom come,

thy will be done,

on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,

as we forgive those

who trespass against us.

And lead us not into temptation,

but deliver us from evil.

For thine is the kingdom,

and the power, and the glory,

for ever and ever. Amen.

The Book of Common Prayer, p. 361

The Breaking of the Bread

The Celebrant breaks the consecrated Bread. A period of Silence is kept.

Celebrant: Christ our Passover is sacrificed for us;

People: Therefore let us keep the feast.

The Fraction Anthem S 156:



Christ our Pass - o - ver is



sac - ri - ficed ___ for us; there - fore let us keep ___ the feast.

The Celebrant says

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

You may receive the sacrament in one (bread) or both (bread and wine) kinds. Please come forward to receive the bread first. Then turn toward the Eucharistic Minister if you wish to receive wine from the chalice. (Please take a sip, but do not "intinct" or "dip."). Receiving the bread only is considered a full communion in our church. If you wish to come forward to receive a blessing, cross your hands over your chest as you approach.

The Post-Communion Prayer

After Communion, the Celebrant says

Let us pray.

Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

Announcements & Lenten Prayer

Closing Music “Be Thou My Vison”

Dr. Cat and the HNS Singers

The Dismissal

Deacon Let us go in peace, to love and serve the lord.

People Thanks be to God.

The Postlude “Festive Postlude on St. Theodulph” (Douglas E. Wagner)

Lorraine Yamamoto, organist

Ministry Team for Today's Service: thank you!

Clergy: The Reverends Libby Berman, Jennifer Latham, and Robert Steele

Eucharistic minister: Lila Johnson **Reader:** Olesya Noerper

Usher: Rich Miller **Intercessor:** Noah Zitz

Technical team: Alex Picken and Thomas Campello

Altar Guild: Livingston Team

Music Director: Chris Suzuki **Organist:** Lorraine Yamamoto

Join us next Sunday for THE FOURTH SUNDAY in LENT
Sunday March 19th at 9AM (in person & on Zoom)