

News for Parents

Apr. 27, 2020

## From the Principal's Desk

It has been another successful week of Distance Learning for our High School students. It continues to impress us when we stop into classrooms that teachers are being creative, students are making great efforts to stay focused and engaged and learning is really continuing to happen. If your son or daughter will allow you, I would recommend sitting in on a few minutes of their favorite class with them so you can see how things are looking from a student perspective. We are happy to receive any feedback that you may have, as always.

Your partners in education,

Ivan Velasco  
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## IMPORTANT DISTANCE LEARNING DOCUMENTS

[Communication Flowchart](#)

[Middle/High School Distance Learning Schedule](#)

[Distance Learning Handbook](#)

## NOTES ABOUT OUR SENIORS

- 1) The last day of classes for seniors will be the regularly scheduled day of May 22nd. They will have no formal final exams.
- 2) More information will be coming for students and parents about Senior Research Projects, Graduation, Senior Awards, and other events as we get closer to the dates
- 3) Please fill out [this survey](#) to help us gather some possible ideas for a modified Graduation ceremony, if we are able to do it.

## AP STUDY DAYS

The decision has been made that we will not be having AP Study Days this year for students for the following reasons:

- Shorter exams should make the exam writing experience less stressful
- Less class time should allow for more time to study
- Less material to study than in previous years
- Teachers have had more time to review material before the exam
- More online resources to help prepare well in advance of the exam.

If a student feels strongly about needing a study day before one of your exams, he or she can follow the regular absence protocols.

## NO FINAL EXAMS

We have decided that we will not be having any sort of formal Semester Exams at the end of this semester, whether we are back on campus or still in Distance Learning. Teachers have the option of making the final assessment of the semester a cumulative one, which will appear as a standard summative assessment in a student's grade. Instead of an exam schedule, the regular rotation of classes will continue until June 12th.

## ZOOM Q&A SESSION

We will continue with our weekly Zoom session for parents questions and concerns. You can join at the below link:

*Tuesday April 28th, 8:30 a.m.*

*Join the Zoom meeting through [this link](#)*

## PARENT COMMUNITY SESSIONS

The High School Counseling Team is extending the community activity to new times this week. It is just 30 minutes and offers some techniques for relaxation as well as an activity about locus of control. Seeing your face in our Zoom meeting is also a way to remember we are still a community supporting each other. (For those of you who

participated last week, it is the same activity you did.) Come with a paper and markers (pen/pencil is fine too).

Tue. Apr. 28, 10:10-10:40 am

[Zoom Meeting](#)

Wed. Apr. 29, 8:00-8:30 pm

[Zoom Meeting](#)

**OR**

## **Reminders**

### **MINDFULNESS UPDATE**

As you might know, we've been having Mindfulness practice sessions in our school (in the Mindfulness Room) for almost the entire academic year. Due to the present conditions we want to continue that practice virtually, and remind you that everyone in our community is invited to join.

The practice of Mindfulness meditation is one of the best ways to center ourselves, regulate our emotions and develop resilience in challenging times.

We will meet every Tuesday and Thursday from 8:00 to 8:20am.

This is the [Google Meet link](#) to access:

We hope to see you there!

### **IMPORTANT INFORMATION FROM CNG ABOUT AP EXAMS**

Please see [this letter](#) to get CNG-specific information about AP exams coming up in May. If you have any questions, please reach out to Ms. Carolina Alvarez (caralvarez@cng.edu)