

News for Parents

Apr. 13, 2020

From the Principal's Desk

We hope you have all enjoyed some Quarantine time with fewer responsibilities. It has been an incredible time to bond, enjoy family time and remember a simpler time. As we head back into Distance Learning this week and we now know that it will be for several more weeks, we ask you to please reach out to your child's counselor or Associate Principal (or me) if you have any concerns about your child's workload or emotional state. Despite the great job everyone has done so far, as we enter our fourth week of this new reality, it will be extra important that you keep an eye out for your child's state and please let us know how we can help!

I also recommend this New York Times podcast (it's a bit long, but worth it) called, "[Parenting When the Family is Locked Inside](#)" Let us know if you have any tips!

Your partners in education,

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IMPORTANT DISTANCE LEARNING DOCUMENTS

[Communication Flowchart](#)

[Middle/High School Distance Learning Schedule](#)

[Distance Learning Handbook](#)

MP3 GRADES UPDATE

Please note that we have decided not to send or print any formal Quarter 3 (MP3) grades this year. This will have no effect on the final grade since we never average the two (MP3 and MP4) anyways. This decision was made due to the fact that we did not feel we could accurately represent a student's grade at this time. Please stay tuned for more information about Three Way Conferences coming up next week.

ZOOM Q&A SESSION

We will continue with our weekly Zoom session for parents questions and concerns. You can join at the below link:

Tuesday April 14th, 8:30 a.m.

Join the Zoom meeting through [this link](#)

COURSE SELECTION PROCESS

Students have received information through the HS Student News about the Course Selection Process for 2020-2021. Although there will not be a parent signature required for the process, we highly recommend you work with your teen on the process. Here is [the checklist](#) that we sent students. Please note that if they did not meet the deadline, that is ok. We are hoping to have all course selections done by the start of Semana Santa. We will make sure parents have access to the course selections and have a chance to get involved before they are finalized.

COLLEGE BOARD UPDATES

Here is the latest information from the College Board about [SAT tests and AP exams](#). Please let us know if you have any concerns not covered here.

MINDFULNESS UPDATE

As you might know, we've been having Mindfulness practice sessions in our school (in the Mindfulness Room) for almost the entire academic year. Due to the present conditions we want to continue that practice virtually, and remind you that everyone in our community is invited to join.



The practice of Mindfulness meditation is one of the best ways to center ourselves, regulate our emotions and develop resilience in challenging times.

We will meet every Tuesday and Thursday from 8:00 to 8:20am.

This is the Meet link to access:

<https://meet.google.com/eat-ydgx-vec?pli=1&authuser=0>

We hope to see you there!

Susana Castellanos

Felipe Merizalde

UPDATE FROM THE COLLEGE COUNSELORS

We hope everyone is settling in and having a great second week of Distance Learning. Because of the current circumstances we have decided to cancel the Parent Meeting on April 1st. We will be sending updates about schedules, university applications, testing, etc as we find out more. Please reach out to us with any comments, questions or concerns.