

CNG GUIDELINES TO KEEP SICK CHILDREN HOME FROM SCHOOL

PLEASE KEEP YOUR CHILD HOME IF...



1

They have a
FEVER

Temperature of 100°F or
38°C and not feeling well.

2

They are
VOMITING

Two or more times in 24
hours.

3

They have
DIARRHEA

Three or more watery stools
in 24 hours.

4

They have an
**EYE
INFECTION**

White part of the eye pink
and/or pus draining from the
eye.

5

They are
CONGESTED
or have a
COLD

Uncomfortable stuff up feeling
and/or runny or stuffy nose,
cough, muscle or body aches,
headaches and fatigue.

6

They have a
**SORE
THROAT**

With fever or swollen glands.

7

They have a
**DOCTOR'S
SICK
LEAVE**

A copy of the discharge
instructions and/or doctor's
note permitting the child to
stay home. (Doctor's
prescription)

TO RETURN TO SCHOOL YOUR CHILD NEEDS TO BE:



Fever free

Free from vomiting
for 24 hours.

Free from diarrhea
for 24 hours.

With clear eyes that are not
draining and has had
48 hours of treatment.

Completely recovered. Please
be cautious with self-prescribing
over-the -counter medications.

Fever free without the assistance
of medication for 24 hours.

Healthy. The sick leave has been
completed as indicated by the
Doctor or Physician.

The CNG Health Zone Unit will contact you if your child presents any of the above-mentioned signs of illness on campus. You will need to pick up your child at school if required. Please keep your emergency contact information up to date on Skyward. For questions or concerns please email Liliana Santos or Maria Silvana Plata at: lsantos@cng.edu or marias.plata@cng.edu or call 2123511 ext: 182 - 221