

News for Parents

May 18, 2020

### **From the Principal's Desk**

We remind you that Monday May 18th and Tuesday May 19th are going to be asynchronous learning days for the High School. Please support your student by helping them get organized to take advantage of these two days of learning. There should be no students who have “nothing to do”. Teachers will be available to meet with students individually through appointment and some teachers will be offering voluntary opportunity days. We have been fortunate to have a large portion of our time be synchronous time, and we also believe that this asynchronous time is an excellent way for our students to work at their own pace and practice independence and responsibility. Please reach out to a counselor or Associate Principal if you are concerned about your student's usage of the time, particularly if they are struggling with their grades at this time.

Sincerely,

Ivan Velasco  
Principal  
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Jesse Wagner  
Associate Principal 9&10  
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### **IMPORTANT DISTANCE LEARNING DOCUMENTS**

[Communication Flowchart](#)

[Middle/High School Distance Learning Schedule](#)

[Distance Learning Handbook](#)

### **ZOOM Q&A SESSION**

We will continue with our weekly Zoom session for parents questions and concerns. You can join at the below link:

*Tuesday May 19th, 8:30 a.m.*

*Join the Zoom meeting through [this link](#)*

## **ADVANCED ENSEMBLE GREETING**

Check out the video below made by the Advanced Ensemble. Great message! Thanks to Amy Daiss and Pablo Gonzalez for supporting [this project](#).

## **UPDATE FOR SENIORS**

We have continued to discuss the elements of Graduation for the class of 2020 and we hope to have a decision by the end of next week. As mentioned before, we have been holding on to the hope that we are able to meet in some form of face-to-face to celebrate our Seniors this year and we will not know if that is possible until the next wave of restrictions and openings are announced. For better or worse, we will know soon what limitations we have been given. We highly appreciate your patience.

## **FINAL AP EXAM PREPARATIONS**

Please ensure your AP student has taken a look at [this letter](#) to help them be fully prepared for AP exams coming up this week.

## **Reminders**

### **MINDFULNESS UPDATE**

As you might know, we've been having Mindfulness practice sessions in our school (in the Mindfulness Room) for almost the entire academic year. Due to the present conditions we want to continue that practice virtually, and remind you that everyone in our community is invited to join.

The practice of Mindfulness meditation is one of the best ways to center ourselves, regulate our emotions and develop resilience in challenging times.

We will meet every Tuesday and Thursday from 8:00 to 8:20am.

This is the [Google Meet link](#) to access:

We hope to see you there!