

# Palisades Montessori

*A Neighborhood Preschool Since 1984*



## COVID-19 Update to Parent Handbook for Palisades Montessori

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*rev. January 29, 2021*

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### Overview

In March 2020, Palisades Montessori temporarily closed its facilities and transitioned to distance learning to protect all members of the community during the first phase of the SARS-CoV-2/COVID-19 pandemic. Our planning has consistently been informed by guidance issued by the Centers for Disease Control and Prevention (CDC) and the District of Columbia.

In June 2020, in response to the adverse impact the global pandemic has had on education for students, the American Academy of Pediatrics issued a statement “strongly advocat[ing] that all policy considerations for the current... year start with a goal of having students physically present in school.” We share this priority, especially as it concerns our very young students, whose needs for social-emotional and academic development cannot be well-met by distance learning.

When we reopened Palisades Montessori in June 2020, we were among the very first District of Columbia Child Development Centers to re-open. Our goal has been, and is, to keep our students, faculty, and staff safe while continuing to support as many opportunities for in-person learning as possible.

The spread of COVID-19 continues to fluctuate throughout the nation and around the world. In order to preserve our opportunity to meet our students every day in person at our facilities, everyone must continue do their part, steadily and mindfully, every day – especially as we approach the fall and winter seasons.

Leading up to the reopening of in-person learning in June 2020, Palisades Montessori surveyed parents and published weekly newsletters to inform the community. The purpose of this document is to formalize what we have learned along the way into an amendment to the Palisades Montessori Parent Handbook. After you read this document in full, and visit the external links, we will ask for your signature to indicate your agreement, as well as your signature on a school-wide liability waiver.

Adhering to these health and safety protocols is an expression of respect for the well-being of our Palisades Montessori community. Paying close attention to our own health is the best means to protect ourselves and other community members. Thank you for valuing our special community, and working together with us during this time with commitment and compassion.

### Summary of Expectations

Palisades Montessori expects all community members to:

- Record your student's temperature each day before coming to school and provide that information verbally to a teacher at drop-off.
- Submit a daily health-screening questionnaire with the staff at the door before admittance to the facility.
- Refrain from coming to school if anyone in the household is exhibiting any of the COVID-19 symptoms; has tested positive and is in quarantine; or is in quarantine due to being identified as a "close contact." The term *household* applies to anyone who lives under the same roof as your child and shares the same air space.
- Refer all medical questions to your student's pediatrician for consultation and resolution.
- Follow all safety protocols and policies, including wearing face coverings and maintaining a distance of six feet from others.
- Adhere to the self-quarantine requirements if tested positive for COVID-19 or in direct, close contact with someone diagnosed with COVID-19 as maintained on the [coronavirus.dc.gov](https://coronavirus.dc.gov) information site.
- Comply with the local laws and health orders of the District of Columbia and surrounding area.
- *In order to mitigate viral transmission, only students and staff will be permitted to enter the buildings.*

## COVID-19 Policies and Procedures

### *Group Size, Physical Distancing, Face Coverings, Exclusion, Dismissal and Return to Care*

When at school, students and teachers will follow the COVID-19 guidance issued by the Office of the State Superintendent of Education regarding group size, physical distancing, face coverings, exclusion, dismissal and return to care. Parents can [view the current guidelines by visiting this link](#). The school will do its best to provide the updated guidelines to parents each time they are released. Parents should expect these guidelines to be modified frequently. Please note that these guidelines are not Palisades Montessori's guidelines. They are the guidelines issued by our city, the District of Columbia, via the licensing body that provides our license to operate.

We would like to provide helpful advice regarding face coverings. At this time, face coverings are required for students age 24 months and older. Each student will provide their own face coverings. We recommend that each student bring a supply of backup face coverings to school. All face coverings should be clearly labeled. Face coverings must be thick enough (e.g., multi-ply) to do their intended job well. Try blowing out a candle with your student's face covering on. If you can blow out the candle, then it is not thick enough. The face covering should fit snugly around the face and cover the nose, mouth, and under the chin. We recommend you practice wearing face coverings at home, and model this to your student. Begin with short intervals (15 minutes or fewer) and work up to longer times. Be sure to practice wearing the face covering outside, too.

### *Handwashing, Hygiene, and Cleaning*

Palisades Montessori has added additional handwashing and hand sanitizing capacity in the classrooms. When at school, students and teachers will follow the COVID-19 guidance issued by the Office of the State Superintendent of Education regarding handwashing, hygiene and cleaning. Parents can [view the current guidelines by visiting this link](#). The school will do its best to provide the updated guidelines to parents each time they are released. Parents should expect these guidelines to be modified frequently.

Please note that these guidelines are not Palisades Montessori's guidelines. They are the guidelines issued by our city, the District of Columbia, via the licensing body that provides our license to operate.

We would like to provide helpful advice regarding handwashing. We recommend that parents practice handwashing at home with children. Children love to wash their hands! Wet hands with running water and apply soap. Lather hands by rubbing them together and scrub the backs of hands, between fingers, and under the nails. Keep rubbing for at least 20 seconds. Rinse hands well and dry them with a clean paper towel.

### *Residency in DC / MD / VA*

All community members should comply with the regulations and orders issued by the District of Columbia's Office of the Mayor, as well as their local governments (if living in MD or VA). Parents can [view the current guidelines by visiting this link](#). Please note that these guidelines are not Palisades Montessori's guidelines; they are the guidelines issued by our city, the District of Columbia. The school will do its best to provide the updated guidelines to parents each time they are released.

### *Facilities*

In order to mitigate the risk of transmission, Palisades Montessori has enhanced the safety of our facilities. These include: installation of ionization air purifiers inside all HVAC systems; HVAC air balancing and filter upgrades; duct cleaning; and opening windows and doors when weather permits. Palisades Montessori has also increased the frequency of cleaning and disinfecting procedures daily; and added intensive mid-week and weekend professional cleaning services.

### *Surveillance Testing*

Beginning the week of November 9, 2020, regular COVID-19 surveillance testing will be required for all students and staff. The goal of Palisades Montessori's surveillance testing for COVID-19 is to quantitatively monitor the infection rate within our specific, local cohort over time. Testing does not replace other prevention measures (e.g. mask wearing, physical distancing).

It is important for parents to note that the purpose of conducting regular surveillance testing for COVID-19 is for sentinel surveillance and not for admission purposes. Parents must still follow all of the guidance provided if/when a child shows any of the symptoms listed on the daily health check.

COVID-19 surveillance testing occurs on a regular basis at school; teacher accompany the students for the tests, and parents are not present. All tests are conducted by licensed medical providers.

#### *1. What type of test will be administered?*

Mid-nasal swab PCR tests will be administered on each testing day to all staff and students.

#### *2. How often will testing occur?*

At this time, Palisades Montessori will maintain an every-week surveillance testing program. Please note that the frequency could change in the future. We will notify you with ample advance notice of each testing day.

#### *3. What is the cost of COVID-19 testing?*

There is no charge for school-sponsored testing. Health insurance information will be requested during the pre-registration process to seek insurance coverage and reimbursement for the cost of the test. Costs not covered by insurance will be paid for by Palisades Montessori, but only when tested by our vendor(s) at school.

*4. Can I have my child tested for COVID-19 outside of school, and provide the results?*

Yes. Families may obtain a PCR test elsewhere and submit the results to the school's office within the same week as school-sponsored testing. Please note that only PCR tests (mid-nasal or nasopharyngeal) will be accepted at this time. Rapid tests will not be accepted at this time. You must submit your child's test results by the end of the day on Friday of the same week to remain in compliance.

*5. When do I receive test results?*

All of the vendors typically return results within 24 to 48 hours, although the response time could be longer. The vendor will share results directly with families or staff, as applicable, by email. Prior to testing, we/the vendor will ask for your signature on consent forms for permission to disclose test results to Palisades Montessori's office. All student health information will be kept confidential. All COVID-19 guidelines, as issued by the Department of Health, will be followed.

*6. What does a positive test result mean?*

Positive test results for COVID-19 indicates that the virus was detected and the individual is infected with the virus. The infected individual is expected to quarantine immediately and contact their healthcare provider for further guidance. Positive results, as required by law, will be shared with the D.C. Health Department to begin the contact-tracing process. If a positive test result occurs, the D.C. Health Department will also guide our next steps as a school community.