

The following is a list of resources that can be useful to community members in times of navigating the COVID-19 circumstances. Please call ahead to verify agencies are still operating services.



## Youth Resources

AGENCY	ADDRESS/PHONE NUMBER	INFORMATION
<b>La Familia Counseling Center</b>	5523 34th Street, Sacramento, CA 916-452-3601	Online Youth Voice Program - virtual meeting and safe space for youth to gather every Friday from 1-3pm at <a href="https://zoom.us/j/6783987386">https://zoom.us/j/6783987386</a>
<b>La Familia Counseling Center</b>	5523 34th Street, Sacramento, CA 916-452-3601 Please call in to schedule an Appointment.	Out of School Youth Program (OSY) - Offers youth ages 17-24 the opportunity to gain paid work experience (WEX) and pursue advanced training. Throughout participants work experience they have the support of an Employment Training Specialist to help them achieve their education and employment goals. Assessment and tutoring are provided to enable them to overcome deficiencies in Math and/or Language Arts. Contact for Eligibility.
<b>La Familia Counseling Center</b>	5523 34th Street, Sacramento, CA 916-452-3601 Please call in to schedule an Appointment.	Project Reach – Is a program for Youth in Sacramento County ages 10-21 who are at risk of dropping out of school, or are pre-gang and/or gang affiliated. Project Reach provides positive alternatives, internships, counseling and support services. Please contact for requirements.  Project REAL - Is a program for Youth in the City of Sacramento ages 10-21 who are at risk of dropping out of school, or are pre-gang and/or gang affiliated. Project REAL provides positive alternatives, internships, counseling and support services. Please contact for requirements.
<b>Department of Sound Program in partnership with La Familia</b>	916-259-9910	Learn how to produce music and about the music industry during this 8-week intensive, virtual program that takes students through the basics of music and podcast production using Soundtrap software.
<b>Sacramento Youth Center</b>	1901 Del Paso Blvd, Sacramento, CA 95815 916-248-1081	Online virtual course for youth “How to Survive: A guide for Teens” <a href="https://sacyouthcenter.teachable.com/p/survive">https://sacyouthcenter.teachable.com/p/survive</a>