



Family & Children Resources

Emergency Child Care

Sacramento Central YMCA - Child Development Center Primary Child Care Site	2021 W Street Sacramento, CA 95818 916.231.7288	Flexible Hours- Pricing for drop-in is \$40 per day to cover cost of care for the full day. Y-Assist is available for families in need. There is a 10% sibling discount Ages: 2 years through 6th Grade
Sacramento Children' s Home Crisis Nursery	South: 6699 South Land Park Drive Sacramento, CA 95831 916.394-2000 North: 4533 Pasadena Avenue Sacramento, CA 95821 916.679-3600	https://www.kidshome.org/what-we-do/crisis-nursery- program/ Care provided 24 hours a day, 365 days a year. Must call to speak with a worker and get assessed first. De- pendent on if there are beds available. Care provided to children newborn to five (ages 0-5) Children may stay at the nurseries for up to 30 days.
East Sac YMCA Secondary Child Care Site	3600 J Street Sacramento, CA 95816 916.737.0442	Flexible Hours, call ahead- Kindergarten through 6th Grade
Yolo County YMCA	1300 College Street Woodland, CA 95695 530.662.1086	Flexible Hours, call ahead
Oroville YMCA	1684 Robinson Street Oroville, CA 95965 530.533.9622	Flexible Hours, call ahead



Resources for Families



LANGUAGE ARTS		
New ELA	https://newsela.com/	Free access for the rest of 2019/2020 year. Benefits parents or teachers to give material to children. However students may access to also retrieve content, news, and complete assignments Must need to make an account to sign in and retrieve Text material such as those provided in classrooms.
Scholastic	https://classroommagazines.scholastic.com/support/learnathome.html	Free access to websites. There's no need to sign in or out. Families can watch stories and read books online through book flix. As well as do games that are educational and practice. However, the site has been crashing due to a high volume of visitors.
ABCya	https://www.abcya.com/	The site has a premium option to unlock complete access and remove ads and participate in the classroom option. However, families may be able to use the games and access videos through desktop free unlimited with no login required. Families may also create a free login however, they are limited to what they can access compared to premium users.
Starfall	https://www.starfall.com/h/	The site is free for families to utilize. Its focus is language arts which focus ranges from k-3rd grade there. Families may also purchase a low-cost membership which includes more and newer content. However, there is no need to log in or sign up, families may use free
But Why: Podcast for children	https://www.npr.org/podcasts/474377890/but-why-a-podcast-for-curious-kids	Great free resources for children to utilize for auditory reading. It has a wide variety of different resources and genres of the podcast, very informative and may be directed for school-age and older children.
Fluency and Fitness	https://fluencyandfitness.com/register/school-closures/	Great to engage in math and language arts. Families have the first 21 days for a free trial. The payments are reduced to an affordable pay at 9 dollars a month after the trial ends.
Lunch Doodles: With Author MO	https://www.kennedy-center.org/education/mo-willems/?fbclid=IwAR3t2rvLStv3in-HyX5X8yV49KBYQg6tTi2P53SEADOpR0v89eNmHa3ZSts	Families can watch episodes broadcasted on the site however, very limited to what families can use. Center performances are canceled until May 10, 2020, which may lead to only a few videos for families to use as resources
Flocabulary	https://www.lexiaproverup.com/	The free 30-day trial, however, families will be billed if their activation of the account is disconnected. It may be difficult to deactivate my account.



Resources for Families



READING		
Books read from famous people	https://newsela.com/	Families can utilize the resource and have children read by others through interactive and auditory videos. No login or subscription needed
Vooks-online animated books (sign up online for one month free)		Families may only enjoy 1 month free of storybook read-aloud. However, families will be charged 4.99 a month after the trial to access any material.
Libby-free app from the library	https://www.abcy.com/	Anyone may qualify from the free resource the library provides. Families may only need to put in their library card info and the library they go to. If families don't have a library card they may be able to register for one online for free by visiting the sac library website online.
Listenwise: Listening comprehension Kids Podcasts	https://listenwise.com/#	Families who are affected by school shutdowns may be eligible to use all premium access by filling out a form online and submitting it online. Only families where schools are shutdown may be eligible depending on the district they are in. Families, however, may use it for 30 days free as a trial with login.
12-Story Library, an imprint of Bookstaves	https://www.12storylibrary.com	The site allows families to up access the full library of ebooks, each of which are paired with a unique resource web page with content updates, live news feeds, videos, image galleries, and lesson plans. There is premium option however, families may browse the free options provided by the site without login or purchases.
Lalilo	www.lalilo.com	Entirely free phonics and comprehension program for Kindergarten through 2nd grade students. Everything is absolutely free: all the content for students and families may even be able to access it through tablets and phones through their easy app
Logic of English	https://elearning.logicofenglish.com/pages/courses	Free videos for phonogram practice and spelling analysis to help develop reading and spelling skills. Children may also utilize the games they have to be engaged. Although the site has purchase options and login needed, children are able to navigate by using the LOE literacy games and videos provided for non users to use.
ReadWorks	https://www.readworks.org/	ReadWorks is an online resource of reading passages and lesson plans for students of all levels K-12. The company was founded with the goal of improving reading comprehension by bringing the latest in literacy teaching research into the classroom





Resources for Families



READING		
Storyline Online	https://www.storylineonline.net/	The site provides online ebooks that children and families may utilize and go through. Children may read through their book individually or watch videos of a reader reading to them virtually through videos.
Teach My Monster	https://www.teachyourmonstertoread.com	The site provides children an interactive way to enhance their reading skills by playing a game where they have to problem solve literacy skills and enhance their reading literacy.
Toy Theater	https://toytheater.com/	Toy Theater is a collection of interactive educational games for your elementary classroom. They are all free and designed to work on computers, tablets, and mobile devices. It also has virtual math manipulatives, including money from the USA, UK, Australia, EU, Canada, and New Zealand. The site does not need any purchases or log in required to access the site features.





Resources for Families



MATH		
1 Prodigy	https://play.prodigygame.com/	Fun and interactive games for families to utilize and work on that are educational and fun for children in a game format.
2 CoolMath-math games	https://www.coolmath4kids.com/	Free online math games that don't need a subscription or any form of login for families to utilize
3 Math playground-games for kids	https://www.mathplayground.com/	Free online math games that don't need subscription or any form of log or subscription for families to utilize. Great way for children to interact using math as a foundation of learning
4 Boddle Learning	https://www.boddlelearning.com/	Boddle is a math platform for 1-6th grade that makes learning fun and personalized. Teachers are able to track student progress remotely and quickly identify learning gaps. Families may also utilize the platform free just by creating a log in to access the online math learning. No purchases needed.
5 Colosky's Math Academy	https://coloskys-math-academy.thinkific.com/collections?category=pre-record-ed&fbclid=IwAR1dCdu60l4pEt7S8JGdxHGMooJjaFq6-MrQqI1meEar5mkvIPGUyPj2ixI	Colosky's math academy offers pre-recorded and live math classes from 5th grade math through trigonometry and college algebra. Families are able to access day to day lesson plans through video and activities. Families may enroll for free and have free access until July 1 2020 and after ward if they would like to continue there will be a price implemented.
6 edHelper	https://www.edhelper.com/teacher-education/Daily-Free-Learning-Workbooks-for-Teachers-to-Share-with-Parents-while-Schools-are-Closed-Kids-will-actually-do-these.htm	Website provides free MathWorks and activities to keep children occupied. These may need to be printed out however, families may copy down problems that are provided and have children navigate the different work. Math work ranges from k-6th grade.
7 HippoCampus	https://hippocampus.org/	The website focuses on providing mathematical problems and walkthroughs for scholars who need help in math. This follows math concepts ranging up to high school which may difficult for most students. Families may explore over 7,000 free videos in 13 subject areas. You can create a free account and create customized playlists too.
Math celebrity	https://www.mathcelebrity.com/calculator.php	The site offers a way for students to check their math problems and be able to see the correct results. This will benefit and reassure families if there student completed their homework correctly.



Resources for Families



MATH		
Mathigon	https://mathigon.org	Mathigon is an award-winning, online textbook for middle and high-school mathematics. Families will be able to navigate through the website without a problem. This site allows students to interactively visit and learn. It is completely free with no log in needed.,
Mathplayground	https://www.mathplayground.com	Math Playground provides hundreds of math games, logic puzzles and educational resources. Families may be able to access these through their computer. The intended audience is from k to 6th grade
SplashLearn (earlier Splash Math)	www.splashlearn.com	Families can involve children from k-5th grade in the interactive math learning site. It can be used and downloaded for phone and tablet use as well. Site is based through an interactive educational math game.
Studycounts	https://studycounts.com/	Unlimited practice math problems covering arithmetic, algebra, calculus, and more. Families and their children may benefit by engaging in the free math practice problems and the provided walkthrough. The site is completely free with no log in required
XtraMath	https://xtramath.org/#/home/index	The site offers a way for students to check their math problems and be able to see the correct results through a video walkthrough. This will benefit and reassure families if their student completed their homework correctly



Resources for Families



SCIENCE		
Science Lessons	https://mysteryscience.com/school-closure-planning	No login or sign in required. The site is accommodating so families may utilize the lessons and if the lessons are not enough the site may allow families to sign up without charge. The material goes up until 5th grade
National Geographic Kids	https://kids.nationalgeographic.com	Families can navigate the website to be able to read articles and watch educational videos. Most recommended for school-age children. The website also includes quizzes and games for children as well
NASA	https://www.nasa.gov/stem/foreducators/k-12/index.html	The website has many videos and resources for families. The website is difficult to navigate however, content is covered from grade k to 12th grade.
STEM Activities	https://drive.google.com/file/d/1T4CZCt8hJqYLVt5ZVYpR7SgHLWDWaaUO/view	Great resources for families to utilize, has great images and instructions for families to utilize. The activities are on a PDF that is accessible and printable. However, a limitation of this would be the lack of materials to fulfill the activity.
Mystery Science: Limited Free Resources	https://mysteryscience.com/school-closure-planning	No login or sign in required. The site is accommodating so families may utilize the lessons and if the lessons are not enough the site may allow families to sign up without charge. The material goes up until 5th grade
Defined Learning	https://www.definedstem.com/elearning-projects/	The site offers real-world projects at each grade level, which emphasizes children to think of real life dilemmas in which they may be able to brainstorm ideas. Projects change and are free.
Science Kids	http://www.sciencekids.co.nz	Science Kids is the home of science & technology on the Internet for children around the world. Families may learn more about the amazing world of science by enjoying our fun science experiments, cool facts, online games, free activities, ideas, lesson plans, photos, quizzes, videos & science fair project

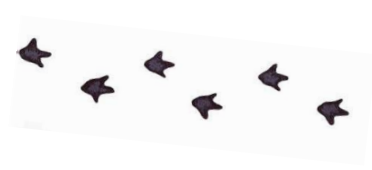




Resources for Families



HISTORY		
History for Kids	https://www.historyforkids.net/	The website is a great tool to have families navigate the history of different places and locations. The website offers quizzes, videos, and worksheets for children. No sign in or log required the site is free for families to use
PBS Learning Media	https://www.pbslearningmedia.org/	The website includes free interactive videos lesson plans, and worksheets for families to utilize. The website does not need any source of login and signs in. However, this web site is intended to attract children from middle school and high school. Material not only covers social studies (history) but also English and science.
K-12 Social Studies Lesson Plans, Activities, & Resources	https://drive.google.com/file/d/1ycHUHA-8bUR8TRH9XAMV4j1RRM-lf4fmp/view?usp=sharing	The following document is beneficial to families as it allows for them to be able to locate resources regarding social science based on certain topics. The document has direct links to websites that will ensure credible information to the following attached subject. The document is free and can be accessed by anyone.
Poptropica	www.poptropica.com	Poptropica is an educational game for kids ages 6-12, created by Jeff Kinney, the best-selling author of Diary of a Wimpy Kid. In Poptropica, kids go on educational adventures where they need to problem solve and build persistence to solve a challenge. The challenges put common subject topics (like Greek mythology) into a playful environment that makes learning fun. Poptropica is certified as COPPA compliant and safe for kids by Kid-Safe
ProjectExplorer	www.projectexplorer.org	The website is great for families to use to navigate through different locations around the world and learn new interesting facts while exploring new sites.





Resources for Families



ART		
National Gallery of Art	https://www.nga.gov/education/kids.html	The website and site itself is under cancellations and not updated. There are limited videos and art online for families to see and browse. However, the NGA has an app where children can paint and create their art pieces by following the theme. The app is limited as it is only on the IOS Apple play store and it's only through an app
Youtube Channel: Art for Kids Hub	https://www.youtube.com/channel/UC5XMF3Inoi8R9nSI8ChOsdQ	A great and interactive way for families to engage in the arts with an access method which is through YouTube. Families can pause and rewind if needed in order of following the guide in the drawing
Deep Space Sparkle Art	https://www.deepspacesparkle.com/	No login needed for families, the site offers families free interactive walkthroughs and for children depending on their grade level. These walkthroughs not only walk through
Artrageous with Nate	www.youtube.com/artrageouswithnate	This specific YouTube channel, focuses on the diversity of art and origin in which art comes from. Families may embrace this resource in order to provide them a gateway to learning the history of art and different types of art through a surreal experience. Videos are constantly uploaded there for achievable and dated for families.





Resources for Families



BRAIN BREAKS/ FITNESS		
GoNoodle	https://www.gonoodle.com/	The site offers many videos created by children getting moving at home and includes games for families to interact with. Families are also able to download the app to have videos for children portable
ClassFit Exercise videos	https://www.getclassfit.com/videos	No login or membership needed, families, will be able to access workout videos for them and the family that will get them moving
Playworks	https://www.playworks.org/game-library/	No login or membership needed, families, will be able to access workout videos and games online which can be done as a family. The only limitation would be the access to some of the equipment used in the videos
ReelEducation	https://reelabilities.org/reeducation/	Free films and lesson plans to teach the social model of disability, including equity, accessibility, empathy, and more. These free films and lesson plans are available in English and French for families to access.





Resources for Families



MISC		
Brain Pop	https://www.brainpop.com/	Due to school closures, families can get free access to stay on track. All material is easily organized and has a wide range of subjects for individuals to access. Very recommended and interactive and easy to navigate for families with a lot of information
Wonderopolis	https://wonderopolis.org/	The site tests individuals and answers questions they may have, the site has been crashing and lagging in loading the content which may be difficult to access any resources online. However, families may use this website if curious about the subject matter and seeking answers
Adventure Academy: First Month Free	https://www.adventureacademy.com/?fbclid=IwAR1Z_72HzkvxMP7kt8QYDCtxwZGUBcDO-OI5uafz5tU33g9m_LtY2a4ihY	Fun and interactive game for families to engage in. It allows children to engage with other users to be on quests and missions that are subject related to that way they enhance their learning and involve some social skills. However, families will get the first month free but will need to create an account and submit payment information to access the website. The Game must be downloaded on a phone, tablet, or computer screen.
Khan Academy:	https://www.khanacademy.org/signup	Family Access and linkage to account. However, the site offers many diverse subjects to engage in. Users will need to complete login and subscription to the site, if the child is under school age parent must have
Freckle	https://www.freckle.com/	If children have this method implemented through their school it is an excellent way to stay on track, however, children and families need a class code to sign up/in which comes from the school or district. Not open to the entire public
Typing Club	https://www.typingclub.com/login.html	Families must create a login to access all the material to be able to type, there is a premium option for the family however, it is only to enjoy ad-free and exclusive features. Families can still embrace typing resources
eSpark: English and Math activities	eSpark: English and Math activities	Parents will need to create a login however, parents may be able to make one or children may as well. The site has been tricky to be
Twinkl	https://www.twinkl.com	The site is free to the public and requires no login, it is a great way to access worksheets and educational material for families. However, the limitation of this would be able for families to print at home if there is no printing option. Most of the content requires children to do hands-on and answer worksheets.



Resources for Families



MISC		
12-Story Library, an imprint of Bookstaves	https://www.123homeschool4me.com/home-school-free-printables/	The site offers many resources that attribute to children in school. The site contains printable material parents may be able to give to children to stimulate and work with them. The only requirement parents may need to do is print the worksheets out. The site has sheets that range from preschool to
2Simple	https://2simple.com/blog/using-purple-mash-when-school-closed/	Purple Mash is a website designed for children aged 3-11. It contains many creative tools : coding, animation, publishing, art and also applications for maths, spelling and grammar. Families will need to create a login and set it up through the school for children. They attribute to children who want to start through school, if families are unable to then they may do the 14t-day trail.
AMAZE	https://amaze.org/	AMAZE is a free online resource that envisions a world that recognizes child and adolescent sexual development as natural and healthy, a world in which young people everywhere are supported and affirmed and the adults in their lives communicate openly and honestly with them about puberty, reproduction, relationships, sex and sexuality. In such a world, young people across the globe would have access to the information and support they need to develop into sexually healthy adults. The website is aimed for early and late teens
Be a dinosaur	https://beadinosaur.com	With a focus on reading, numbers, and skill games, these free educational games are fun for kids and a great way to learn new things. Families have the option to create a log in if they wish for their children however, it is not necessary. Fun and engaging games that are educational.
Duolingo	https://www.duolingo.com/	Although there are paying options, the site is completely free to families, they may make a log in to track their work however, the site is an amazing site that allows families to learn new languages and be able to utilize through a computer, or even an app through their phone.
Everydae SAT Prep	https://everydae.com/?utm_source=resource_sheet&utm_medium=spreadsheet&utm_campaign=school_closures	Everyday is the online SAT math prep program for families with teenagers or individuals who want to get into college The site involves 10-minute micro lessons match busy schedules. Built by industry experts. 17+ years industry experience. Students may make a log in and the site is
Music Theory	https://www.musictheory.net/	Introductory and intermediate music theory lessons, exercises, ear trainers, and calculators. The site also has an app where individuals may access a virtual piano