

WEEK OF JULY 10- JULY 16, 2020

HAPPY BIRTHDAY TO:

Berk Davidson	Steven Lew
Wesley Galen	Louis Lupin
Edmund Golden	Arthur Lustig
Margie Kahn	Roslyn Morris
Marilyn Lassen	Carol Newman
Gary Lazarus	Karen Ortenberg
Elan Levine-Harrell	Oren Pinhas
Jeffrey Levitt	Jakob Rosenzweig



HAPPY ANNIVERSARY TO:

Debbie & Leon Pesses
Bryna & Mark Singerman



WE REMEMBER WITH LOVE:

Surrie Armstrong	Harry Leon
Simon Baum	Sidney Light
Russell Block	Esther Mackler
Sarah Brener	Minnie Meltzer
Sarah Brener	Milton Offner
Minnie Chauveau	Isaac Pailet
Sam Cohen	Libby Raphael
Barney Fertel	Esther Redman
Gilda Finkelstein	Marcelle Schleifstein
Harry Fishman	Harry Shackel
Tania Grishman	Frances Singerman
Irving Hecht	Ruth Skorecki
Nathan Hyman	Jacob Slobodien
Michael Hyman	Sam Stern
Carolyn Katz	Marcia Yarfitz
Ralph Kerner	Ethel Zion



Stay well and  
Shabbat Shalom!



Havdalah  
Candlelighting time next Friday

8:54 pm  
7:44 pm



*Parashat Pinchas*  
Shabbat, July 10-11, 2020  
19 Tamuz 5780

Shir Chadash Conservative Congregation is a warm, inclusive, egalitarian synagogue that honors tradition while embracing modernity. We are a sacred community where all are welcome to join in praying, learning and celebrating together. Collectively, our voices from young to old form a new song through which each member is inspired and enriched for the enhancement of our community, Greater New Orleans and the Jewish People.

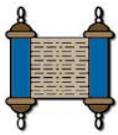
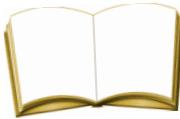
**Rabbi**  
Deborah Silver

**President**  
Ken Klein

**Director of Youth Education & Community Engagement**  
Jennie Lavine

**Executive Director**  
Ricardo Totah

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# LEARN, GROW, EXPLORE

Numbers 25:10 - 26:51		
1	Numbers 25:10-12	Pages 918-919
2	Numbers 25:13-15	Page 919
3	Numbers 25:16 - 26:4	Pages 919-920
4	Numbers 26:5-11	Pages 920-921
5	Numbers 26:12-22	Pages 921-922
6	Numbers 26:23-34	Page 922
7	Numbers 26:35-51	Pages 923-924
Mafotir	Numbers 26:48-51	Pages 923-924
Haftarah	Jeremiah 1:1 - 2:3	Pages 968-971

## We pray for healing for:

Jackson Albert Airey	Diana Gorlin	Larry Rabin
Madlyn Bagnoris	Annette Grauer	Linda Ramelli
Lyle Addison Barrocas	Elaine Gross	Matthew Redmond
Carol Bear	Eline Hirsch	Diane Riehlmann
Larry Bensignor	Gregory Johnson	Roland Roger
Wendy Bero	Natalia Kamyshibova	Ian Rowland
Mario Boskis	Sheila Kaufman	Rande Suhrer
Sarah Carp	Adam Kramer	Cindy Snyder
Chris Casimius	Julie Landis	Barbara Siegelman
Deborah Cobette	Deborah Lauricella	Lillian Stahlher-Murphy
Natalie Cohen	Alissa Lepisto	Stephen Susman
Nathan Dayan	Anne Levy	Joshua Thies
Beth Eckstein	Steven Loeb	Shaw Thompson
Titia de Lange	Hannah Malka	Tatiana Urbanovich
Maria Sancho-Fox	Rabbi Michael Matuson	Janelle Vallen
Ellen Freeman	Christy Moore	Earl Blake Wisecarver
Adrian Garner	Juliette Yager Murray	Helen Wolff
Theresa Gex	Howard Nagelberg	Les Yoakum
Selma Goldberg	Sean O'Donnell	Jennifer Kuhn Palmer

אברהם בן הוד שמו אל: חים בן פרידל: רונה דבורה בת רחל: הערשעל בן גיטל: אפרים אברהם בן אטער רחל: שולמית יהודית בת חנה: חנה ריזלה בת ברקה: מאיר קלמן בן שפרה: הינדא יורה בת אלה: שלום בן שמואל דסוה בת שרה: דוד יעקב בן אליעזר: ברקה אלה לאה זרעה: דבורה יעטול בת צפורה: גבריאל אליעזר בן אסתר: אסתר מלכה בת צלעוט איטע: ברקה בת מלכה: ונה חים בן שמואל אבא: יהודא אהרון בן קלייאר: אטקה בת בידיל: דבורה בת אברהם: מאיר ליב בן אסתר: ברוך צבי בן ברקה באשא: שרה לאה בת פטסי: ראובן בן פרץ: מיל ושותי על בת שרה: שושנה בת רחל: דבורה מרים בת נעמ: ברקה גוטל בת פסעה מלכה: חנה בת דבורה: טובה בת מרים: מרים עיל בת שושנה: שמואל בן חים: כויה ליאל בת טלי: דוד בן יעקב: גבריאללה בת חנה אסתר: תמרה בת רחל: שושנה בת רחל: שמואל בן יוסף: אליעזר בן שמואל: שרה דעריה בת רחל: חני שידילד בת אטער: יהודית בת בילאל לבא: אלונית בת גתשבעל ליבא גיטא: גילה בת דבורה: אסתר בת חיה: דינה באשא בת משה: שרה בת שושנה: אורה מרים בת חנה ר'יזל: ברוך שרגא פיבעל בן ענענע: אלישבע ריה בת טלי: ענש רחל בת ציר לאה: דוב רפאל בן חנה: שמואל בן סלי: אלישבע רות בת שרה: חמהה פיבעל בת מרים: דינה באשא בת תרצקה: ענטע בת שרה.

*At Shir Chadash, we believe study and learning are fundamental to the establishment of a strong and engaged Jewish community. We strive to provide an extraordinary number of learning opportunities for seekers of all ages, and look forward to learning with you!*

## VERSES TO LIVE BY

*Encountering Torah one verse at a time*

את-הַקְרֵב אֶחָד מְעַשָּׂה בְּלֹאָרֶב וְאֶת-הַקְרֵב הַשְׁנִי מְעַשָּׂה בֵּין-הַעֲרָבִים:  
You shall offer one lamb in the morning, and the other lamb you shall offer at twilight.  
*Bamidbar 28:4*

What a difficult few months this has been. First lockdown, then a cautious reopening, then the need to draw back once again, and all the while all of us on the steepest of learning curves - with health, with hygiene, perhaps most of all with technology. Our capacity for endurance is being tested every day.

The Hebrew word for endurance - *hatmadah* - comes from the same root as the word that means 'regular,' or 'constant' - *tamid*. As well as being an adjective, *tamid* is also a noun. It is the name of the sacrifice described in our verse today. Every day, at the desert sanctuary, every day at the Temple, 24/365, one offering was made in the morning and one in the evening.

One of the greatest challenges of the time we are living through has been the loss of regularity. The office day, the Shabbat morning service, the school semester, the annual graduation - all of them have been disrupted because we can't gather in person. Rhythm and ritual are important to human beings, and when we lose our landmarks we can feel achingly adrift. So it is not an accident that we have been rediscovering our personal rituals or inventing new ones, beginning with the way we shape each day.

Daily rituals don't need to be complicated. The High Priest only had to perform the intricate service of Yom Kippur, with all its costume changes and multiple sacrifices and prayers, once a year. By contrast, a *tamid* is uncomplicated. But the secret of a meaningful *tamid* is that it must be consistent. A daily practice needs to be practiced daily.

Perhaps our *tamid* is to whisper a *modeh/modah ani* on waking up and just the first line of the *Shema* before we roll over and go to sleep. Perhaps it is our saying the *Shema* - conveniently, we are required to do that once in the morning and once at night. But even though a personal *tamid* replaces the sacrifices it need not be in the form of a prayer or even a meditation. Perhaps our practice is physical - running, yoga. Perhaps it is the actual practice of a musical instrument. Perhaps it is giving ourselves half an hour a day to read something nourishing that isn't on a screen. Perhaps it's an hour of gardening, allowing us to wonder at the ongoing beauty of creation. Perhaps it's a walk with a pet or someone we love. Perhaps it's reading a story to our child at bedtime. Provided it's done regularly, provided we commit to it as a spiritual practice, it's a *tamid* - or at least the beginning of one.

So - what are the daily practices that are taking us through this time? Are they working, or do we need to revise them a little, or commit to them a little more? Perhaps this Shabbat we can take some time to consider our everyday rituals and see if we can ensure they are enriching and nourishing us. Because a good *tamid* holds the key to endurance.

Rabbi Silver