



City of Agoura Hills
Department of Community Services

SENIOR **MOMENTS**

Recreational Programs for adults 50+

WINTER 2020

JANUARY

FEBRUARY

MARCH

The Center will be closed on:

Tuesday, 12/24
Wednesday, 12/25
Tuesday, 12/31
Wednesday, 1/1
Monday, 1/20
Monday, 2/17

Winter Registration:

In-person registration for Winter classes and excursions begins Monday, December 2nd at 8:00am. Registration numbers will be handed out beginning at 7:00am.

Weekly E-Blasts:

Do you receive the Monday Mornings weekly e-blast? Monday Mornings is the best way to get up-to-date information and reminders about the events, activities and classes. If you would like to receive our weekly emails, please let us know.

Agoura Hills Recreation and Event Center
29900 Ladyface Court • Agoura Hills • CA • 91301
(818) 597-7631 • agourahillsrec.org





FOR THE COMMUNITY

REYES ADOBE HISTORICAL SITE

PUBLIC TOURS (Winter Schedule):

2nd Saturday of the month
or by appointment:

Operating Hours: 1:00-4:00pm

Last tour begins 3:30pm

Donations Accepted:

Adults \$3

Seniors \$2

Child: 5-12 \$1

Location: 30400 Rainbow Crest Dr. Agoura Hills, CA

Telephone: (818)597-7361

Educational/Group Tours: May be scheduled by
Appointment at www.caminorealhistorical.com

**Seeking Docents to lead tours or assist at special
events. Contact the Recreation Center
for more information.**



A.S.A. DONATIONS

Help Support Our Troops

The City of Agoura Hills is a proud partner with America
Supporting Americans. Donations go directly to our
troops. For more information, go to www.asa-usa.org.

- Baby Wipes
- Hand Sanitizers
- Power Bars
- Dried Fruit
- Nuts
- Gum
- Candy
- Coffee
- Shaving cream
- Face cream
- Flavored drink packets
- Tea
- Athletic Socks
- Lip Balm
- Cotton Swabs
- Jerky
- Snack Size Trail Mix
- Soup
- Beef Stew
- DVDs
- Bug spray
- Sunscreen
- Reusable razors w/ blades
- Eye drops
- Puzzles
- Pens
- Greeting Cards
- Pipe Cleaners
- Oatmeal
- Toothpaste
- Top Ramen
- Air Freshener (non-spray)
- Fruit Cups
- Letters from children and adults

2020 SENIOR MEMBERSHIP

For only \$15 for the 2020 calendar year, you can participate in a variety of fitness, social, and travel programs. The Senior Recreation Program offers programs and classes at discounted fees, and many are free to members.

SENIOR ADVISORY COMMITTEE

Advisory meets the 2nd Tuesday of the month in the Conference Room. Meetings are held from 10:00-11:00am.

Jack Albright
Bobbie Constanten
Clare Martin
Tony Plaia

Sharon Taylor
Pat Weisel
Ellen Wohl

OSHER LIFELONG LEARNING INSTITUTE (OLLI): FALL SEMESTER 2019

The OLLI at CSU Channel Islands brings the excitement and stimulation of college learning to area adults (50 or better) who wish to extend their learning experiences. Courses are being offered at the Agoura Hills Recreation and Event Center. Classes are held on Mondays and will begin in January. For semester information, go to go.csuci.edu/olli or call (805)437-2748.





FOR THE COMMUNITY

ROSE PARADE *ALL AGES

Join us for the 131st Tournament of Roses Parade themed "The Power of Hope," featuring Rita Moreno, Gina Torres, and Laurie Hernandez as Grand Marshals. Registration fee includes bus transportation and reserved bleacher seats. Reserved bleacher seating will be on 1630 E. Colorado Blvd. Participants will ride in style aboard a comfortable coach bus. **TICKETS SELL OUT FAST! THIS TRIP WILL OCCUR RAIN OR SHINE.** Meal is not included in the price of this trip. Note: LIGHT/MODERATE WALKING AND STAIRS. THERE ARE NO REFUNDS/TRANSFERS/CREDITS FOR THIS TRIP.

Location: Pasadena * Bus Departs: City Hall #8776 Wed 6:00am-2:00pm 1/1/20 \$85

WATERCOLOR ART CLASES * AGES 18+

Beginners through advanced artists will enjoy and learn methods of creating bright, fun, colorful, and interesting watercolors. \$5 fee for instructors materials is due at the first class of each month. First-time students will be provided with material list and materials they don't have for first two sessions.

Instructor: David Deyell *Location: Multi-Purpose 2
#9025 Tue 12:00-3:00pm 1/7-1/28 \$48
#9026 Tue 12:00-3:00pm 2/4-2/25 \$48
#9027 Tue 12:00-3:00pm 3/3-3/31 \$60

FARHANA'S INDIAN COOKING CLASS *AGES 18+

Veteran Cooking Instructor (20+ years) and award-winning cookbook author Farhana will present simplified steps and valuable time-saving tips for cooking Indian at home. Farhana's cooking classes were voted "A Top Event" in L.A. Weekly's Best of L.A.! **There is a \$20 non-refundable lab fee payable to the instructor on the night of the event - cash only.** Instructor: Farhana Sahibzada *

Location: Catering Kitchen

EASY STEPS AND SECRET INGREDIENTS: Vegetable Rice Biryani for special occasions or to perk up your every day meals, topped with a garnish of pan grilled onions, nuts and raisins, and seasoned with saffron. Malai Kofta (or Veggie Meatballs) is a clever combination of vegetables and nuts that form mouth watering and flavorful meatless meatballs!

#8926 Thu 6:00-8:00pm 2/6 \$44

INDIAN VEGETARIAN COOKING CLASS: Come and discover the secret ingredients and seasoned techniques to master these recipes in one session. You will benefit from precision seized thru years of experience from a veteran teacher!

Paneer Masala with a side of Aloo Pala (spinach and potatoes).

#8927 Thu 6:00-8:00pm 3/26 \$44

TECH HELP

Meet helpful students who will help you with a variety of electronic and technological needs with your favorite devices!

This is a FREE drop-in program. Program runs through the end of the school year.

Location: Agoura High School Media Center
28545 W. Driver Ave, Agoura Hills
Time: 3:30pm-5:30pm
Dates: 12/3-5/19 (twice a month)

For Questions Contact: Amber Smart,
Agoura High School Media Clerk,
(818) 889-1262 ext. 51288





IN PARTNERSHIP WITH SENIOR CONCERNS

QUARTERLY TIP

Emergency preparedness:

Recently, our community has been hit with numerous fires and many have had to evacuate several times. We have also been hearing that the "big" earthquake is coming. Now is the time to prepare and make a plan if you have not already.

The Center for Disease Control and Prevention states that if you are an older adult living in the community, you may face some challenges during an emergency. For example, you may not have any family or friends nearby to support you. Support services that are usually available may be unavailable for a period of time. Prepare for an emergency by creating a plan, reviewing it regularly, and keeping an emergency supply kit.

1. First step is creating a plan:
Work with family, friends, and/or neighbors to create a plan that fits your needs. Like picking a contact person who will check on you and deciding how and who you will go with during an evacuation.
2. Creating an Emergency Supply Kit
After an emergency, you may not have access to clean water or electricity. Make sure you are prepared with your own supply of food, water, and other items to last for at least 72 hours.

Medical-Related Items:
 - o A 3-day supply of medicine, at a minimum.

*Reminder; if medications need to be kept cold, have a cooler and ice packs available.

 - o ID band
 - o Hearing aids and extra batteries
 - o Documents (Keep physical copies in a water-proof bag and take photos of each document for backup):
 - o Contact information for family members, doctors, pharmacies and/or caregivers
 - o List of all medications, including the exact name of the medicine and the dosage, and contact information for pharmacy and doctor who prescribed medicine
 - o List of allergies to food or medicines
 - o Copies of medical insurance cards
 - o Copies of a photo ID
 - o Durable power of attorney and/or medical power of attorney documents, as appropriate.
3. Review and practice you plan regularly!

MEET YOUR SENIOR ADVOCATE

The Senior Advocate is at our facility the 1st and 3rd Tuesday of each month. To set up an appointment, call (818) 597-7361, or go online to agourahillsrec.org.
Appointments can be scheduled for 1:00pm or 2:00pm

PATH TO POSITIVE AGING

Transforming Your Relationship with Food

Our relationship with food is complex: we are biological eaters, social eaters, cultural eaters, even spiritual eaters. Together, let's explore the causes and the remedies for the dysfunction. This class is about making peace with your body and peace in your thoughts about the body and what it consumes. You will learn what supports metabolism and what does not! You will be introduced to the habits of people who live the longest, happiest, and healthiest in the world.

#9081 Thu 10:00am-11:30am 2/13 FREE

Will You Pass Your Next Driving Test?

Learn how to effectively study for the written exam, understand what to expect at the DMV, discover tips to take on the road, and explore sample practice exams.

#8999 Thu 10:00am-11:30am 3/12 FREE

TO RESERVE YOUR SEAT:

Call (818) 597-7361 or go online to www.agourahillsrec.org
Light refreshments served.
Pre-registration recommended.

LOCATED AT:

Agoura Hills Recreation and Event Center
29900 Ladyface Court, Agoura Hills

CAREGIVER SUPPORT GROUP

Support Groups for caregivers, spouses, and families of loved ones with Alzheimer's, Dementia, Parkinson's, Cancer and other diseases. If you would appreciate a safe and welcoming environment to share stories, gain support, and give support to others, or need new ideas, then please join us! Senior Membership is not required.

1st and 3rd Tuesday of the month
3:00-4:30pm
#8998
FREE



ON THE DAILY

Participants must sign a registration form quarterly.
Senior membership is required for most activities.
Meeting days, times, and locations subject to
change without notice.
See front desk upon arrival for programs or call
ahead of program time.

MONDAY

11:00am-3:00pm Bridge (40 Players Maximum)
#8925 1/3-3/30
Senior Room Free

TUESDAY

10:30am-12:00pm Adventures in Good Music
#8859 1st, 3rd & 4th Tue
Conference Room Free

11:00am-2:30pm Mah Jongg (2 tables)
#8972 1/7-3/31
Sun Room Free

11:15am-12:30pm Book Club
#9023 3rd Tue of the month
MPR 1 Free
(Call Center for book titles.
Books will not be provided.)

12:15pm-3:00pm Bingo (Must have 4 to play)
#8875 1/7-3/31
Senior Room \$.75 per card

1:00pm-3:00pm Senior Concerns Advocate*
1st & 3rd Tue of the month
Conference Room Free
*Membership not required.

3:00pm-4:30pm Caregiver Support Group for Spouses*
#8998 1st & 3rd Tue of the month
Conference Room Free
*Membership not required.

4:00pm-7:00pm Open Play/Canasta (2 tables)
#8977 1/7-3/31
Sun Room Free

WEDNESDAY

10:00am-3:30pm Mah Jongg Open Play (Singles Welcome)
No instruction provided
#8974 1/8-3/25
Sun Room Free

1:30pm-3:00pm Current Events Discussion Group
#8902 1/8-3/25
Senior Room Free

2:00pm-4:00pm Hilary's Book Club for Seniors
#8954 2nd Wednesday
Conference Room Free
(Call Center for book titles.
Books will not be provided.)

THURSDAY

11:00am-3:00pm Board Games
#8876 1/2-3/26
Sun Room Free

11:00am-12:30pm Knitting & Crocheting Social
#8966 1/2-3/26
MPR 2 Free

12:15pm-3:00pm Bingo (Must have 4 to play)
#8875 1/2-3/26
Senior Room \$.75 per card

FRIDAY

11:00am-3:00pm Bridge (40 Players Maximum)
#8925 1/3-3/27
Senior Room Free

11:00am-12:30pm WISDOM – Women's Discussion Group
#9029 1/3-3/27
Conference Room Free



ARTHRITIS CLASS

This class incorporates dancing (seated or standing) flexibility, range of motion, strength training, endurance, coordination, and deep breathing. Most, but not all, of the exercises are done seating in a chair. Class is held on Thursdays from 10:00-11:00am. Instructor: Lois Jackson * Location: MPR 1

#8860	Thu	1/2-1/30	\$12.50, \$4 drop-in
#8861	Thu	2/6-2/27	\$10.00, \$4 drop-in
#8862	Thu	3/5-3/26	\$10.00, \$4 drop-in

LAUGH, FLEX & STRETCH

Through movement and specific exercise, you will build stronger and healthier muscles, which will improve and enhance your balance and daily living. Class is held on Tuesdays from 10:00-11:00am.

Instructor: Lois Jackson * Location: MPR 1

#8967	Tue	1/7-1/28	\$14.00, \$4 drop-in
#8968	Tue	2/4-2/25	\$14.00, \$4 drop-in
#8969	Tue	3/3-3/31	\$17.50, \$4 drop-in

CHAIR YOGALATES

A gentle Yoga class in a chair using and incorporating Pilates movements and breath to strengthen the core and the back! The MELT® Method is incorporated into our practice. Class is held on Wednesdays and Fridays from 11:00am-12:00pm. No class 1/17. Instructor: Ilene Berke, Certified Yoga Therapist, and certified Pilates and MELT®

Instructor. Location: MPR 2 (Wed), MPR 1 (Fri)

#8895	Wed	1/8-1/29	\$33.00, \$10 drop-in
#8897	Wed	2/5-2/26	\$33.00, \$10 drop-in
#8899	Wed	3/4-3/25	\$33.00, \$10 drop-in
#8894	Fri	1/3-1/31	\$33.00, \$10 drop-in
#8896	Fri	2/7-2/28	\$33.00, \$10 drop-in
#8898	Fri	3/6-3/27	\$33.00, \$10 drop-in

MELT® SERIES

This treatment focuses on eliminating stuck stress and hydrating your connective tissue/fascia, which wraps around all your muscles and joints.

Please bring a bottle of water, wear comfortable clothes, and be prepared to remove your shoes. Pre-registration is highly suggested, as space is limited. There are no drop-ins for this class. Instructor: Ilene Berke, Certified Yoga Therapist, and Certified Pilates and MELT® Instructor

* Location: Multi-Purpose 2

#9020	Fri	12:15-1:15pm	1/31-2/21	\$60.00
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FITNESS

BUFF BONES * SENIOR MEMBERSHIP NOT REQUIRED

This is a Pilates-based mat class using bone-strengthening and targeted restorative muscle-building techniques. The class is specifically sequenced to restore alignment, core strength, posture & balance. Class is held on Mondays and Wednesdays from 11:15am-12:30pm. Students must be able to get up & down from floor without assistance.

Pre-Registration is suggested; class can reach maximum enrollment. Drop-ins may not be granted. Instructor: Aggie Winston on Wednesdays, Barbara West on Fridays. No class on 1/20. * Location: MPR 1 * 10-Week Session

#8888	Mon	1/6-2/10	\$40.00, \$10 drop-in
#8889	Wed	1/8-2/12	\$48.00, \$10 drop-in
#8891	Mon	2/24-3/30	\$48.00, \$10 drop-in
#8892	Wed	2/26-4/1	\$48.00, \$10 drop-in

BOLLYWOOD DANCE

*SENIOR MEMBERSHIP NOT REQUIRED

This class offers dance and movement for all levels, whether you are a beginner or a seasoned performer. Inspired by the high-energy music from Bollywood Indian movies. Class is held on Sundays from 10:00-11:00am.

Instructor: Monica Sarin * Location: MPR 1 & 2

#8880	Sun	1/5-1/26	\$48.00, \$15 drop-in
#8881	Sun	2/2-2/23	\$48.00, \$15 drop-in
#8882	Sun	3/1-3/29	\$60.00, \$15 drop-in

BOLLYWOOD LEVEL 1

*SENIOR MEMBERSHIP NOT REQUIRED

This class offers dance and movement for all levels, whether you are a beginner or a seasoned performer. Inspired by the high-energy music from Bollywood Indian movies. Class is held on Mondays from 6:30-7:30pm. No class 1/20, 2/17.

Instructor: Monica Sarin * Location: MPR 1 & 2

#8883	Mon	1/6-1/27	\$36.00, \$15 drop-in
#8884	Mon	2/3-2/24	\$36.00, \$15 drop-in
#8885	Mon	3/2-3/30	\$60.00, \$15 drop-in



THERE IS NO DISCOUNTING OF FEES

DO IT NOW SENIOR FITNESS

Different weights and degrees of intensity in band resistance allow Seniors of different fitness levels to enjoy upbeat music and expert instruction. Class is held on Mondays and Thursdays from 2:00-3:00pm. No class 1/20 and 2/17.

Instructor: Tamara Kilpatrick * Location: MPR 1

#8906	Mon	1/6-1/27	\$15.00	once/week, \$7/drop-in rate
#8907	Thu	1/2-1/30	\$25.00	once/week, \$7/drop-in rate
#8912	M & Thu	1/2-1/30	\$32.00	twice/week, \$7/drop-in rate
#8908	Mon	2/3-2/24	\$15.00	once/week, \$7/drop-in rate
#8909	Thu	2/6-2/27	\$20.00	once/week, \$7/drop-in rate
#8913	M & Thu	2/3-2/27	\$28.00	twice/week, \$7/drop-in rate
#8910	Mon	3/2-3/30	\$25.00	once/week, \$7/drop-in rate
#8911	Thu	3/5-3/26	\$20.00	once/week, \$7/drop-in rate
#8914	M & Thu	3/2-3/30	\$36.00	twice/week, \$7/drop-in rate

QIGONG W/TAI CHI LEVEL 1

*MEMBERSHIP REQUIRED FOR SENIOR PRICE

Tai Chi is an ancient Chinese discipline consisting of meditative moments practiced as a system of exercises. The form of Tai Chi known as "24 Form" is based on the natural movements of water and wind. It enhances relaxation, poise, balance, and strength. The instructor incorporates Qigong as well. Class is held on Wednesdays, from 2:30-3:30pm.

Instructor: Kimiko Kuwamoto * Location: MPR 1

#8982	Wed	1/8-2/29	\$30.00 senior*, \$11 drop-in
#8983	Wed	2/5-2/26	\$24.00 senior*, \$11 drop-in
#8984	Wed	3/4-3/25	\$24.00 senior*, \$11 drop-in

TAI CHI LEVEL 2

*MEMBERSHIP REQUIRED FOR SENIOR PRICE

The traditional 108 forms, 42 form, fan form, & knife form will provide insights into deeper relaxations and help the practitioner to cultivate patience and focus through the internal strengthening of moment-to-moment awareness.

Class is held on Wednesdays, from 3:30-4:30pm.

Instructor: Kimiko Kuwamoto * Location: MPR 1

#9015	Wed	1/8-1/29	\$30.00 senior*, \$11 drop-in
#9016	Wed	2/5-2/26	\$24.00 senior*, \$11 drop-in
#9017	Wed	3/4-3/25	\$24.00 senior*, \$11 drop-in

First-time fitness participants, please arrive early to register for classes. Drop-in participants, please arrive early to pay drop-in fee. Fitness Pass holders, please arrive early to have your pass signed each time. Please check in with instructors for schedule changes.



STRENGTH TRAINING

*MEMBERSHIP NOT REQUIRED

This class is focused on improving muscle mass and bone density. Participants will be progressed from their current capability to a higher level of fitness. Improve your form for push ups, squats, lunges, and other body weight exercises. Weighted exercises and cardio elements will also be done. Must be able to get up and down to floor. Class on Mondays held from 9:45-10:45am, class on Thursdays held from 12:30-1:30pm. No class 1/20, 2/13, 2/17, and 2/20.

Instructor: Del Herrera, NASM CPT

* Location: MPR 1 & 2

#9001	Mon	1/6-3/9	\$80.00, \$12 drop-in
#9096	Thu	1/9-3/12	\$80.00, \$12 drop-in
#9096	Mon	3/23-5/11	\$80.00, \$12 drop-in

SENIOR JAZZERCISE LITE

This class offers an easy to follow routine: gentle warm-ups, low-impact aerobics, muscle toning, stretching segments, and cool-down. Class is

held on Tuesdays and Thursdays from

8:45-9:45am. Payments are made to Elizabeth Eaves. Membership is paid at the front desk.

Instructor: Elizabeth Eaves * Location: MPR 1 & 2

#8963 Tue/Thu 1/7-3/31 \$34.00 per month





FITNESS PASS & BIRTHDAYS

FITNESS PASS PROGRAM

Must be a 2020 Senior Member to purchase a Senior Discount Fitness Pass. Pick and choose classes that are conducive to your schedule. *Passes are signed off for each class attended.

GENTLE YOGA

Various breathing techniques and guided meditations are included to help balance the nervous system and support a healthy body, mind, and immune system. Bring a towel and mat. Class is held on Fridays from 8:30-9:30am. Bring a towel and mat. Additional props are provided.

Instructor: Bitia Peck * Location: MPR 1 & 2

Fitness Pass On going \$50/10 classes, \$8 drop-in

ZUMBA GOLD

Takes the Zumba formula and modifies the moves and pacing to suit the needs of the active older participant, as well as those just starting their journey to a fit and healthy lifestyle. Class is held on Wednesdays and Fridays from 9:45-10:45am. Instructor: Del Herrera * Location: MPR 1 & 2

Fitness Pass On going \$50/10 classes, \$8 drop-in

HAPPY BIRTHDAY TO OUR CURRENT SENIOR MEMBERS!

JANUARY:

1/1 - Bill Harney
1/1 - Michael Hayward
1/1 - Helene Rosen
1/1 - Susan Sherman
1/7 - Lucy Reisch
1/9 - Julia Hayward
1/10 - Nina Olander
1/15 - Matt Mandell
1/17 - Wanda Lozano
1/19 - Dorothy Davis
1/29 - Diane Goldstein
1/29 - Minaldevi Patel

FEBRUARY:

2/1 - Ellie Jacobs
2/5 - George Rimmele
2/10 - Jane Cohen
2/11 - Harriett Rozanski
2/12 - Enrique Schleien
2/15 - Carol Kinard
2/18 - Theresa Sumburger
2/20 - Pat Perlmutter
2/21 - Susan Lopez
2/21 - Alyce Nine
2/22 - Joyce Buckley
2/28 - Teryl Brooks
2/28 - Barbara Fuhlage
2/28 - Elizabeth Winters

MARCH:

3/6 - Max Lipsky	3/12 - Lourdes Retana
3/8 - Vicki Green	3/21 - Shirley Zwiers
3/8 - Lylene Sheets	3/25 - Linda Friedman
3/9 - Helaine Portnoy	3/27 - Patricia Gaber
3/10 - Jack Albright	3/28 - Dianne Eubanks
3/10 - Ruth Baker	3/31 - Gary Evans
3/11 - Yvonne Burns	3/31 - Aissa Wayne Conrad
3/12 - Sharon Hasegawa	

If your birthday is shown as incorrect or missing, please check or update your profile with the front desk.





PANTAGES THEATRE & EXCURSIONS

SENIOR EXCURSIONS: SENIOR MEMBERSHIP REQUIRED

TRIP LOCATIONS, TRANSPORTATION, TIME, AND PRICING ARE SUBJECT TO CHANGE WITHOUT NOTICE

SEE MEMBERS AND GUEST AND BOARDING OF THE BUS INFORMATION LISTED BELOW

TOUR ESCORTS ARE NOT RESPONSIBLE FOR ARRANGING TRANSPORTATION TO AND FROM THE CENTER

2020 SENIOR MEMBERSHIP REQUIRED UNLESS NOTED

MEMBERS AND GUESTS

Must be a current 2020 Senior Member to enroll in the following trips. Senior members are allowed two guests per calendar year. An individual may only be a guest two times per calendar year. Senior participants who wish to register a guest may do so after the first week of registration. Enrolled guests must fill out a waiver and provide emergency contact information.

BOARDING OF THE BUS

Beginning times stated are the departure times for the excursion. **Please arrive 30 minutes early to check in for the bus trips.** *All participants who use a cane, wheelchair, or walker have the option to board the bus first. Let the tour escort know when you are signing in. **Front rows are reserved for the Tour Escort(s).**

SPRING EXCURSION REGISTRATION:

In person registration: Monday, March 9th, from 8:00am–10:00am. Must be a 2020 Senior Member and be present to register. Cannot register another individual; must be present to register. Drop off/ Mail-in registrations processed after 12:00pm on March 9th, or after all walk-in registrations have been processed. Online registration is on Tuesday, March 10th, starting at 7:00am.

THEATRE PERFORMANCES:

MARGARITAVILLE

Welcome to Margaritaville, where people come to get away from it all and stay to find something they never expected! This musical comedy features both original songs and your most-loved Jimmy Buffett classics, including "Fins," "Volcano," "Cheeseburger in Paradise," and many more. Meal is not included in the price of the trip. NOTE: MODERATE WALKING. REFUNDS/TRANSFERS/CREDITS GRANTED ONLY IF YOUR SPOT CAN BE FILLED. Location: Dolby Theatre * Shuttle Departs: Recreation Center

#9087 Wed 4:30pm-11:00pm 3/4/20 \$85

MY FAIR LADY:

Boasting classic songs as "I Could Have Danced All Night," "The Rain in Spain," "Wouldn't It Be Lovely," and "On the Street Where You Live." My Fair Lady tells the story of Eliza Doolittle, a young Cockney flower seller, and Henry Higgins, a linguistics professor who is determined to transform her into his idea of a "proper lady." But who is really being transformed? Meal is not included in the price of this trip.

NOTE: MODERATE WALKING. REFUNDS/CREDITS/TRANSFERS GRANTED ONLY IF YOUR SPOT CAN BE FILLED.

Location: Dolby Theatre * Shuttle Departs: Recreation Center

#9088 Wed 4:30pm-11:00pm 6/24/20 \$85

THE BAND'S VISIT:

In an Israeli desert town where every day feels the same, something different is suddenly in the air. Dina, the local café owner, had long resigned her desires for romance to daydreaming about exotic films and music from her youth. When a band of Egyptian musicians shows up lost at her café, she and her fellow locals take them in for the night. Under the spell of the night sky, their lives intertwine in unexpected ways, and this once-sleepy town begins to wake up. Meal is not included in the price of this trip. NOTE: MODERATE WALKING. REFUNDS/CREDITS/TRANSFERS GRANTED ONLY IF YOUR SPOT CAN BE FILLED.

Location: Dolby Theatre * Shuttle Departs: Recreation Center

#9089 Fri 4:30pm-11:00pm 7/17/20 \$85

SENIOR MEMBERSHIP REQUIRED

MUSIC CENTER TOUR

We will be touring the three separate theatres that comprise the Music Center complex, plus the Disney Hall. The three theatres are the Dorothy Chandler Pavilion, the Mark Taper Forum, and the Ahmanson Theater. The Dorothy Chandler boasts 3,200 seats and is one of the largest stages in the country. It is the venue of the L.A. Opera. The interior is lavish, with a stunning marble lobby, beautiful crystal chandeliers, and lovely tapestries and sculptures. This was the home of the Academy Awards from 1969-1986. After our tour, we will be lunching at the iconic Pacific Dining Car. (\$\$\$) Meal is not included in the price of this trip. NOTE: EXTENSIVE WALKING AND IS NOT HANDICAPPED ACCESSIBLE. REFUNDS/ TRANSFERS/CREDITS GRANTED ONLY IF YOUR SPOT CAN BE FILLED. Location: Los Angeles * Shuttle Departs: Recreation Center

#9082	Wed	7:30am-4:00pm	1/8	\$20
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BY POPULAR REQUEST: A RETURN TO THE LAST BOOKSTORE

We will be re-visiting a venue that all of us book enthusiasts know and love—The Last Bookstore. If you missed this trip in June of last year, here is your opportunity to browse 250,000 new and used books. If you are interested in vinyl records, this store has tens of thousands to select from! If you love books, please join us for a return visit and help to keep actual books and records alive in the world. After our book browse, we will be lunching at Cole's French Dip, home of the luscious Fat Elvis chocolate pie. Meal is not included in the price of this trip. NOTE: MODERATE WALKING AND IS HANDICAPPED ACCESSIBLE. REFUNDS/TRANSFERS/ CREDITS GRANTED ONLY IF YOUR SPOT CAN BE FILLED. Location: Los Angeles * Shuttle Departs: Recreation Center

#9083	Wed	9:30am-4:00pm	1/15	\$20
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FREDERICK R. WEISMAN ART FOUNDATION

We will be visiting the Fredrick R. Weisman House and Annex, where we will see one of the largest and most important private collections of postwar art in the world. Mr. Weisman began his collection in 1950 and later had an annex built to display the rest of his collection. This house is a beautiful Mediterranean style designed by the famous Gordon Kaufmann. We will be lunching after our tour at Matteos in Westwood. Meal is not included in the price of this trip. NOTE: EXTENSIVE WALKING AND IS NOT HANDICAPPED ACCESSIBLE. REFUNDS/TRANSFERS/CREDITS GRANTED ONLY IF YOUR SPOT CAN BE FILLED.

Location: Los Angeles
* Shuttle Departs: Recreation Center

#9085	Tue	8:30am-3:30pm	2/11	\$20
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DAY TRIPPIN' ON THE SHUTTLE: CHINATOWN

Fifty-one years ago, on the sunny Saturday of June 25, 1938, California Governor Frank Merriam and a host of dignitaries dedicated Los Angeles Chinatown's Central Plaza in a gala Grand Opening ceremony. This colorful urban setting explodes in a fantasy of sights and sounds. Every day of the year, Chinatown is a veritable movable feast for the senses, a vibrant center of commerce, tourism, culture, and community. You will be given plenty of time to explore and have lunch on your own. Meal is not included in the price of this trip. NOTE: EXTENSIVE WALKING AND IS HANDICAPPED ACCESSIBLE. **PLEASE BRING CASH, AS MANY SMALLER STORES MAY NOT ACCEPT CREDIT CARDS.** REFUNDS/TRANSFERS/CREDITS GRANTED ONLY IF YOUR SPOT CAN BE FILLED. Location: Los Angeles * Shuttle Departs: Recreation Center

#8962	Thu	9:30am-3:30pm	2/13	\$20
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SLOTS OF FUN - CHUMASH CASINO

Meal is not included in the price of the trip. NOTE: LIGHT/ MODERATE WALKING. NO REFUNDS/TRANSFERS/CREDITS AFTER 2/13. Location: Santa Ynez
* Shuttle Departs: Recreation Center

#9000	Thu	9:00am-7:00pm	2/27	\$15
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SENIOR MEMBERSHIP REQUIRED

DINING ADVENTURES - ART'S DELI

Our next sojourn in our search for good "New York-style" delis in L.A. will take us to Art's Famous Deli in Studio City, founded in 1957. The motto of the restaurant became "Where Every Sandwich is a Work of Art." Art is retired now, but his son is there still maintaining the traditioned Jewish faire from the family recipes of the 1900's. Come join us for a taste of their Greek salad with herring-sweet, filled with crunchy cabbage, elegant squares of herring and olives. Or try any of their triple-decker combinations. So good! Meal is not included in the price of this trip. NOTE: LIGHT WALKING AND IS HANDICAPPED ACCESSIBLE. NO REFUNDS/TRANSFERS/CREDITS AT ALL FOR THIS TRIP.

Location: Studio City * Shuttle Departs: Recreation Center

#8905 Wed 10:30am - 2:30pm 3/11 \$5



SANTA BARBARA INTERNATIONAL

ORCHID SHOW

The Orchid show is one of the largest and oldest orchid shows in the United States. Visitors delight in vibrant displays of blooming orchids, with exhibits designed to each year's show theme. A step into the exhibit hall is a step into the lush colors and fragrances of exotic, beautiful orchids. For visitors who wish to purchase blooming orchid plants, growing supplies, and orchid-related art will be available. Lunch will be at Jack's Bistro before we go to the show. Jack's is known for their homemade bagels. Meal is not included in the price of this trip. NOTE: EXTENSIVE WALKING AND IS HANDICAPPED ACCESSIBLE.

REFUNDS/TRANSFERS/CREDITS GRANTED ONLY IF YOUR SPOT CAN BE FILLED. Location: Santa Barbara *

Shuttle Departs: Recreation Center

#9084 Fri 9:00am-3:30pm 3/13 \$28

GOURMET SOCIAL DINNER CLUB: MYSTERY DINNER

Due to many requests, we will be having a mystery dinner at Maggianos in March, at The Grove. The cost of the trip will be between \$75-\$100. There will be an interest list awaiting your signatures before registration. Note: LIGHT WALKING AND IS HANDICAPPED ACCESSIBLE. NO REFUNDS/TRANSFERS/CREDITS AT ALL FOR THIS TRIP.

Location: Los Angeles

* Shuttle Departs: Recreation Center

#8950 TBD TBD TBD \$TBD



AUDUBON CENTER TOUR/BARON'S HATS

The Audubon Center at Debs Park is an environment community hub which has inspired a love of nature in over a quarter million residents of America's second-largest metropolis. Debs Park is an urban oasis for wild-life and people. After our tour of the Audubon Center, we will be visiting Baron's Hats. They make all the hats for all of the movie studios. You will get a chance to see many of the hats that John Wayne, Clint Eastwood, Humphrey Bogart, Johnny Depp, and many others actually wore in movies. You will also get to watch the way in which these hats are made. We will be lunching at Nickel Diner. Meal is not included in the price of this trip. NOTE: EXTENSIVE WALKING AND IS NOT HANDICAPPED ACCESSIBLE. REFUNDS/TRANSFERS/CREDITS GRANTED ONLY IF YOUR SPOT CAN BE FILLED.

Location: Los Angeles *

Shuttle Departs: Recreation Center

#9086 Tue 8:30am-4:30pm 3/17 \$35

GOURMET SOCIAL LUNCHEON CLUB

Spend an afternoon exploring different culinary palates. Meal is not included in the price of the trip. Expect to pay \$15-20 for your lunch (cash only). Depart at 11:00am, with return time at 2:00pm. NOTE: LIGHT/MODERATE WALKING. NO REFUNDS/TRANSFERS/CREDITS AT ALL FOR GOURMET LUNCHESES. Restaurant Locations: Subject to change * Shuttle Departs: Recreation Center.

#8947	Thu	1/9	SOMIS CAFÉ & MARKET (MEXICAN/SOMIS)
#8948	Wed	2/5	HIDDEN CAFE (AMERICAN/CAMARILLO)
#8949	Tue	3/3	THE MASALA TWIST (INDIAN/OXNARD)

City of Agoura Hills
Department of Community Services
Agoura Hills Recreation and Event Center
29900 Ladyface Court
Agoura Hills CA 91301
Phone: (818) 597-7361

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COMMUNITY INFORMATION

Agoura Hills Public Library
(818) 889-2278
Department of Motor Vehicles
(DMV)
(800) 777-0133
Meals On Wheels
(805) 370-4295
Medicare
(800) 633-4227
Social Security Administration
(TO)
(800) 772-1213
Cancer Support Community
(805) 379-4777
Dial-A-Ride (Agoura Hills)
(818) 707-2005
Dial-A-Ride (Calabasas)
(818) 632-6211
Dial-A-Ride (Thousand Oaks)
(805) 375-5467
United States Post Office
(Agoura Hills)
(800) 275-8777
Animal Control
(818) 991-0071

Las Virgenes Water District
(818) 251-2100
Sheriff's Dept.
(non-emergency)
(818) 878-1808
Southern California Edison
(800) 655-4555
Southern California Gas Co
(800) 427-2200
Urgent Care (Westlake Village)
(805) 379-9125
Urgent Care (Thousand Oaks)
(805) 373-1785
Urgent Care (Thousand Oaks)
(805) 495-6866
Kaiser Permanente
(Urgent Care)
(818) 719-2000
Snake Problems
911
TTY (Touch To Talk) Relay Call
(800) 735-2929



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-Trips into/out of Agoura Hills/Malibou Lake:
\$1.50 per one way trip.
-Trips to appointment based destinations
Westlake Village/Thousand Oaks/
Woodland Hills: \$3.00 per one way trip.
MUST HAVE EXACT CHANGE.

HOURS OF OPERATION:
Mon-Fri: 7:00am-7:00pm
Saturday: 9:00am-4:00pm
*No Sunday or Holiday service
(Christmas Day & New Year's Day)