



City of Agoura Hills  
Department of Community Services

# **SENIOR** **MOMENTS**

Recreational Programs for adults 50+

**WINTER 2020**  
**JANUARY**  
**FEBRUARY**  
**MARCH**

**The Center will be closed on:**

**Tuesday, 12/24**  
**Wednesday, 12/25**  
**Tuesday, 12/31**  
**Wednesday, 1/1**  
**Monday, 1/20**  
**Monday, 2/17**

**Winter Registration:**

**In-person registration for Winter  
classes and excursions begins  
Monday, December 2nd at 8:00am.  
Registration numbers will be  
handed out beginning at 7:00am.**

**Weekly E-Blasts:**

**Do you receive the Monday  
Mornings weekly e-blast?  
Monday Mornings is the best  
way to get up-to-date  
information and reminders  
about the events, activities  
and classes. If you would like  
to receive our weekly emails,  
please let us know.**

**Agoura Hills Recreation and Event Center  
29900 Ladyface Court • Agoura Hills • CA • 91301  
(818) 597-7631 • [agourahillsrec.org](http://agourahillsrec.org)**





# FOR THE COMMUNITY

## REYES ADOBE HISTORICAL SITE

### PUBLIC TOURS (Winter Schedule):

2nd Saturday of the month

or by appointment:

Operating Hours: 1:00-4:00pm

Last tour begins 3:30pm

### Donations Accepted:

Adults \$3

Seniors \$2

Child: 5-12 \$1

Location: 30400 Rainbow Crest Dr. Agoura Hills, CA

Telephone: (818)597-7361

Educational/Group Tours: May be scheduled by Appointment at [www.caminorealhistorical.com](http://www.caminorealhistorical.com)

**Seeking Docents to lead tours or assist at special events. Contact the Recreation Center for more information.**



## A.S.A. DONATIONS

### Help Support Our Troops

The City of Agoura Hills is a proud partner with America Supporting Americans. Donations go directly to our troops. For more information, go to [www.asa-usa.org](http://www.asa-usa.org).

- Baby Wipes
- Hand Sanitizers
- Power Bars
- Dried Fruit
- Nuts
- Gum
- Candy
- Coffee
- Shaving cream
- Face cream
- Flavored drink packets
- Tea
- Athletic Socks
- Lip Balm
- Cotton Swabs
- Jerky
- Snack Size Trail Mix
- Soup
- Beef Stew
- DVDs
- Bug spray
- Sunscreen
- Reusable razors w/ blades
- Eye drops
- Puzzles
- Pens
- Greeting Cards
- Pipe Cleaners
- Oatmeal
- Toothpaste
- Top Ramen
- Air Freshener (non-spray)
- Fruit Cups
- Letters from children and adults

## OSHER LIFELONG LEARNING INSTITUTE (OLLI): FALL SEMESTER 2019

The OLLI at CSU Channel Islands brings the excitement and stimulation of college learning to area adults (50 or better) who wish to extend their learning experiences. Courses are being offered at the Agoura Hills Recreation and Event Center. Classes are held on Mondays and will begin in January. For semester information, go to [go.csuci.edu/olli](http://go.csuci.edu/olli) or call (805)437-2748.





# FOR THE COMMUNITY

## ROSE PARADE \*ALL AGES

Join us for the 131st Tournament of Roses Parade themed "The Power of Hope," featuring Rita Moreno, Gina Torres, and Laurie Hernandez as Grand Marshals. Registration fee includes bus transportation and reserved bleacher seats.

Reserved bleacher seating will be on 1630 E. Colorado Blvd. Participants will ride in style aboard a comfortable coach bus. TICKETS SELL OUT FAST! THIS TRIP WILL OCCUR RAIN OR SHINE.

Meal is not included in the price of this trip.  
Note: LIGHT/MODERATE WALKING AND STAIRS.  
THERE ARE NO REFUNDS/TRANSFERS/CREDITS FOR THIS TRIP.

Location: Pasadena \* Bus Departs: City Hall #8776 Wed 6:00am-2:00pm 1/1/20 \$85

## TECH HELP

Meet helpful students who will help you with a variety of electronic and technological needs with your favorite devices!

This is a FREE drop-in program. Program runs through the end of the school year.

Location: Agoura High School Media Center  
28545 W. Driver Ave, Agoura Hills  
Time: 3:30pm-5:30pm  
Dates: 12/3-5/19 (twice a month)

For Questions Contact: Amber Smart,  
Agoura High School Media Clerk,  
(818) 889-1262 ext. 51288



## WATERCOLOR ART CLASSES \* AGES 18+

Beginners through advanced artists will enjoy and learn methods of creating bright, fun, colorful, and interesting watercolors. \$5 fee for instructors materials is due at the first class of each month. First-time students will be provided with material list and materials they don't have for first two sessions.

Instructor: David Deyell \*Location: Multi-Purpose 2  
#9025 Tue 12:00-3:00pm 1/7-1/28 \$48  
#9026 Tue 12:00-3:00pm 2/4-2/25 \$48  
#9027 Tue 12:00-3:00pm 3/3-3/31 \$60

## FARHANA'S INDIAN COOKING CLASS \*AGES 18+

Veteran Cooking Instructor (20+ years) and award-winning cookbook author Farhana will present simplified steps and valuable time-saving tips for cooking Indian at home. Farhana's cooking classes were voted "A Top Event" in L.A. Weekly's Best of L.A.! There is a \$20 non-refundable lab fee payable to the instructor on the night of the event - cash only. Instructor: Farhana Sahibzada \*

Location: Catering Kitchen

**EASY STEPS AND SECRET INGREDIENTS:** Vegetable Rice Biryani for special occasions or to perk up your every day meals, topped with a garnish of pan grilled onions, nuts and raisins, and seasoned with saffron. Malai Kofta (or Veggie Meatballs) is a clever combination of vegetables and nuts that form mouth watering and flavorful meatless meatballs!

#8926 Thu 6:00-8:00pm 2/6 \$44

**INDIAN VEGETARIAN COOKING CLASS:** Come and discover the secret ingredients and seasoned techniques to master these recipes in one session. You will benefit from precision seized thru years of experience from a veteran teacher!

Paneer Masala with a side of Aloo Pala (spinach and potatoes).

#8927 Thu 6:00-8:00pm 3/26 \$44



# IN PARTNERSHIP WITH SENIOR CONCERNS

## QUARTERLY TIP

### Emergency preparedness:

Recently, our community has been hit with numerous fires and many have had to evacuate several times. We have also been hearing that the "big" earthquake is coming. Now is the time to prepare and make a plan if you have not already.

The Center for Disease Control and Prevention states that if you are an older adult living in the community, you may face some challenges during an emergency. For example, you may not have any family or friends nearby to support you. Support services that are usually available may be unavailable for a period of time. Prepare for an emergency by creating a plan, reviewing it regularly, and keeping an emergency supply kit.

1. First step is creating a plan: Work with family, friends, and/or neighbors to create a plan that fits your needs. Like picking a contact person who will check on you and deciding how and who you will go with during an evacuation.

2. Creating an Emergency Supply Kit After an emergency, you may not have access to clean water or electricity. Make sure you are prepared with your own supply of food, water, and other items to last for at least 72 hours.

### Medical-Related Items:

- o A 3-day supply of medicine, at a minimum.  
\*Reminder: if medications need to be kept cold, have a cooler and ice packs available.
- o ID band
- o Hearing aids and extra batteries
- o Documents (Keep physical copies in a water-proof bag and take photos of each document for backup):
  - o Contact information for family members, doctors, pharmacies and/or caregivers
  - o List of all medications, including the exact name of the medicine and the dosage, and contact information for pharmacy and doctor who prescribed medicine
  - o List of allergies to food or medicines
  - o Copies of medical insurance cards
  - o Copies of a photo ID
  - o Durable power of attorney and/or medical power of attorney documents, as appropriate.
- 3. Review and practice your plan regularly!

## CAREGIVER SUPPORT GROUP

Support Groups for caregivers, spouses, and families of loved ones with Alzheimer's, Dementia, Parkinson's, Cancer and other diseases. If you would appreciate a safe and welcoming environment to share stories, gain support, and give support to others, or need new ideas, then please join us! Senior Membership is not required.

**TO RESERVE YOUR SEAT:**  
Call (818) 597-7361 or go online to  
[www.agourahillsrec.org](http://www.agourahillsrec.org)  
Light refreshments served.  
Pre-registration recommended.

**LOCATED AT:**  
Agoura Hills Recreation and Event Center  
29900 Ladyface Court, Agoura Hills

1st and 3rd Tuesday of the month  
3:00-4:30pm  
#8998  
FREE



# ON THE DAILY

Participants must sign a registration form quarterly.  
Senior membership is required for most activities.  
Meeting days, times, and locations subject to  
change without notice.  
See front desk upon arrival for programs or call  
ahead of program time.

## WEDNESDAY

10:00am-3:30pm	<b>Mah Jongg Open Play (Singles Welcome)</b> <b>*No instruction provided*</b> #8974 1/8-3/25 Sun Room Free
1:30pm-3:00pm	<b>Current Events Discussion Group</b> #8902 1/8-3/25 Senior Room Free
2:00pm-4:00pm	<b>Hilary's Book Club for Seniors</b> #8954 2nd Wednesday Conference Room Free (Call Center for book titles. Books will not be provided.)

## MONDAY

11:00am-3:00pm	<b>Bridge (40 Players Maximum)</b> #8925 1/3-3/30 Senior Room Free
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## TUESDAY

10:30am-12:00pm	<b>Adventures in Good Music</b> #8859 1st, 3rd & 4th Tue Conference Room Free
11:00am-2:30pm	<b>Mah Jongg (2 tables)</b> #8972 1/7-3/31 Sun Room Free
11:15am-12:30pm	<b>Book Club</b> #9023 3rd Tue of the month MPR 1 Free (Call Center for book titles. Books will not be provided.)

12:15pm-3:00pm	<b>Bingo (Must have 4 to play)</b> #8875 1/7-3/31 Senior Room \$.75 per card
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1:00pm-3:00pm	<b>Senior Concerns Advocate*</b> 1st & 3rd Tue of the month Conference Room Free *Membership not required.
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3:00pm-4:30pm	<b>Caregiver Support Group for Spouses*</b> #8998 1st & 3rd Tue of the month Conference Room Free *Membership not required.
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4:00pm-7:00pm	<b>Open Play/Canasta (2 tables)</b> #8977 1/7-3/31 Sun Room Free
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## THURSDAY

11:00am-3:00pm	<b>Board Games</b> #8876 1/2-3/26 Sun Room Free
11:00am-12:30pm	<b>Knitting &amp; Crocheting Social</b> #8966 1/2-3/26 MPR 2 Free
12:15pm-3:00pm	<b>Bingo (Must have 4 to play)</b> #8875 1/2-3/26 Senior Room \$.75 per card

## FRIDAY

11:00am-3:00pm	<b>Bridge (40 Players Maximum)</b> #8925 1/3-3/27 Senior Room Free
11:00am-12:30pm	<b>WISDOM – Women's Discussion Group</b> #9029 1/3-3/27 Conference Room Free



### ARTHRITIS CLASS

This class incorporates dancing (seated or standing) flexibility, range of motion, strength training, endurance, coordination, and deep breathing. Most, but not all, of the exercises are done seating in a chair. Class is held on Thursdays from 10:00-11:00am. Instructor: Lois Jackson \* Location: MPR 1

#8860	Thu	1/2-1/30	\$12.50, \$4 drop-in
#8861	Thu	2/6-2/27	\$10.00, \$4 drop-in
#8862	Thu	3/5-3/26	\$10.00, \$4 drop-in

### LAUGH, FLEX & STRETCH

Through movement and specific exercise, you will build stronger and healthier muscles, which will improve and enhance your balance and daily living.

Class is held on Tuesdays from 10:00-11:00am.

Instructor: Lois Jackson \* Location: MPR 1

#8967	Tue	1/7-1/28	\$14.00, \$4 drop-in
#8968	Tue	2/4-2/25	\$14.00, \$4 drop-in
#8969	Tue	3/3-3/31	\$17.50, \$4 drop-in

### CHAIR YOGALATES

A gentle Yoga class in a chair using and incorporating Pilates movements and breath to strengthen the core and the back! The MELT® Method is incorporated into our practice. Class is held on Wednesdays and Fridays from 11:00am-12:00pm. No class 1/17. Instructor: Ilene Berke, Certified Yoga Therapist, and certified Pilates and MELT®

Instructor. Location: MPR 2 (Wed), MPR 1(Fri)

#8895	Wed	1/8-1/29	\$33.00, \$10 drop-in
#8897	Wed	2/5-2/26	\$33.00, \$10 drop-in
#8899	Wed	3/4-3/25	\$33.00, \$10 drop-in
#8894	Fri	1/3-1/31	\$33.00, \$10 drop-in
#8896	Fri	2/7-2/28	\$33.00, \$10 drop-in
#8898	Fri	3/6-3/27	\$33.00, \$10 drop-in

### MELT® SERIES

This treatment focuses on eliminating stuck stress and hydrating your connective tissue/fascia, which wraps around all your muscles and joints.

Please bring a bottle of water, wear comfortable clothes, and be prepared to remove your shoes. Pre-registration is highly suggested, as space is limited. There are no drop-ins for this class. Instructor: Ilene Berke, Certified Yoga Therapist, and Certified Pilates and MELT® Instructor

\* Location: Multi-Purpose 2

#9020 Fri 12:15-1:15pm 1/31-2/21 \$60.00

# FITNESS

### BUFF BONES \* SENIOR MEMBERSHIP NOT REQUIRED

This is a Pilates-based mat class using bone-strengthening and targeted restorative muscle-building techniques. The class is specifically sequenced to restore alignment, core strength, posture & balance. Class is held on Mondays and Wednesdays from

11:15am-12:30pm. Students must be able to get up & down from floor without assistance.

Pre-Registration is suggested; class can reach maximum enrollment. Drop-ins may not be granted. Instructor: Aggie Winston on

Wednesdays, Barbara West on Fridays. No class on 1/20. \* Location: MPR 1 \* 10-Week Session

#8888	Mon	1/6-2/10	\$40.00, \$10 drop-in
#8889	Wed	1/8-2/12	\$48.00, \$10 drop-in
#8891	Mon	2/24-3/30	\$48.00, \$10 drop-in
#8892	Wed	2/26-4/1	\$48.00, \$10 drop-in

### BOLLYWOOD DANCE

### \*SENIOR MEMBERSHIP NOT REQUIRED

This class offers dance and movement for all levels, whether you are a beginner or a seasoned performer. Inspired by the high-energy music from Bollywood Indian movies. Class is held on Sundays from 10:00-11:00am.

Instructor: Monica Sarin \* Location: MPR 1 & 2

#8880	Sun	1/5-1/26	\$48.00, \$15 drop-in
#8881	Sun	2/2-2/23	\$48.00, \$15 drop-in
#8882	Sun	3/1-3/29	\$60.00, \$15 drop-in

### BOLLYWOOD LEVEL I

### \*SENIOR MEMBERSHIP NOT REQUIRED

This class offers dance and movement for all levels, whether you are a beginner or a seasoned performer. Inspired by the high-energy music from Bollywood Indian movies. Class is held on Mondays from 6:30-7:30pm. No class 1/20, 2/17.

Instructor: Monica Sarin \* Location: MPR 1 & 2

#8883	Mon	1/6-1/27	\$36.00, \$15 drop-in
#8884	Mon	2/3-2/24	\$36.00, \$15 drop-in
#8885	Mon	3/2-3/30	\$60.00, \$15 drop-in



# THERE IS NO DISCOUNTING OF FEES



## DO IT NOW SENIOR FITNESS

Different weights and degrees of intensity in band resistance allow Seniors of different fitness levels to enjoy upbeat music and expert instruction. Class is held on Mondays and Thursdays from 2:00-3:00pm. No class 1/20 and 2/17.

Instructor: Tamara Kilpatrick \* Location: MPR 1

#8906	Mon	1/6-1/27	\$15.00 once/week, \$7/drop-in rate
#8907	Thu	1/2-1/30	\$25.00 once/week, \$7/drop-in rate
#8912	M & Thu	1/2-1/30	\$32.00 twice/week, \$7/drop-in rate
#8908	Mon	2/3-2/24	\$15.00 once/week, \$7/drop-in rate
#8909	Thu	2/6-2/27	\$20.00 once/week, \$7/drop-in rate
#8913	M & Thu	2/3-2/27	\$28.00 twice/week, \$7/drop-in rate
#8910	Mon	3/2-3/30	\$25.00 once/week, \$7/drop-in rate
#8911	Thu	3/5-3/26	\$20.00 once/week, \$7/drop-in rate
#8914	M & Thu	3/2-3/30	\$36.00 twice/week, \$7/drop-in rate



## QIGONG W/TAI CHI LEVEL 1

**\*MEMBERSHIP REQUIRED FOR SENIOR PRICE**

Tai Chi is an ancient Chinese discipline consisting of meditative moments practiced as a system of exercises. The form of Tai Chi known as "24 Form" is based on the natural movements of water and wind. It enhances relaxation, poise, balance, and strength. The instructor incorporates Qigong as well. Class is held on Wednesdays, from 2:30-3:30pm.

Instructor: Kimiko Kuwamoto \* Location: MPR 1

#8982	Wed	1/8-2/29	\$30.00 senior*, \$11 drop-in
#8983	Wed	2/5-2/26	\$24.00 senior*, \$11 drop-in
#8984	Wed	3/4-3/25	\$24.00 senior*, \$11 drop-in

## TAI CHI LEVEL 2

**\*MEMBERSHIP REQUIRED FOR SENIOR PRICE**

The traditional 108 forms, 42 form, fan form, & knife form will provide insights into deeper relaxations and help the practitioner to cultivate patience and focus through the internal strengthening of moment-to-moment awareness.

Class is held on Wednesdays, from 3:30-4:30pm.

Instructor: Kimiko Kuwamoto \* Location: MPR 1

#9015	Wed	1/8-1/29	\$30.00 senior*, \$11 drop-in
#9016	Wed	2/5-2/26	\$24.00 senior*, \$11 drop-in
#9017	Wed	3/4-3/25	\$24.00 senior*, \$11 drop-in

## STRENGTH TRAINING

**\*MEMBERSHIP NOT REQUIRED**

This class is focused on improving muscle mass and bone density. Participants will be progressed from their current capability to a higher level of fitness. Improve your form for push ups, squats, lunges, and other body weight exercises.

Weighted exercises and cardio elements will also be done. Must be able to get up and down to floor. Class on Mondays held from 9:45-10:45am, class on Thursdays held from 12:30-1:30pm. No class 1/20, 2/13, 2/17, and 2/20.

Instructor: Del Herrera, NASM CPT

\* Location: MPR 1 & 2

#9001	Mon	1/6-3/9	\$80.00, \$12 drop-in
#9096	Thu	1/9-3/12	\$80.00, \$12 drop-in
#9096	Mon	3/23-5/11	\$80.00, \$12 drop-in

## SENIOR JAZZERCISE LITE

This class offers an easy to follow routine: gentle warm-ups, low-impact aerobics, muscle toning, stretching segments, and cool-down. Class is held on Tuesdays and Thursdays from 8:45-9:45am. Payments are made to Elizabeth Eaves. Membership is paid at the front desk.

Instructor: Elizabeth Eaves \* Location: MPR 1 & 2  
#8963 Tue/Thu 1/7-3/31 \$34.00 per month

First-time fitness participants, please arrive early to register for classes. Drop-in participants, please arrive early to pay drop-in fee. Fitness Pass holders, please arrive early to have your pass signed each time.

Please check in with instructors for schedule changes.





# FITNESS PASS & BIRTHDAYS

## FITNESS PASS PROGRAM

Must be a 2020 Senior Member to purchase a Senior Discount Fitness Pass. Pick and choose classes that are conducive to your schedule. \*Passes are signed off for each class attended.

### GENTLE YOGA

Various breathing techniques and guided meditations are included to help balance the nervous system and support a healthy body, mind, and immune system. Bring a towel and mat. Class is held on Fridays from 8:30-9:30am. Bring a towel and mat. Additional props are provided.

Instructor: Bita Peck \* Location: MPR 1 & 2

Fitness Pass      On going      \$50/10 classes, \$8 drop-in

### ZUMBA GOLD

Takes the Zumba formula and modifies the moves and pacing to suit the needs of the active older participant, as well as those just starting their journey to a fit and healthy lifestyle. Class is held on Wednesdays and Fridays from 9:45-10:45am. Instructor: Del Herrera \* Location: MPR 1 & 2

Fitness Pass      On going      \$50/10 classes, \$8 drop-in

## HAPPY BIRTHDAY TO OUR CURRENT SENIOR MEMBERS!

### JANUARY:

1/1 - Bill Harney  
1/1 - Michael Hayward  
1/1 - Helene Rosen  
1/1 - Susan Sherman  
1/7 - Lucy Reisch  
1/9 - Julia Hayward  
1/10 - Nina Olander  
1/15 - Matt Mandell  
1/17 - Wanda Lozano  
1/19 - Dorothy Davis  
1/29 - Diane Goldstein  
1/29 - Minaldevi Patel

### FEBRUARY:

2/1 - Ellie Jacobs  
2/5 - George Rimmelle  
2/10 - Jane Cohen  
2/11 - Harriett Rozanski  
2/12 - Enrique Schleien  
2/15 - Carol Kinard  
2/18 - Theresa Sumburger  
2/20 - Pat Perlmutter  
2/21 - Susan Lopez  
2/21 - Alyce Nine  
2/22 - Joyce Buckley  
2/28 - Teryl Brooks  
2/28 - Barbara Fuhlage  
2/28 - Elizabeth Winters

### MARCH:

3/6 - Max Lipsky  
3/8 - Vicki Green  
3/8 - Lylene Sheets  
3/9 - Helaine Portnoy  
3/10 - Jack Albright  
3/10 - Ruth Baker  
3/11 - Yvonne Burns  
3/12 - Sharon Hasegawa  
3/12 - Lourdes Retana  
3/21 - Shirley Zwers  
3/25 - Linda Friedman  
3/27 - Patricia Gaber  
3/28 - Dianne Eubanks  
3/31 - Gary Evans  
3/31 - Aissa Wayne Conrad

If your birthday is shown as incorrect or missing, please check or update your profile with the front desk.





# PANTAGES THEATRE & EXCURSIONS

## SENIOR EXCURSIONS: SENIOR MEMBERSHIP REQUIRED

**\*TRIP LOCATIONS, TRANSPORTATION, TIME, AND PRICING ARE SUBJECT TO CHANGE WITHOUT NOTICE\***

**\*SEE MEMBERS AND GUEST AND BOARDING OF THE BUS INFORMATION LISTED BELOW\***

**\*TOUR ESCORTS ARE NOT RESPONSIBLE FOR ARRANGING TRANSPORTATION TO AND FROM THE CENTER\***

**\*2020 SENIOR MEMBERSHIP REQUIRED UNLESS NOTED\***

## MEMBERS AND GUESTS

**Must be a current 2020 Senior Member to enroll in the following trips.** Senior members are allowed two guests per calendar year. An individual may only be a guest two times per calendar year. Senior participants who wish to register a guest may do so after the first week of registration.

Enrolled guests must fill out a waiver and provide emergency contact information.

## SPRING EXCURSION REGISTRATION:

In person registration: Monday, March 9th, from 8:00am–10:00am. Must be a 2020 Senior Member and be present to register. Cannot register another individual; must be present to register. Drop off/

Mail-in registrations processed after 12:00pm on March 9th, or after all walk-in registrations have been processed. Online registration is on Tuesday, March 10th, starting at 7:00am.

## THEATRE PERFORMANCES:

MARGARITAVILLE

Welcome to Margaritaville, where people come to get away from it all and stay to find something they never expected! This musical comedy features both original songs and your most-loved Jimmy Buffett classics, including "Fins," "Volcano," "Cheeseburger in Paradise," and many more. Meal is not included in the price of the trip. NOTE: MODERATE WALKING. REFUNDS/TRANSFERS/CREDITS GRANTED ONLY IF YOUR SPOT

CAN BE FILLED. Location: Dolby Theatre \* Shuttle Departs: Recreation Center  
#9087 Wed 4:30pm-11:00pm 3/4/20 \$85

## MY FAIR LADY:

Boasting classic songs as "I Could Have Danced All Night," "The Rain in Spain," "Wouldn't It Be Loverly," and "On the Street Where You Live." My Fair Lady tells the story of Eliza Doolittle, a young Cockney flower seller, and Henry Higgins, a linguistics professor who is determined to transform her into his idea of a "proper lady." But who is really being transformed? Me! is not included in the price of this trip.

NOTE: MODERATE WALKING. REFUNDS/ CREDITS/ TRANSFERS GRANTED ONLY IF YOUR SPOT CAN BE FILLED.

Location: Dolby Theatre \* Shuttle Departs: Recreation Center  
#9088 Wed 4:30pm-11:00pm 6/24/20 \$85

## THE BAND'S VISIT:

In an Israeli desert town where every day feels the same, something different is suddenly in the air. Dina, the local café owner, had long resigned her desires for romance to daydreaming about exotic films and music from her youth. When a band of Egyptian musicians shows up lost at her café, she and her fellow locals take them in for the night. Under the spell of the night sky, their lives intertwine in unexpected ways, and this once-sleepy town begins to wake up. Meal is not included in the price of this trip. NOTE: MODERATE WALKING. REFUNDS/CREDITS/TRANSFERS GRANTED ONLY IF YOUR SPOT CAN BE FILLED.

Location: Dolby Theatre \* Shuttle Departs: Recreation Center  
#9089 Fri 4:30pm-11:00pm 7/17/20 \$85

# SENIOR MEMBERSHIP REQUIRED



## MUSIC CENTER TOUR

We will be touring the three separate theatres that comprise the Music Center complex, plus the Disney Hall. The three theatres are the Dorothy Chandler Pavilion, the Mark Taper Forum, and the Ahmanson Theater. The Dorothy Chandler boasts 3,200 seats and is one of the largest stages in the country. It is the venue of the L.A. Opera. The interior is lavish, with a stunning marble lobby, beautiful crystal chandeliers, and lovely tapestries and sculptures. This was the home of the Academy Awards from 1969-1986. After our tour, we will be lunching at the iconic Pacific Dining Car. (\$\$\$) Meal is not included in the price of this trip. NOTE: EXTENSIVE WALKING AND IS NOT HANDICAPPED ACCESSIBLE. REFUNDS/TRANSFERS/CREDITS GRANTED ONLY IF YOUR SPOT CAN BE FILLED.

Location: Los Angeles \*

Shuttle Departs: Recreation Center

#9082 Wed 7:30am-4:00pm 1/8 \$20

## BY POPULAR REQUEST: A RETURN TO THE LAST BOOKSTORE

We will be re-visiting a venue that all of us book enthusiasts know and love—The Last Bookstore. If you missed this trip in June of last year, here is your opportunity to browse 250,000 new and used books. If you are interested in vinyl records, this store has tens of thousands to select from! If you love books, please join us for a return visit and help to keep actual books and records alive in the world. After our book browse, we will be lunching at Cole's French Dip, home of the luscious Fat Elvis chocolate pie. Meal is not included in the price of this trip. NOTE: MODERATE WALKING AND IS HANDICAPPED ACCESSIBLE. REFUNDS/TRANSFERS/CREDITS GRANTED ONLY IF YOUR SPOT CAN BE FILLED.

Location: Los Angeles \*

Shuttle Departs: Recreation Center

#9083 Wed 9:30am-4:00pm 1/15 \$20



## FREDERICK R. WEISMAN ART FOUNDATION

We will be visiting the Fredrick R. Weisman House and Annex, where we will see one of the largest and most important private collections of postwar art in the world. Mr. Weisman began his collection in 1950 and later had an annex built to display the rest of his collection. This house is a beautiful Mediterranean style designed by the famous Gordon Kaufmann. We will be lunching after our tour at Matteos in Westwood. Meal is not included in the price of this trip. NOTE: EXTENSIVE WALKING AND IS NOT HANDICAPPED ACCESSIBLE. REFUNDS/TRANSFERS/CREDITS GRANTED ONLY IF YOUR SPOT CAN BE FILLED.

Location: Los Angeles

\* Shuttle Departs: Recreation Center

#9085 Tue 8:30am-3:30pm 2/11 \$20

## DAY TRIPPIN' ON THE SHUTTLE: CHINATOWN

Fifty-one years ago, on the sunny Saturday of June 25, 1938, California Governor Frank Merriam and a host of dignitaries dedicated Los Angeles Chinatown's Central Plaza in a gala Grand Opening ceremony. This colorful urban setting explodes in a fantasy of sights and sounds. Every day of the year, Chinatown is an inevitable movable feast for the senses, a vibrant center of commerce, tourism, culture, and community. You will be given plenty of time to explore and have lunch on your own. Meal is not included in the price of this trip. NOTE: EXTENSIVE WALKING AND IS HANDICAPPED ACCESSIBLE. PLEASE BRING CASH, AS MANY SMALLER STORES MAY NOT ACCEPT CREDIT CARDS.

REFUNDS/TRANSFERS/CREDITS GRANTED ONLY IF YOUR SPOT CAN BE FILLED. Location: Los Angeles \*

Shuttle Departs: Recreation Center

#8962 Thu 9:30am-3:30pm 2/13 \$20

## SLOTS OF FUN - CHUMASH CASINO

Meal is not included in the price of the trip. NOTE: LIGHT/MODERATE WALKING. NO REFUNDS/TRANSFERS/CREDITS AFTER 2/13. Location: Santa Ynez

\* Shuttle Departs: Recreation Center

#9000 Thu 9:00am-7:00pm 2/27 \$15



# SENIOR MEMBERSHIP REQUIRED



## DINING ADVENTURES - ART'S DELI

Our next sojourn in our search for good "New York-style" delis in L.A. will take us to Art's Famous Deli in Studio City, founded in 1957. The motto of the restaurant became "Where Every Sandwich is a Work of Art."

Art is retired now, but his son is there still maintaining the traditional Jewish faire from the family recipes of the 1900's. Come join us for a taste of their Greek salad with herring-sweet, filled with crunchy cabbage, elegant squares of herring and olives. Or try any of their triple-decker combinations. So good! Meal is not included in the price of this trip. NOTE: LIGHT WALKING AND IS HANDICAPPED ACCESSIBLE. NO REFUNDS/TRANSFERS/CREDITS AT ALL FOR THIS TRIP.

Location: Studio City \* Shuttle Departs: Recreation Center

#8905 Wed 10:30am – 2:30pm 3/11 \$5



## SANTA BARBARA INTERNATIONAL ORCHID SHOW

The Orchid show is one of the largest and oldest orchid shows in the United States. Visitors delight in vibrant displays of blooming orchids, with exhibits designed to each year's show theme. A step into the exhibit hall is a step into the lush colors and fragrances of exotic, beautiful orchids. For visitors who wish to purchase blooming orchid plants, growing supplies, and orchid-related art will be available. Lunch will be at Jack's Bistro before we go to the show. Jack's is known for their homemade bagels. Meal is not included in the price of this trip. NOTE: EXTENSIVE WALKING AND IS HANDICAPPED ACCESSIBLE.

REFUNDS/TRANSFERS/CREDITS GRANTED ONLY IF YOUR SPOT CAN BE FILLED. Location: Santa Barbara \* Shuttle Departs: Recreation Center

#9084 Fri 9:00am-3:30pm 3/13 \$28

## GOURMET SOCIAL DINNER CLUB: MYSTERY DINNER

Due to many requests, we will be having a mystery dinner at Maggianos in March, at The Grove. The cost of the trip will be between \$75-\$100. There will be an interest list awaiting your signatures before registration. Note: LIGHT WALKING AND IS HANDICAPPED ACCESSIBLE. NO REFUNDS/TRANSFERS/CREDITS AT ALL FOR THIS TRIP.

Location: Los Angeles

\* Shuttle Departs: Recreation Center

#8950 TBD TBD \$TBD



## AUDUBON CENTER TOUR/BARON'S HATS

The Audubon Center at Debs Park is an environment community hub which has inspired a love of nature in over a quarter million residents of America's second-largest metropolis. Debs Park is an urban oasis for wildlife and people. After our tour of the Audubon Center, we will be visiting Baron's Hats. They make all the hats for all of the movie studios. You will get a chance to see many of the hats that John Wayne, Clint Eastwood, Humphrey Bogart, Johnny Depp, and many others actually wore in movies. You will also get to watch the way in which these hats are made. We will be lunching at Nickel Diner. Meal is not included in the price of this trip. NOTE: EXTENSIVE WALKING AND IS NOT HANDICAPPED ACCESSIBLE. REFUNDS/TRANSFERS/CREDITS GRANTED ONLY IF YOUR SPOT CAN BE FILLED.

Location: Los Angeles \* Shuttle Departs: Recreation Center

#9086 Tue 8:30am-4:30pm 3/17 \$35

## GOURMET SOCIAL LUNCHEON CLUB

Spend an afternoon exploring different culinary palates. Meal is not included in the price of the trip. Expect to pay \$15-20 for your lunch (cash only). Depart at 11:00am, with return time at 2:00pm. NOTE: LIGHT/MODERATE WALKING. NO REFUNDS/TRANSFERS/CREDITS AT ALL FOR GOURMET LUNCHES. Restaurant Locations:

Subject to change \* Shuttle Departs: Recreation Center.

#8947 Thu 1/9 SOMIS CAFÉ & MARKET  
( MEXICAN/SOMIS)

#8948 Wed 2/5 HIDDEN CAFE  
(AMERICAN/CAMARILLO)

#8949 Tue 3/3 THE MASALA TWIST  
( INDIAN/OXNARD)

City of Agoura Hills  
Department of Community Services  
Agoura Hills Recreation and Event Center  
29900 Ladyface Court  
Agoura Hills CA 91301  
Phone: (818) 597-7361

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## COMMUNITY INFORMATION

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Agoura Hills Public Library  
(818) 889-2278  
Department of Motor Vehicles (DMV)  
(800) 777-0133  
Meals On Wheels  
(805) 370-4295  
Medicare  
(800) 633-4227  
Social Security Administration (TO)  
(800) 772-1213  
Cancer Support Community  
(805) 379-4777  
Dial-A-Ride (Agoura Hills)  
(818) 707-2005  
Dial-A-Ride (Calabasas)  
(818) 632-6211  
Dial-A-Ride (Thousand Oaks)  
(805) 375-5467  
United States Post Office (Agoura Hills)  
(800) 275-8777  
Animal Control  
(818) 991-0071

Las Virgenes Water District  
(818) 251-2100  
Sheriff's Dept. (non-emergency)  
(818) 878-1808  
Southern California Edison  
(800) 655-4555  
Southern California Gas Co  
(800) 427-2200  
Urgent Care (Westlake Village)  
(805) 379-9125  
Urgent Care (Thousand Oaks)  
(805) 373-1785  
Urgent Care (Thousand Oaks)  
(805) 495-6866  
Kaiser Permanente (Urgent Care)  
(818) 719-2000  
Snake Problems  
911  
TTY (Touch To Talk) Relay Call  
(800) 735-2929



**DIAL-A-RIDE SERVICES**  
**FOR INFORMATION OR TO CALL FOR A RIDE, CALL (818) 707-2005**

Serving the City of Agoura Hills, Malibou Lake area, and unincorporated Los Angeles County!

**DIAL-A-RIDE FARES:**

-Trips into/out of Agoura Hills/Malibou Lake: \$1.50 per one way trip.  
-Trips to appointment based destinations Westlake Village/Thousand Oaks/ Woodland Hills: \$3.00 per one way trip.  
MUST HAVE EXACT CHANGE.

**HOURS OF OPERATION:**

Mon-Fri: 7:00am-7:00pm  
Saturday: 9:00am-4:00pm  
\*No Sunday or Holiday service  
(Christmas Day & New Year's Day)