

Oakville Parent-Child Centre



Program Guide

Summer 2019



Early  **ON**

Child and Family Centre

Tuesday July 2nd to Friday August 30th

461 North Service Road West, Unit 17 Oakville, Ontario L6M 2V5

info@op-cc.ca | 905-849-6366 | www.op-cc.ca

Registration begins Wednesday June 12th at 6pm and is required for all enrichment programs

Parent & Me Zumba

Want to exercise but find it challenging now with a baby? Come dance with your baby (with baby worn in a carrier) to the rhythms of cumbia, salsa, belly-dancing and more! Get your groove back in a fun, high calorie burning Zumba party! This program is taught by a Certified Zumba Instructor. Baby carrier required.

Start Date	Location	Time	Cost	# Wks	Code
Thurs, July 4	NSR- Main	1:15-2:00	\$40/child	4	F560

Age Group: 2 months up to the age/weight you can carry



Little Creators

See, touch and create! Come join our fun-filled, hands-on program and have messy fun. Each week you and your child will explore and experience art mediums, colour, texture and music while using fine motor skills, hand-eye coordination and social skills. At the end, you will leave with a collection of your child's creations.

Start Date	Location	Time	Cost	# Wks	Code
Mon, July 8	NSR - Satellite	1:00-2:15	\$50/child	3	F561

Age Group: 6 to 18 months

Sun-sational Music

Summer is a "sun-sational" time to bridge strong connections with your child through the joy of music. Music inspires emotion creating a clear passage to long-term memory. Music stimulates and awakens all learning, providing a tranquil state of mind, leading to a favourable mood. Come out to start your day with a high-spirited, enriching class and experience the benefits of music! Join us along with a Music Director as she facilitates this program.

Start Date	Location	Time	Cost	# Wks	Code
Wed, July 17	NSR- Main	10:00-11:00	\$50/child	3	F562
Thurs, July 18	NSR- Main	10:00-11:00	\$50/child	3	F563

Age Group: Newborn to 5 years

Infant Massage

Join Brenda, a certified IAIM instructor, to learn the art of infant massage and to study techniques to help foster close bonds, improve baby's sleep and relieve gas and other symptoms of infant stress.

Start Date	Location	Time	Cost	# Wks	Code
Wed, Aug 7	NSR- Main	12:30-1:30	\$40/child	3	F564

Age Group: Newborn to 12 months

Sizzling Music

Be sure not to fizzle when the summer starts to sizzle! Instead, nurture your child's love of music. Your child's musical interests will peak as we utilize various hand held instruments, dance, sing and more to the rhythms of the season! Join us along with a Music Director for this special one day program.

Start Date	Location	Time	Cost	# Wks	Code
Thurs, Aug 8	NSR- Main	10:00-11:00	\$20/child	1	F565

Age Group: Newborn to 5 years

Centre Closures

Canada Day

July 1st

Civic Holiday

August 3rd & 5th

EarlyON

Child and Family Centre

What you can expect at an EarlyON program:

- Welcoming, high quality program, free of charge
- Safe, clean and age appropriate play spaces that promote children's curiosity, and natural desire to explore and learn
- Opportunities to meet other families
- Access to current information about child development, parenting, community resources and other topics that matter to you
- Visits from our Family Support Coordinator and other guests from time to time
- Many of our programs document children's learning through photographs and stories. Be sure to take a look around and see what's happening as children learn through play
- Lots of fun! Music, movement, literacy, songs and stories are part of all of our drop in programs on a regular basis

Please view pages 4 & 5 for program times and locations

Tickles & Tales

For children newborn to 6 months. Don't miss this fun filled hour of baby games, music, rhymes and stories offered in partnership with the Oakville Public Library. Please join us in the afternoon for lots of fun with your little one.

Mother Goose

For children newborn to 12 months. In this program the parent/child relationship is supported through sharing songs, music and rhymes. Remember songs from your own childhood, learn a few more and sing them with your baby. Join us as we relax a little, let go of daily distractions, meet other families, connect and take a bit of time out from the busy day.

Baby & Me Meet Up

For children newborn to 18 months. Join us and take some time with your little one. Meet new friends, share experiences and explore together. Connect with other families, chat and relax in our spacious, well equipped playroom. Occasional guests will join to help with any questions you may have in your parenting journey.

Fun for Little Ones

For children newborn to 24 months. Babies and toddlers are curious about the world. This is a program designed just for them. A variety of experiences led by the children's interests will encourage them to see, touch and explore what is around them. Our educator will encourage curiosity and wonder and create opportunities for children to learn more about their ideas and their environment. Our Family Support Coordinator will visit from time to time to help answer your questions about this fascinating (and sometimes exhausting) stage of development.

Tales and Tunes

For children 6 to 12 months. Music and stories are an important part of childhood, and essential to opening a child's mind to possibilities. They build a strong foundation for future literacy skills, social and emotional competence and creativity while having lots of fun. Join our educator as she takes you and your child on a journey exploring the best of old and new stories and songs

Cabin Fever

For children newborn to 6 years. Drop by when you can and stay awhile. Our Cabin Fever programs offer something for everyone. Wonderful toys and materials chosen to stimulate open ended play are just waiting for your child to explore and discover. Through fun and play, your child will research and learn about the world they live in and the things that they are curious about. We use photos to create stories of children's learning from time to time so get ready to smile and have fun. There is always lots to do, and new friends to meet. We're looking forward to seeing you.

Adjusting to Parenthood

New baby in the house? Child under 2? Are you surprised or confused about how you are feeling now that you are a parent? You are not alone. Becoming a parent is a life changing and sometimes a difficult transition and we all need some help along the way. Join us and chat with others on the parenting journey and find out you are not alone. A Public Health Nurse, a consultant from ROCK and OPCC's Family Support Coordinator will be available for information and support. Child care newborn to 6 years is available. For more information call 905-849-6366 or drop in and see us.

Oakville Parent-Child Centre Schedule of Programs

July 2nd to August 30th, 2019

NORTH SERVICE ROAD-MAIN						461 North Service Road West, Unit 17
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Toddler Room	Toddler Summertime Emergent Learning 9:00-11:30 <i>see page 6 for details</i>	Toddler Summertime Emergent Learning 9:00-11:30 <i>see page 6 for details</i>	Toddler Summertime Emergent Learning 9:00-11:30 <i>see page 6 for details</i>	Toddler Summertime Emergent Learning 9:00-11:30 <i>see page 6 for details</i>	Toddler Summertime Emergent Learning 9:00-11:30 <i>see page 6 for details</i>	
Parent Room				Adjusting to Parenthood Group* 1:00-3:00 Sizzling Music Newborn – 5 years 10:00-11:00		
Music Room	Mother Goose* Newborn – 12 mths 10:30-11:30	Fun for Little Ones* Newborn – 24 mths 9:30-11:00	Sun-sational Music Newborn – 5 years 10:00-11:00 Infant Massage Newborn – 12 mths 12:30-1:30	Baby & Me Meet Up* Newborn – 18 mths 9:30-11:00 August Only Sun-sational Music Newborn – 5 years 10:00-11:00 Parent & Me Zumba 2 months + 1:15-2:00		
Family Room				Adjusting to Parenthood Group* 1:00-3:00		
Early Learning Room	Cool Kids Camp 9:00-12:00 <i>see page 7 for details</i>	Cool Kids Camp 9:00-12:00 <i>see page 7 for details</i> Ready, Set, School! 1:30-4:00 <i>see page 6 for details</i>	Cool Kids Camp 9:00-12:00 <i>see page 7 for details</i> Ready, Set, School! 1:30-4:00 <i>see page 6 for details</i>	Cool Kids Camp 9:00-12:00 <i>see page 7 for details</i> Ready, Set, School! 1:30-4:00 <i>see page 6 for details</i>	Cool Kids Camp 9:00-12:00 <i>see page 7 for details</i>	
Preschool Room	Summertime Emergent Learning 9:00-12:00 <i>see page 6 for details</i>	Summertime Emergent Learning 9:00-12:00 <i>see page 6 for details</i> Tickles & Tales* Newborn – 6 mths 1:00-2:00 Baby & Me Meet Up* Newborn – 18 mths 2:00-3:30 July Only	Summertime Emergent Learning 9:00-12:00 <i>see page 6 for details</i>	Summertime Emergent Learning 9:00-12:00 <i>see page 6 for details</i> Tickles & Tales* Newborn – 6 mths 1:00-2:00	Summertime Emergent Learning 9:00-12:00 <i>see page 6 for details</i>	
NORTH SERVICE ROAD-SATELLITE						481 North Service Road West, Unit 25
	Cabin Fever* Newborn – 6 years 9:00-12:00 July Only Little Creators 6 - 18 mths 1:00-2:15	Cabin Fever* Newborn – 6 years 9:00-12:00	Cabin Fever* Newborn – 6 years 9:00-2:30	Cabin Fever* Newborn – 6 years 9:00-2:30	Cabin Fever* Newborn – 6 years 9:00-12:00	Cabin Fever* Newborn – 6 years 9:30-11:30 August Only
SIXTH LINE						1500 Sixth Line
	Cabin Fever* Newborn – 6 years 9:30-2:30 July Only		Cabin Fever* Newborn – 6 years 9:30-2:30 July Only		Cabin Fever* Newborn – 6 years 9:30-2:30 July Only	Cabin Fever* Newborn – 6 years 9:30-11:30 July Only
OAKWOOD EARLYON CHILD AND FAMILY CENTRE						357 Bartos Drive (Oakwood Public School)
Due to construction at the school, all Oakwood programs will be relocated to Falgarwood Public School until further notice 1385 Gainsborough Drive, Oakville		Cabin Fever* Newborn – 6 years 9:30-3:00	Cabin Fever* Newborn – 6 years 9:30-12:00	Cabin Fever* Newborn – 6 years 9:30-3:00	Cabin Fever* Newborn – 6 years 9:30-3:00	
COMMUNITY LOCATIONS						Iroquois Ridge Library: 1051 Glenashton Drive
Iroquois Ridge Library	Tales & Tunes* 6 – 12 months 1:30-2:30					
Various Local Parks throughout Oakville	We will be having a number of Pop Up Parks including lots of fun and games at various locations throughout Oakville this summer! Follow us on social media or join our email list to find out the specific times and locations the day before a Pop-Up Park program and get ready for some spontaneous Summer fun!					

EarlyON drop in programs are indicated in **blue***, **Enrichment programs** are indicated in **green**, and Summer Emergent Learning programs are indicated in **black**.

Descriptions of all programs can be found in our program guide or on our website.

While we do our best to ensure accuracy in our program guide, programs sometimes change. Please check our website regularly or sign up for our emails to get the most up to date information.

SUMMERTIME EMERGENT LEARNING*

For children 18 months to 5 years

During the summer, our licensed emergent learning program is offered in four-week sessions. Children will have many learning opportunities through play that will foster their natural curiosity which supports growth and development.

Toddlers—18 to 30 months	Dates	Location	Monthly Fee
2 days: Tuesday and Thursday 9:00-11:30am	July 2-25 and/or	NSR-Main	\$265/month
3 days: Mon/Wed/Fri 9:00-11:30am	July 3-26 and/or	NSR-Main	\$355/month
5 days: Monday—Friday 9:00-11:30	July 2-26 and/or August 6-30	NSR-Main	\$620/month

Preschool—2 ½ to 5 years	Dates	Location	Monthly Fee
2 days: Tuesday and Thursday 9:00-12:00pm	July 2-25 and/or	NSR-Main	\$300/month
3 days: Mon/Wed/Fri 9:00-12:00pm	July 3-26 and/or	NSR-Main	\$385/month
5 days: Monday—Friday 9:00-12:00pm	July 2-26 and/or August 6-30	NSR-Main	\$685/month

**Previously Summertime Nursery School*

READY SET SCHOOL

For children eligible for school in September 2019

This program will help prepare your child to enter into Full Day Kindergarten for September 2019. The Educators will implement an environment that allows them to explore concepts, develop early literacy skills, build self-help skills and social skills. All while having fun!

Ready Set School	Dates	Location	Program Fee
3 days: Tues/Wed/Thurs 1:30-4:00pm	July 2-Aug 22 *No program July 30-Aug 1	NSR-Main	\$735 for full 7 weeks

For all Summer Emergent Learning programs: All cheques should be made payable to Oakville Parent-Child Centre (OPCC for short). Thirty (30) days written notice is required on all withdrawals and a service charge of \$25 will apply. A \$20.00 non-refundable registration fee will apply per family. This fee is due upon registration. Please refer to our General Information Booklet for details on our policies and procedures and how to register.



COOL KIDS CAMP

For children 3 to 5 years

Learning for our children should always be fun, exciting and interactive. Cool Kids Camp will offer weekly topics that will spark curiosity and imagination through music, science, games, art and sensory play. Your child will have the opportunity to explore and learn through 'hands-on' activities.

Weekly camps run Monday - Friday, 9:00-12:00 pm and is located at our North Service Road – Main Location

Week 1	July 2* – 5	Musical Maestros Possible things we will consider with your child; · Different types of music · Exploring a variety of instruments · How is music made?	\$150
Week 2	July 8 – 12	The World Around Us Possible things we will consider with your child; · Earth and Space · Taking care of our planet · Looking at science together and how things react with each other	\$190
Week 3	July 15 – 19	Dinosaurs (part 1) Possible things we will consider with your child; · How do we know dinosaurs existed? · Exploring a variety of dinosaurs · Dinosaur Hunt	\$190
Week 4	July 22 – 26	Water, Water, Everywhere Possible things we will consider with your child; · What is water used for? · Exploring different bodies of water · What lives in the water?	\$190
Week 5	August 6* – 9	Nature's Little Creatures Possible things we will consider with your child; · Insects, bugs and spiders – what's the difference? · Exploring a variety of little creatures · How can we catch bugs?	\$150
Week 6	August 12 - 16	Dinosaurs (part 2) Possible things we will consider with your child are; · Be a paleontologist · Exploring the time of the dinosaurs · How to dig for fossils?	\$190
Week 7	August 19 – 23	Things That Move Possible things we will consider with your child; · How can you move? · Exploring science and how to make things move · Various forms of transportation	\$190

*These camps start on the Tuesday as the Monday is a holiday - Canada Day (July 1) Civic holiday (Aug 5)

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Registration Information

Registration/Becoming a Member

To become a member and to register for any of our programs, please create an online account. Through an online account you will receive immediate confirmation of registrations – and it is first come, first served. Although program registration is not required for our drop-in programs, you are required to be a member. Please visit www.op-cc.ca to register as a member of OPCC.

Online Registration

When registering online:

- Have your account information (username and password) ready
- Full account payment (if applicable) is required to complete registration. VISA & MasterCard accepted

Once you check out, you are provided with a confirmation email and receipt (if applicable).

For more information please review our registration policies and frequently asked questions on our website or through the online registration system.

Fees

OPCC is the EarlyON Child and Family Centre for the Oakville community, and fees are not charged for these programs. For programs that have a fee, payment is due upon registration.

Financial Assistance

We would like ALL families to have the opportunity to participate in all of our programs. If you would like to discuss the payment options available to you or if you require a fee subsidy, please call the North Service Road office and speak to a Manager.

Withdrawals & Refunds

A \$25.00 administration fee is charged for all refund and change requests. Refunds & changes are only available if requested 5 business days before program starts. No refunds or changes are possible after program begins. This excludes licensed programs. Contact our main location for assistance with refunds and changes.

OPCC Philosophy

Our programs provide a safe, positive and nurturing environment for you and your children. Children are seen as competent, capable of complex thinking, curious and rich in potential. We strive to encourage the growth of independence, self-confidence and respect for others at a level appropriate to each child's development. We believe that a child learns through play. Our programs offer many varied opportunities for play, which will cultivate natural curiosity and love for knowledge. "How Does Learning Happen? Ontario's Pedagogy for the Early Years" (2014) guides our programs, ensuring high quality experiences that lead to positive outcomes in relation to children's learning, development, health and well-being.

Inclusion Policy

Our Centre takes pride in offering our programs to all children, regardless of the level of their need. All children are welcomed into our programs and our staff promotes inclusive social play and full participation in all routines and activities in the classroom. Our program includes children with extra supports in approximate proportion to their presence in the population. Our philosophy fosters an environment of mutual respect and understanding which supports the whole family during their preschool journey. OPCC is also committed to supporting you when you experience unique challenges as the parent of a child with special needs. Please contact our North Service Road - Main location if you require additional assistance.

Working collaboratively with professionals from Children's Resource Services, Halton Region and our community partners, our staff strives to ensure a positive outcome for all families and children. If you would like to participate with your child with special needs, in any of our programs and have any questions, please ask!

OPCC is committed to providing accessible programs, services and facilities to ensure people of all abilities can participate in all aspects of our programming. If you require this document in an alternate format, please contact us at 905-849-6366 or info@op-cc.ca.

Our Locations

North Service Road - Main

461 North Service Road West, Unit 17
Main location and administrative offices
Monday to Friday 8:30am - 4:00pm
Between Fourth Line and Dorval Drive on North Service Road W

Oakwood EarlyON Child and Family Centre

357 Bartos Drive
Located at Oakwood Public School

Sixth Line (July Only)

1500 Sixth Line
South of Upper Middle Road in the Plaza across from Munn's Public School

North Service Road - Satellite

481 North Service Road West, Unit 25
Between Fourth Line and Dorval Drive on North Service Road W

Community Locations

Iroquois Ridge Library

1051 Glenashton Drive
Glenashton Drive and Eighth Line

Falgarwood Public School

1385 Gainsborough Drive
Gainsborough Drive and Grosvenor Street