



May 1, 2017 6:30-7:30PM 631-588-5400
101 Hering Drive, Ronkonkoma, NY 11779



Motivational Safety Seminar

KNOWING YOUR PHYSICAL LIMITATIONS – "Think outside the shoe [™]"

MAY 1, 2017 6:30-7:30PM

KNOWING YOUR PHYSICAL LIMITATIONS - "Think outside the shoe [tm]"

- .. The way people think has a greater impact on their lives than a physical limitation.
- .. Flying an airplane is analogous to living life: It takes a lot of hard work to learn to get off the ground and a lot of positivity & skills to navigate the storms.
- .. Jessica's most famous accomplishment was learning how to fly - She, and her first flight instructor, will explain the steps in her journey and how this dream became a reality
- .. She received the Guinness World Record for being the first person certified to fly an airplane with only her feet
- .. Come share your love for aviation and aviation safety with others as passionate about flight as Jessica

About Jessica Cox:

Plane and Pilot Magazine's 10 Best Pilots 2013
Pilot's License 2010
Guinness World Record 2011
Inspiration Award for Women; Most Aspirational 2012 USA, Inspiration International 2013 UK
Author "DISARM YOUR LIMITS 2015
Taekwondo Black Belt 1997; Also driver, surfer, and scuba diver

Registration: <https://www.eventbrite.com/e/think-outside-the-shoetm-with-jessica-cox-tickets-33128385894>