

Mrs. Collins' Corner

Winter Break Websites



"Let us be grateful to people who make us happy; they are the charming gardeners who make our souls blossom." Marcel Proust



This has some great articles for parents. I particularly like the articles, "How to Coach Kids Through Big Emotions," by Jennifer S. Miller, M.Ed and "What Mister Rogers Taught Us About Media and Human Connection", by Lesli Rotenberg. Fun craft ideas and cute games for kids are also included.



It's never too early to start thinking about and planning for college. NHHEAF is a great resource that presents at the high school when the time is right but it has other information for elementary aged students that I use in guidance lessons and has lots of information for parents of students of all ages. Games and activities for kids as well.

[Lynn Lyons](#) I will always recommend Lynn Lyons' website, books, and articles. Vacations are wonderful for recharging our batteries but sometimes it's tough to get back on track after spending some quality time at home. There are many excellent articles as well as a video of a lecture that she gave in December titled, "Can Mr. Rogers Save Us All? Creating More Family Connection and Joy." I haven't watched it yet but it is on my list of things to do next week.



I have truly enjoyed learning more about Choose Love this year and am grateful for some of the wonderful discussions I have had with kiddos in grades K-5 on courage and gratitude. I love that we are talking about and identifying those times that we pushed through a tough time or situation. I also like how taking a "gratitude timeout" can be a strategy to pull us out of a bad mood or a conflict with a peer. On their website is a link for parents and I'm certain they have great ideas to try at home. Please check it out and let me know what you think!