



Building Bright Futures Springfield Regional Council Monthly Meeting Notes

5:30 PM - 7:00 PM, November 14th, 2016 | Location: Springfield Area Parent Child Center

Present: George Keeler, Molly Oglesby, Sarah Orr, Ellen Taetzsch

News and Announcements:

- The Early MTSS application was submitted and we should find out this Friday (11/18) whether or not we were accepted. All regions will be able to participate eventually in different capacities
- The Diaper Dump was a big success for Time for A Change Diaper Bank in Bellows Falls. We filled the back of a pickup truck with diapers and wipes, we also got approximately \$330 in donations. Time for a Change is open to anyone who needs diapers, including southern Windsor and Windham counties. The official hours will be Tuesdays 12-4 at Parks Place but if it is difficult to get diapers that day you can call Parks Place and arrange a different time or way to get diapers.
- Early Childhood Leadership Institute applications are out (<https://snellingcenter.org/early-childhood-leadership-institute/>) and due by January 5th. The program consists of 6 overnight sessions between May and October in order to gain a better understanding of early childhood.
- BBF is participating in Giving Tuesday where it will be raising money for gas cards, emergency food or utility vouchers, books, diapers, laundry vouchers and more. The donation link is (<https://www.givegab.com/nonprofits/building-bright-futures/campaigns/be-a-bff-for-bbf-in-the-springfield-area>).
- Springfield Promise Community met and are looking at short term/long term goals. They have begun to do community outreach and are looking at some easy wins to build momentum.
 - Just a note from Bellows Falls promise community outreach is to use multiple ways to get input. Community Cafes are only one method and not effective for everyone.
- Welcome Baby Bags are going to be assembled soon. All of the materials have been ordered. We secured pajama and book donations for the bags and are still fleshing out ways to outreach to new families.

Review, comment, additions to proposed calendar of BBF events and committee work groups

- See attached sheet for updates

Continue discussion of actions on priority to “Ensure capacity for mental health services, so that all children who need services receive them”

- Discussed holding a summit for professionals, parents and community members (see below)

Review and Comment on Mental Health Survey and discussion on implementation

- Ellen will reach out to HCRS for input and collaboration around the mental health survey
- See attachment for changes in the survey (<https://goo.gl/forms/L55nhDognZPQyEbi1>)
- Discussed holding a summit for professionals, parents and community members called Healthy and Resilient Children in April during school vacation
 - Some topics could be:
 - ACES
 - Mental Health
 - Child Development
 - Nutrition/school lunch programs/summer lunch programs
 - Physical exercise
 - Art/dance/music
 - Importance of prenatal care
 - Breastfeeding
 - Literacy
 - Potential collaborators:
 - SAPCC
 - HCRS
 - Legislators
 - Springfield Medical Care Systems
 - Mount Ascutney Hospital
 - Aces in Action
 - Lets Grow Kids
 - River Valley Technical Center (food?)
 - Art Gym
 - Meeting Waters YMCA
 - VDH
 - We could hold multiple summits in different towns in the region on the same day, or bring them to different towns each day, it may be best to start small and work to a bigger summit in future years
 - The communication between parents and providers could be really fruitful
 - Include child care
 - Offer raffles

The next meeting December 8th from 9:30-11:00 ***note the time change This will be our legislative brunch.***