COVID-19 Resources for Parents of Children with Intellectual or Other Developmental Disabilities

The STRYDD Center - Supporting Trauma Recovery for Youth with Developmental Disabilities
Long Island Jewish Medical Center, Northwell Health

TOOLS FOR MAINTAINING SKILLS AND BEHAVIOR

Learning Skills Through Everyday Activities

• Illinois Early Intervention Clearinghouse: Everyday Early Intervention
  Help maintain and grow your child’s skills through everyday activities like doing the laundry
• OT Toolbox: Home Activity Recommendations
  Activity recommendations that promote movement, learning through play, and help to keep the kids off screens; recommended for use in conjunction with your occupational therapist when an OT is providing services

At-Home/Downloadable Programs for Behavior Management and Skill Development

Materials developed specifically for COVID-19 pandemic:
• Frank Porter Graham Child Development Institute, University of North Carolina at Chapel Hill: Supporting Individuals with Autism through Uncertain Times
  extensive toolkit includes relevant resources (available in multiple languages)
• How-to ABA: Resources for Children with Autism During COVID-19
  For younger or more disable, includes links to additional resources

For parents wanting systematic behavior management training:
• Pyramid Education Consultants: Autism 24/7: A Family Guide to Learning at Home and In the Community
  Provides ABA guidance and downloadable materials
• University of CA Davis Mind Institute: Autism Distance Education Parent Training
  Provides on-line training to more effectively teach their children with autism and other neurodevelopmental disorders using Applied Behavior Analysis (ABA) techniques (Spanish and accessibility options available)

For more general support with skill development for young children:
• Stages Learning: Free Home Curriculum for Early Autism Education
  Provides step-by-step lessons, activity sheets and behavior management tools to help maintain and grow your child’s language, motor and academic skills while at-home; designed for young children with Autism