

5-WEEK SCHEDULE

M-W-F 7:00 AM, 20 Minute Zoom Class
Tue-Thur Pre-Recorded Nutrition Video

WEEK 1

June 8 | Title Boxing Club
June 10 | Ultimate Martial Arts
June 12 | Title Boxing Club

WEEK 2

June 15 | Mi5 Fitness
June 17 | Ultimate Martial Arts
June 19 | Mi5 Fitness

WEEK 3

June 22 | Anytime Fitness
June 24 | Raberge's Martial Arts
June 26 | Anytime Fitness

WEEK 4

June 29 | Northstar Crossfit
June 30 | Raberge's Martial Arts
July 1 | Northstar Crossfit

WEEK 5

July 6 | Restorative Health & Wellness
July 10 | Restorative Health & Wellness

BONUS!

All registered participants
will receive a **free offer**
from each studio upon
completion of program!

Powered by:



Your Touchstone Energy® Partner



CLICK HERE