



# GRAND RE-OPENING

Saturday, June 8, 2019

9:00 a.m. - 3:00 p.m.

17630 Juniper Path, Lakeville, MN 55044

**Register to attend on our Website:**

► [www.mi5fitness.com](http://www.mi5fitness.com)

## **Morning Class Demonstrations**

9:30 - 10:00 Bootcamp (18+)

9:30 - 10:00 Kids Class (ages 3-9)

10:30 - 11:00 Crossfit (18+)

10:30 - 11:00 Teen Performance (ages 10-17)

11:30 - 12:00 Meet the trainers + Intro to Personal Training

## **12:00 p.m. Ribbon Cutting**

## **Afternoon Class Demonstrations**

12:30 - 1:00 Bootcamp (18+)

12:30 - 1:00 Kids Class (ages 3-9)

1:30 - 2:00 CrossFit (18+)

1:30 - 2:00 Teen Performance (ages 10-17)

2:30 - 3:00 Meet the Trainers + Intro to Personal Training

**Gym Tours + Meet the Coaches and Members**

**Food + Beverages + Games**

**Door Prize**

**BUILDING THE BEST VERSION OF YOU**



# YOU'RE INVITED!

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*Complete the information on the back of this invite  
and bring it with you to the Grand Re-Opening  
to be entered into a drawing!*



- Class Demonstrations
- Intro to Personal Training
- Tour the Gym
- Meet the Coaches
- Food + Beverages
- Games
- Special Offers

## BUILDING THE BEST VERSION OF YOU

Name (First + Last): \_\_\_\_\_

Email Address: \_\_\_\_\_

Invited By (First + Last): \_\_\_\_\_

What classes/programs interest you the most?

<input type="checkbox"/> Personal Training	<input type="checkbox"/> Bootcamp	<input type="checkbox"/> Teen Performance
<input type="checkbox"/> Nutrition Coaching	<input type="checkbox"/> Crossfit	<input type="checkbox"/> Kids Class

## BUILDING THE BEST VERSION OF YOU