



FRIDAY, SEPTEMBER 20, 2019



# PALLIATIVE CARE:

## A MULTIDISCIPLINARY APPROACH TO LIFE-LIMITING CHRONIC DISEASE

Sponsored by Mayo Clinic Health System with support from  
Palliative Care Network of Wisconsin

**LA CRESCENT EVENT CENTER**

595 VETERANS PARKWAY

LA CRESCENT, MN 55947



## **PROGRAM DESCRIPTION**

A multidisciplinary presentation on palliative medicine in primary care with the goal to provide the audience with tools to be able to explain what palliative medicine is, what the difference is between palliative care and hospice care and to have some basic tools for managing symptoms at the end of life. The program also aims to provide information on how social workers, chaplains, pharmacists, nurses, nurse practitioners and physician assistants and physicians work as a team to provide holistic care for these patients living with complex medical illnesses.

### **WHO SHOULD ATTEND?**

Physicians, physician assistants, nurse practitioners, nurses, social workers, chaplains, and other allied health professionals.

## LEARNING OBJECTIVES

- ▶ Identify the role of palliative medicine for patients diagnosed with a life limiting illness.
- ▶ Recognize the difference between palliative medicine and hospice in our community.
- ▶ Assess the complexities of providing end of life care for our Veterans.
- ▶ Describe how to apply tools in order to practice primary palliative care.
- ▶ Recognize the interdisciplinary team in palliative medicine and hospice and summarize how they work to support the patient and their family and what their roles are in palliative medicine.

## EDUCATION CREDITS



In support of improving patient care, Mayo Clinic College of Medicine and Science is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.



**JOINT ACCREDITATION**  
INTERPROFESSIONAL CONTINUING EDUCATION

**AMA** – The Mayo Clinic College of Medicine and Science designates this live activity for a maximum of 6.75 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**ANCC** – Mayo Clinic College of Medicine and Science designates this live activity for a maximum of 6.75 ANCC nursing contact hours. Nurses should claim only the credit commensurate with the extent of their participation in the activity. All health care professionals are eligible to claim CME credit. It is the responsibility of the learner to submit the documentation to their state nursing board, specialty society or other professional association for potential conversion or determination as to whether it satisfies their continuing education requirements.

**SOCIAL WORKERS** – NASW WI accreditation pending approval.

## REGISTRATION

Registration fees cover tuition, meals, and conference materials. Advance registration is required and must be received no later than September 13, 2019. Refunds or cancellations (with the exception of a \$25 processing fee) will be given up to September 13, 2019. Cancellations after September 13 will not be refunded. Conference organizers retain the right to cancel the program.

## PLANNING COMMITTEE

Hilary Bingol, MD, HMDC, Kelly Cooke, DO, FAAHPM, Kristina Schlecht, MD, Jodie Gonia, RN, Timothy Jessick, MD, Debra Fahey, CNP, APNP, Chaplain Mark Carr, Kristine Brueggem, CNP, APNP, Jamie Dayton, LGSW, APSW, Cathleen Pupp, BS

## AGENDA



- 8:00 a.m. **Introduction**  
Paul Mueller, MD, Regional Vice President, Mayo Clinic Health System
- 8:30 a.m. **The Complexities of Care for Veterans at the End of Life**  
Kelly Cooke, DO, FAAHPM
- 9:15 a.m. **Providing Spiritual Assessment and Care in Palliative Medicine**  
Kristin Van Heyningen, PhD, Hospital Chaplain/Ethics
- 9:45 a.m. **De-prescribing and High Risk Medication Pearls for Palliative Medicine and Hospice**  
Kris Brueggen, CNP, APNP, and Sarah Schmidt, Pharm.D., R.Ph.
- 10:30 a.m. **Break/Collection Question Cards**
- 10:45 a.m. **Approaching the Subject of Diversion or Controlled Substance Concerns**  
Jamie Dayton, MSW
- 11:30 am **Question/Answer Panel**  
Kelly Cooke, DO, FAAHPM, Chaplain Kristin Van Heyningen, Kris Brueggen, CNP, Sara Schmidt, Pharm.D., R.Ph., Jamie Dayton, MSW
- 12:00 p.m. **Lunch**
- 1:00 p.m. **Palliative Case Review Provider Presentation: Transitioning to Hospice**  
Timothy Jessick, DO
- 1:30 p.m. **Palliative Case Review Provider Presentation: Transitioning to Hospice** *(continued)*  
Liz Fitzpatrick, CSW
- 2:00 pm **When is the Right Time for a Palliative Patient to Transition to Hospice?**  
Jodie Gonia, RN, and Erin Shadbolt, MSN, RN
- 2:45 p.m. **Starting the Discussion: Advance Care Planning in a Family Medicine Residency**  
Kristina Schlecht, MD
- 3:30 p.m. **Building a Community Palliative Care Program to Support Patients and Families in Primary and Specialty Care**  
Hilary Bingol, MD, HMDC
- 4:15 p.m. **Panel Discussion**  
Tim Jessick, DO, Liz Fitzpatrick, CSW, Jodie Gonia, RN, Kristina Schlecht, MD
- 4:30 p.m. **Evaluations and Wrap up**

## QUESTIONS?

Please call: 608-392-4172 / Fax: 608-392-9416 / email: [pupp.cathleen@mayo.edu](mailto:pupp.cathleen@mayo.edu)

Registration Deadline: September 13, 2019



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**Space is limited so register early.**

**Please send check and registration form by September 13 to:**

Cathleen Pupp, Public Affairs  
Mayo Clinic Health System  
700 West Avenue South, La Crosse, WI 54601  
Phone: 608-392-4172  
Email: [pupp.cathleen@mayo.edu](mailto:pupp.cathleen@mayo.edu)

Please make checks payable to Mayo Clinic Health System in La Crosse or register online at:

<https://mayoclinichealthsystem.org/locations/la-crosse/education/professional-education/palliative-care-conference-2019/>

## CONTACT INFORMATION

Name of Registrant - <i>first name, middle initial, and last name</i>		Title	
Organization/Affiliation			
Work/Business Address - <i>street address</i>		Work Phone	
City		State or Province	ZIP or Postal Code
E-mail Address*			
If you require an accommodation, please describe here:			

## REGISTRATION FEE

<input type="checkbox"/> Non-Mayo Clinic Employee	\$85	\$ _____
<input type="checkbox"/> Mayo Clinic Employee: Company # _____ PAU# _____	\$75	
This includes instruction, materials, contact hours, continental breakfast, lunch, afternoon refreshments. Registrations are confirmed either in writing or email. If you do not receive confirmation before the program, call 608-392-4172.		



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La Crosse, Wisconsin 54601

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**FOR MORE INFORMATION**

**E-mail** [pupp.cathleen@mayo.edu](mailto:pupp.cathleen@mayo.edu).

**Phone** 608-392-4172