

## ARC Program

**Monday—Friday 9:00AM—4:00PM**

**Sunday Program 11:00AM—4:00PM**

### Have Questions?

**Contact the ARC Programming Staff:**

**Sal: Tuesday—Friday**

**201-408-1452 spintavalle@jccotp.org**

**William: Sunday—Thursday**

**201-569-7900 ext. 123 wroberts@jccotp.org**

# JANUARY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
	<p><b>Don't Miss Exploring Art:</b> Wednesday, January, 8th At 10:00 AM Our monthly <b>Sensory Art Program</b> Sponsored by The MET</p> 	 <p><b>BIRTHDAYS THIS MONTH</b></p> <p>1/8 Joel 1/9 Ed 1/28 Wayne 1/29 Mariam</p>	<p><b>1</b> <b>ARC Program Closed</b></p>  <p><i>New Year's Day</i></p>	<p><b>2</b></p> <p>9:00 Breakfast 10:15 Finishing Lines 10:45 Cooking or Ball Sports 11:15* John M. in Concert 12:15 Beef and Broccoli 1:00 Fiber Art Club or Travel Club 2:00 History Club or Art 3:00 Writers Club</p>	<p><b>3</b></p> <p>9:00 Breakfast 10:00 Bingo 11:00 Stretch and Kvetch 11:30 Jam Out with Janice 12:15 Chicken Cacciatore 1:00 Fitness Club 2:00 National Geographic Club 3:00 The Animal Kingdom</p>
<p><b>5</b></p> <p>11:00 Finishing Lyrics 11:30 Spiritual Fitness Club 12:15 Sunday Brunch 1:00 Sunday Sports 2:00 Sing Along with Robbie 3:00 Dog Bingo</p>	<p><b>6</b></p> <p>9:00 Breakfast 10:15 Word Puzzles 10:45 Ceramics or Balloon Volleyball 11:15* Party with DJ Nick 12:15 Salisbury Steak 1:00 Drama or Tech Club 2:00 Book Club 3:00 Group Puzzles</p>	<p><b>7</b></p> <p>9:00 Breakfast 10:00 Dance Club 10:30 Linda's Letter Game and Group Exercise 11:30 Carlos in Concert 12:15 BBQ Chicken 1:00 Art or Music Club 2:00 Reminiscence Club 3:00 Book Club with Joan</p>	<p><b>8</b></p> <p>9:00 Celebration Breakfast 10:00 Exploring Art Sponsored by The MET 10:45 Gardening or Sports Club 11:30 Janice in Concert 12:15 Meatloaf 1:00 Photography Club or Game Club 2:00 Birthday Club 3:00 Furry Friends</p>	<p><b>9</b></p> <p>9:00 Breakfast 10:15 Rhyming Words 10:45 Jewelry or Ball Sports 11:30 Piano Tunes by Peter 12:15 Breaded Flounder 1:00 Fiber Art Club or Travel Club 2:00 History Club or Art 3:00 Writers Club</p>	<p><b>10</b></p> <p>9:00 Breakfast 10:00 Bingo 11:00 Stretch and Kvetch 11:30 Karaoke with Byron 12:15 Teriyaki Chicken 1:00 Fitness Club 2:00 National Geographic Club 3:00 The Animal Kingdom</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
12 11:00 Happy History 11:30 Spiritual Fitness Club 12:15 Sunday Brunch 1:00 Sunday Sports 2:00 Drew and Robbie’s Sing Along 3:00 Pokeno	13 9:00 Breakfast 10:15 Word Puzzles 10:45 Ceramics or Balloon Volleyball 11:30 Country Concert by Rich and Nancy 12:15 Gefilte Fish 1:00 Drama or Tech Club 2:00 Book Club 3:00 Matching Game	14 9:00 Breakfast 10:00 Dance Club 10:30 Linda’s Letter Game and Group Exercise 11:30 Soul Songs by Rhonda 12:15 Honey Mustard Chicken 1:00 Art or Music Club 2:00 Reminiscence Club 3:00 Book Club with Joan	15 9:00 Breakfast 10:15 Daybreak Designs 10:45 Gardening or Sports Club 11:15* Jammin’ with Aaron 12:15 Meatballs and Bowties 1:00 Photography Club or Science Club 2:00 Birthday Club 3:00 Name That Personality	16 9:00 Breakfast 10:15 Opposites Game 10:45 Cooking or Ball Sports 11:30 Live Music by Johnny 12:15 Blintzes with Sour Cream 1:00 Fiber Art Club or Travel Club 2:00 History Club or Art 3:00 Writers Club	17 9:00 Breakfast 10:00 Bingo 11:00 Stretch and Kvetch 11:30 Live Music by Hal 12:15 BBQ Chicken 1:00 Fitness Club 2:00 National Geographic Club 3:00 The Animal Kingdom
19 11:00 Puzzles 11:30 Spiritual Fitness Club 12:15 Sunday Brunch 1:00 Sunday Sports 2:00 Hal in Concert 3:00 Balloon Volleyball	20 9:00 Breakfast 10:15 Word Puzzles 10:45 Ceramics or Balloon Volleyball 11:30 Piano Tunes by Ruth 12:15 Baked Ziti with Meat Sauce 1:00 Drama or Tech Club 2:00 Book Club 3:00 Hollywood Flashback	21 9:00 Breakfast 10:00 Dance Club 10:30 Linda’s Letter Game and Group Exercise 11:30 Calypso by Selah 12:15 Sweet and Sour Chicken 1:00 Art or Music Club 2:00 Reminiscence Club 3:00 Book Club with Joan	22 9:00 Breakfast 10:15 Daybreak Designs 10:45 Gardening or Sports Club 11:15* Music by Tuvia 12:15 Stuffed Cabbage 1:00 Photography Club or Game Club 2:00 Birthday Club 3:00 Hollywood Bingo	23 9:00 Breakfast 10:15 1st Letter Word Game 10:45 Jewelry or Ball Sports 11:30 Reggie in Concert 12:15 Gefilte Fish 1:00 Fiber Art Club or Travel Club 2:00 History Club or Art 3:00 Writers Club	24 9:00 Breakfast 10:00 Bingo 11:00 Stretch and Kvetch 11:30 Concert by Carlos 12:15 Hawaiian Chicken 1:00 Fitness Club 2:00 National Geographic Club 3:00 The Animal Kingdom
26 11:00 Riddles and Jokes 11:30 Spiritual Fitness Club 12:15 Sunday Brunch 1:00 Sunday Sports 2:00 Peter’s Piano Favorites 3:00 Bingo	27 9:00 Breakfast 10:15 Word Puzzles 10:45 Ceramics or Balloon Volleyball 11:30 Concert by Hal 12:15 Baked Salmon 1:00 Drama or Tech Club 2:00 Book Club 3:00 Remember When...	28 9:00 Breakfast 10:00 Dance Club 10:30 Linda’s Letter Game and Group Exercise 11:30 Joe Keys Duo Concert 12:15 Chicken Chow Mein 1:00 Art or Music Club 2:00 Reminiscence Club 3:00 Book Club with Joan	29 9:00 Breakfast 10:15 Daybreak Designs 10:45 Gardening or Sports Club 11:30 Jam Out with Janice 12:15 Meatballs and Bow Ties 1:00 Photography Club or Science Club 2:00 Birthday Club 3:00 Furry Friends	30 9:00 Breakfast 10:15 Alphabetics 10:45 Cooking or Ball Sports 11:30 Van Martin in Concert 12:15 Salisbury Steak 1:00 Fiber Art Club or Travel Club 2:00 History Club or Art 3:00 Writers Club	31 9:00 Breakfast 10:00 Bingo 11:00 Stretch and Kvetch 11:30 Luna New Year 12:15 Sesame Chicken 1:00 Fitness Club 2:00 National Geographic Club 3:00 The Animal Kingdom