




September 2017 Free Events



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Every Monday For Silver Sneakers Members Free Exercise Class 11:45-12:30 Patrick	 Proud Sponsors of Senior Source	By Appt. Only Free Haircuts on Thursday Call 201 342 0962 <hr/> Mah Jongg Tues., Thurs., Sat. 11 AM CLOSED on SEPT. 21 & 30	NJ STATE TROOPERS Free Car Seat INSPECTION 9AM-1PM FRIDAY, September 15 <hr/> Please contribute paper goods and plasticware to Senior Source	1 Current Events 1:30 with Bill
4	5	6	7	8
SENIOR SOURCE CLOSED LABOR DAY HAVE FUN	Bingo for Labor Day Win Prizes 1:30 with refreshments CareOne Teaneck	Physical Therapist Here for Risk Management 1:30 with refreshments Maywood Ctr for Health & Rehabilitation	How to Prevent Falls 1:30 Hackensack Univ. Medical Ctr.	Fall Harvest Food 1:30 with refreshments Jewish Home Family
11	12	13	14	15
"Embracing Diversity" 1:30 with refreshments CoreBasics Physical Therapy & Wellness	Special Surprise 1:30 with refreshments Always Best Care	Medicare 101 Presented by Amediysis 1:30 with refreshments Caring People	Film Festival "The Queen" 1:00 Presented by Lorraine	9a-1p Troopers Free Inspection of Childs Car Seats <hr/> Bingo Win Prizes 1:30 with refreshments Royal Hearts Healthcare
18	19	20	21	22
BINGO WIN PRIZES 1:30 with refreshments HomeWell Senior Care	Let's Keep Moving Physical Activity Program 1:30 with refreshments Professional Physical Therapy	Enjoy Knitting At Noon With Edie	CLOSED TODAY	Bring Friends Game Day 1:00 Play Scrabble, Mah Jongg ETC
25	26	27	28	29
Aging?? What do You Want In Life? 1:30 with refreshments Woodcrest Health Care Ctr.	Changes and Choices in Life 1:30 with refreshments Senior Quest	Cooking With Chef Michael and Ellen 1:30 with refreshments Regent and Prospect Care Ctrs.	Film Festival "The King's Speech" 1:00 Presented by Lorraine	Come to Game Day 1:00 Senior Source
The Shops at Riverside, 310 Riverside Square Mall, Hackensack, NJ 07601 Phone 201 342 0962 Email: bruder@seniorsourcecellc.com Website: www.seniorsourcecellc.com				