The Arc
For people with intellectual and developmental disabilities

April 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 April Fools Day	2 	3	4 Sensory Friendly Theater 10am-4pm $30
5 Happy Easter	6	7	8	9 	10	11 Pottery & McDonald's 11am-4pm $50
12	13	14 Self-Advocacy 10am-11am Lunch Room	15	16 	17	18 Burlington Mall 10am-5pm $65
19		21	22 	23 	24 Spring Fling Dance 6:30pm-8:30pm	25 Unity Farm Sanctuary 10am-5pm $65
26	27	28	29	30 		

CONTACT US FOR INFORMATION ON:

- General Questions/Concerns
- Saturday REC and Bowling
- Healthy Relationships
- Self-Advocacy
- Dances

Notes

The Arc of Opportunity in North Central Massachusetts Family Supports and Recreation Calender

Self-Advocacy -
Second Tuesday of the month
10am - 11am

Healthy Relationships Group Interest Form

Bowling - Every Thursday
4:00pm-6:00pm
@Launch $4 shoes/$4 per game /$10 per hour

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