

MHSA and the National Center on Health, Behavioral Health, and Safety presents:

**Trauma-Informed Care: Providing Social Emotional Supports for Families**

Integrating trauma-informed care into programs will promote healing, as these practices buffer the impacts of stress and foster resilience. This interactive session will review trauma definitions, give an overview of trauma-informed care and practices, and offer opportunities to reflect on challenging conversations using motivational interviewing principles. Strategies to build protective factors that contribute to healing in children and families will also be presented, along with relevant resources.

**April 28, 2021 9:00 am to 12:00 pm**

**Meet the Presenters.**

**Kelli McDermott**



**Maria Eugenia Vazquez Betancourt**



**Kelli McDermott** is part of the training and technical assistance team at the Center on Health, Behavioral Health, and Safety. She is a Licensed Independent Clinical Social Worker specializing in early childhood mental health practice. She has been working to support young children, parents, and early educators for more than 10 years. Kelli has provided training and technical assistance in the areas of trauma informed care, mental health consultation, coaching practice, family engagement, substance use and misuse, and staff wellness for early childhood audiences, including many Head Start grantees.

**María Vázquez Bentancourt** has worked as an Early Childhood Intervention (ECI) Specialist providing and coordinating services to families with children (birth to 36 months) with developmental delays and disabilities. She has provided training and technical assistance to improve behavioral health among children, families, and staff in HS/EHS. She has expertise providing technical assistance to grantees and programs in Puerto Rico and the U.S. Virgin Islands, with a focus on Emergency Preparedness, Response, and Recovery (EPRR). Maria has over 10 years of experience in the field of early childhood development. As part of the Georgetown University faculty, she also co-led the EPRR workgroup from the National Center on Health, Behavioral Health, and Safety.

Maryland Head Start Association Virtual Health Institute April 28 -30, 2021.