

Maryland Head Start Association 2019 Annual Spring Conference

Thursday, May 9, 2019
9:00 am -10:00 am

❖ **Conflict Resolution: Building Resiliency through Problem Solving 1.5hrs**

❖ **Core of Knowledge Content Area: Child Development**

Research on resiliency and research on conflict resolution are linked. Providing real opportunities for young children to problem solve, make choices and make decisions is critical to building resiliency in children. This workshop will provide interactive opportunities to learn about the early childhood teachers and parent's role in conflict resolution and how to build opportunities for developing resiliency in young children in a classroom/Head Start setting or at home.

Presenter: Barbara Andrews has worked in early childhood education for over 35 years in roles as a teacher (including Head Start and child care), an administrator, a statewide trainer in Maryland and an adjunct professor. Barbara holds a Master in Education and Human Development from George Washington University and a Doctorate in Education from George Mason University where her dissertation work was on The Early Childhood Teacher's Role in Conflict Resolution. Barbara learned to train from Children's Creative Response to Conflict and has developed training on conflict resolution for very young children as well on many other early childhood topics. Currently she serves as the Administrator for Early Childhood Services in the Montgomery County, Maryland Department of Health and Human Services overseeing the Infants and Toddlers Program, the Resource and Referral Center, Early Childhood Mental Health and other services as well as work on early childhood policy issues.

❖ **Enhancing Social-Emotional Learning for Young Children 1.5 hrs.**

❖ **Core of Knowledge Content Area: Child Development**

Social-emotional skills are the keys to academic and life success. Participants will learn songs, games, activities, and stories that enhance behavior, academics, and school readiness through social-emotional learning. Participants will walk through and learn the 100 ways with which they can promote better behavior and learning through positive reinforcement. Make the most of your time with your children to enhance their learning and behavior by capitalizing on every opportunity to teach social and emotional skills to your young children each and every day.

Presenter: Dr. Michael S. Hubler, Ed.D., earned his Doctor of Education degree from Regent University and his Master of Administration degree from Radford University, where he was a graduate teaching fellow. He has earned many prestigious awards in providing educational and service programs to youth, including organization of the year, citizen of the year, U.S. Congressional recognition, and outstanding minority education facility for the state of Florida. He has published over 50 books as Time to Sign/EC-LEARN's curriculum development and social-emotional learning specialist. His doctoral specialization is the Social and Emotional Learning of Young Children and how it relates to behavior, learning and school readiness. He has experience in running both governmental and non-profit organizations for over 25 years.

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❖ Mom and Child, Oral Health Habits 1.5hrs

❖ Core of Knowledge Content Area: Health, Safety and Nutrition

The best start for children to have health oral habits begins with mom having healthy habit before, during and after pregnancy. This workshop will cover oral health from all aspects and give family tools to have oral habit that last a life time.

Presenter: Jasmine Joseph, RDH, MPH received her Master of Public Health degree from American Public University. She has five years of experience as a dental hygienist clinician and educator. She is passionate about preventive oral health care and health promotion and is now pursuing these interests in dental public health at the Maryland Department of Health, Office of Oral Health, Baltimore, Maryland. Jasmine also holds a Bachelor of Arts degree in Psychology from the University of Maryland, Baltimore County and is an active member of the American Dental Hygienists' Association.

Presenter: Katy Battani, RDH, MS has been a dental hygienist for 16 years and is an alumna of the University of Maryland, Baltimore School of Dentistry and the University of Maryland, Baltimore Graduate School. Katy is currently the project manager for the Partnership for Integrating Oral Health Care into Primary Care project at the National Maternal and Child Oral Health Resource Center at Georgetown University. Prior to this position, she led the Maryland Department of Health, Office of Oral Health's Perinatal and Infant Oral Health Quality Improvement Project which focuses on improving oral health for pregnant women and infants at high risk for oral disease. Katy currently serves on the Maryland PRAMS (Pregnancy Risk Assessment Monitoring System) Steering Committee, is the Maryland Dental Hygienist Liaison for the National Center on Early Childhood Health and Wellness and has recently served as the Maryland State Representative to the DentaQuest Foundation's Oral Health 2020 Network. Katy is active in several state and national organizations. Katy previously worked as Health Education Coordinator for the Maryland Dental Action Coalition (MDAC) whose mission is to develop and maintain a statewide partnership of individuals committed to improved health among all Marylanders through increased oral health promotion, disease prevention, education, advocacy and access to dental care. Prior to her position with MDAC, she was a dental hygiene faculty member at the University of Maryland, Baltimore School of Dentistry and served for four years as Graduate Program Director of the Master of Science in Dental Hygiene Program. In 2015, Katy received the Champions for Children and Youth Award which recognizes professionals, volunteers, and youth in the community who have gone above and beyond the call of duty to help children. Also, in 2015, Katy was recognized nationally as one of the "Dental Hygienists You Want to Know" by the Dimensions of Dental Hygiene Journal. Katy's publications and research interests focus on maternal and child oral health and the dental hygiene workforce.

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1:15 pm – 4:15 pm

❖ ACE-Informed Interventions that work in Early Childhood and Promote Resilience 3.0 hrs.

❖ Core of Knowledge Content Area: Child Development

Adverse Childhood Adversity does not have to be the outcome if resiliency and a strength based approach is the destination. This session will look at the ACES and focus on the child and family inner strengths and outside supports. When we know and understand how to identify the elements of resiliency, we can integrate them into childcare and classroom strategies and interventions.

Presenter: Monte Ephraim, LCSW-C is a Licensed Clinical Social Worker. She graduated with her Master Degree from the University of Maryland. Monte has been in the field for over 20 years. She has grown up

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professionally in human service, from Child Welfare and Non-Profits to Geriatrics. Monte is also listed as an experienced trainer in CWTTT, the Child Welfare Trauma Training Toolkit and The Road to Recovery: Supporting Children with Intellectual and Developmental Disabilities Who Have Experienced Trauma on the NCTSN, National Traumatic Stress Network. She is a certified trainer for Mental Health First Aid, working with Youth, working with Adults and Public Safety. Her experience and training span from trauma to disabilities, leadership and organizational cultures.

Presenter: Shawn Elbert, has been in the human service field for 20 years. In addition to training Shawn has been a Spiritual Life Coordinator, Director of Coaching and Mentoring Staff in skills and competencies. He has 15 years of experience as a trainer, teaching behavioral management systems including Crisis Prevention and Intervention, and trauma informed care. Shawn is also a certified Mental Health First Aid trainer. He is part of a team implementing a trauma informed integrative approach including but not limited to a spiritual life lens.

Parent Cafe 3.0 hrs.

❖ Core of Knowledge Content: Community

