BETHEL~CHELSEA~NEWTON~ROCHESTER~

WHITE RIVER VALLEY SUPERVISORY UNION

~ROYALTON-SHARON~STOCKBRIDGE~TUNBRIDGE

SCHOOL LUNCH OCTOBER 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
TURKEY/CHEESE/BACON	**BUFFALO CHICKEN**	**SLOPPY JOE**	**MAC AND CHEESE**	**PIZZA DAY**
TOASTED HOAGIE	QUESADILLA'S-GRILLED	SANDWICH	BBQ PORK	Cheese or Pepperoni
Cheesy Twice Baked	Corn	Rsted Cauliflower	Garlic Geeen Beans	Broccoli Trees (raw)
Sweet Potato	Salsa, Sour Cream	Turmeric	Spinach/Strawberry Salad	Ranch
9	10	11	12	13
NO SCHOOL	**SPAGHETTI**	**CHICKEN TENDERS**	**BRUNCH FOR LUNCH**	**EARLY RELEASE**
Indigenous People	w/wo Meat Sauce	Buttered Noodles	Homemade French Toast	BAG LUNCHES
Day	Garlic Knot	Tomato/Cucumber Salad	Vermont Sausage & Syrup	Sandwich with
	Caesar Salad	Dipping Sauces	Sweet Potato Gems	Chips, Fruit, Juice
16	17	18	19	20
MACKENZIE HOT DOG	**MAC AND CHEESE**	**CRISPY CHICKEN PATTY**	**BAKED HAM**	**FLATBREAD PIZZA**
Baked Beans	BBQ Chicken Drumstick	On a Bun	Mashed Potato	Veggie Chili
Whole Grain Bun	Green Beans	Roasted Root Veggie Hash	Steamed Broccoli	Baby Carrots
Creamy Cole Slaw	Dinner Roll/Butter	Sun Chips	Dinner Roll/Butter	Ranch
23	24	25	26	27
RAVIOLIS	**GRILLED QUESADILLA**	**POPCORN CHICKEN**	**BURGERS**	**EARLY RELEASE**
With Sauce	Loaded Nacho's	Roasted Red Potato	Hamburg or Cheeseburger	BAG LUNCHES
Garlic Toast	Confetti Corn Salad	Steamed Peas	Tater Tots	Sandwich with
Caesar Salad	Salsa, Sour Cream	Dinner Roll/Butter	Pickles	Chips, Fruit, Juice
30	***HALLOWEEN!***			
BAKED POTATO BAR	**"Ghoul-ash"**			
With Toppings	Vampire Green Beans			
Cheesy Breadstick	Witches Broomstick			
Marinara	***HAVE A GREAT HALLOWEEN***			



DAILY CHOICES:

SANDWICHES

VEGETARIAN OPTION

SALAD BAR

LOCAL FRUITS & VEGETABLES

MILK CHOICES

ALL STUDENTS RECEIVE 1 FREE BREAKFAST

ADULT PRICES:

Breakfast: $3.00

Lunch: $5.00

A la Carte: $3.00

Milk: $.50

UNIVERSAL MEALS allow us to provide FREE meals to all students!

We contunue to collect free & reduced meal applications because it helps us to continue to provide meals at NO COST to families.

Please submit your free & reduced meal application TODAY!

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