

Adult Christian Formation

Centering Prayer: Wednesdays at 6:00 p.m. in the Lady Chapel in Trinity's nave

Come rest in God's presence. Each week we gather for a short reflection, twenty minutes of centering prayer, (the contemplative practice developed by Fr. Thomas Keating) and open conversation about our experience, our prayer lives, and what stirs us along the way. No experience with centering prayer is necessary; all are welcome! Contact **Rick Barr** for more information at rlbarr@aol.com.

Dwelling in the Word: Monday mornings at 9:30 a.m. in Trinity's Third Floor Conference Room

Dwelling in the Word encourages engagement with Sunday's scripture readings to foster spiritual growth, apply one's faith to today's world, and build Christian community. If you have any questions, please contact **Sharon Kelso** at allen-sharon.kelso@sbcglobal.net.

Faith in Literature: Monthly on a Monday at noon in Trinity's Nichols Great Hall

Once a month, come share in a discussion of thought provoking literature and explore the themes of faith you see in the story. If you have any questions, contact **Deacon Deborah Underwood** at 918-260-8431.