

Season of Creation Calendar of Ideas

(September 1 – October 4)

The Season of Creation is a special time for reflection and action for creation that begins on September 1 with the World Day of Prayer for Creation and extends through October 4, the feast of St. Francis of Assisi. Recognizing our province's commitment to care of creation, the province Shalom Care of Creation Core Committee shares the following calendar of ideas to support your embracing this special season.

Sept 1 Welcome, dear EarthWalker Partner. "Walking together" is the theme for this year's Season of Creation. Let us begin our walk joining with others around the world in observing the *World Day of Prayer for Creation*. [Here is a prayer service](#) for your consideration.

Sept 2 Throughout this season we will invite you to consider the use of plastic in our lives. Today take 5 minutes and count all of the plastic things you use in that amount of time. List them for yourself.

Sept 3 During prayer today reflect on #22 of *Laudato Si'*. Marvel at the ways the non-human members of our Planet Family orchestrate a circle of life and invite us "toward that oneness for which Jesus Christ was sent." YAS C 4

Sept 4 Watch [My Plastic Free Life](#). After some reflection time, considering sharing your thoughts with someone else.

Sept 5 Journal about yesterday's viewing or how you were able to share it with someone else.

Sept 6 Spend some time in prayer today reflecting on our Directional Statement and YAS C9, 17; GD 19 What is Earth asking of us today?

Sept 7 Spend some time in prayer today by reading and reflecting on *Laudato Si'* #92. Draw a mandala showing this marvelous union.

Sept 8 Each year, Americans dispose of 32 million tons of plastic waste. Today choose one item of plastic you will eliminate from your life.

- Sept 9** Today consider taking these [Last Straw coupons](#), put them in your purse and have them ready to put in places where you want this message to go.
- Sept 10** Consider taking more action alternatives to plastic straws. Go to <https://Strawfree.org> Do you want to take the pledge?
- Sept 11** “We cannot live in a world that is not our own, in a world that is interpreted for us by others. An interpreted world is not a home. Part of the terror is to take back our own listening, to use our own voice, to see our own light.” Hildegard of Bingen
- Sept 12** Take time today to watch and listen to the Plastic Pollution Coalition video [Open Your Eyes](#).
- Sept 13** How have your eyes been opened this past week regarding the issue of plastics? Take a walk and speak to Earth in reassurance that you will do all you can to turn this around.
- Sept 14** Today is Rosh Hashanah-New Year (Jewish) It’s a new week. In what ways will you decide not to use plastic this week?
- Sept 15** Take a look at your clothing today. Do they contain human-made fibers. Slowly try to switch over and eliminate as many of these sources as possible.
- Sept 16** If you are up to another challenge you might consider [The Rubbish Diet Challenge](#).
- Sept 17** Today pray Psalm 96 – we encourage you to consider using [this version](#), taken from Nan Merrill’s [Psalms for Praying: An Invitation to Wholeness](#). Join your creation brothers and sisters in appreciation, love and dancing.
- Sept 18** Take a walk today and say thanks to all our non-human brothers and sisters for the many ways they serve us, the humans. Did you notice there was not one who was not serving?

Sept 19 St. Hildegard of Bingen once said, “All living creatures are sparks from the radiance of God’s brilliance, emerging from God like the rays of the sun.” Please journal your discoveries.

Sept 20 Do you know what BPA’s are? Check it out and learn more about the [dangers of plastic here](#).

Sept 21 Today is the International Day of Peace. Take time today to learn about the International Union of Superiors General (UISG) campaign called [Sowing Hope for the Planet](#). May this great endeavor inspire your heart.

Sept 22 Fall Equinox - Google “Autumnal Equinox 2018 The First Day of Fall.” Do you want to walk and find some of the signs of fall where you live?

Sept 23 Take time today to look back over this calendar. How has your walk been? Do you want to journal, share, or plan more ways in which you can rid our Earth of plastics?

Sept 24 The moon is full today – Grandmother Moon by whose changing face we measure time. Today let us thank her and fling our thanks high into the night sky so she will know.

Sept 25 Are you familiar with [Organic Consumers.org](#)? They send out excellent information. You may wish to be on their email list. Check out [50 Nations Curbing Plastic Pollution](#).

Sept 26 Watch the video “[Julia Roberts is Mother Nature](#)” Do you agree with her closing statement? Why ? or Why not?

Sept 27 Are you ready or wanting to get your local community or others involved? Earth Day is EVERY DAY! Check out this resource from Catholic Climate Covenant – [Earth Day 2018 Beyond a Throw Away Culture](#).

Sept 28 Today take some time to look back reflecting on these days of Season of Creation. Share a new conscious insight given to you and share it with someone.

Sept 29 Today Google “State Plastic and Paper Bag Legislation” – see what some states are doing in this regard.

Sept 30 Check out your state to see if anything is being done in regard to Plastic Bag legislation. If not, try to make contact with your state legislators to find out why not and encourage them to take action.

October 1 October is the feast day of St. Therese of Lisieux, a Doctor of the Church. Sit with Therese today and ask her how she is spending her heaven doing good on Earth.

October 2 Check your recycling containers today. How much plastic do you find? Is it less than when we began Season of Creation or more?

October 3 One more day before the end of the 2018 Season of Creation. A good time to make a “new year” plan to rid your life of plastics.

October 4 The Feast of St. Francis of Assisi. Celebrate him and our wonderful Earth by watching this video [Reluctant Saint – St. Francis of Assisi](#).

For more prayer, reflection and education resources, check out our Care of Creation resource page at <https://int.ssndcp.org/action/shalom/care-of-creation>



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