



Thriving Through Prevention

Cancer prevention is an ongoing priority, and early detection plays a key role in saving lives. Genetic testing is one important tool in understanding hereditary cancer risks and making informed healthcare decisions. By staying proactive and prioritizing preventive care, we can take meaningful steps toward reducing the impact of cancer in our communities.

Approximately 10% of all cancers are caused by inherited mutations that can be passed from parents to children. These inherited mutations increase the risk for cancer from generation to generation. Cancers caused by inherited mutations are known as “hereditary cancers.”

It is estimated that 1 in 279 people have an inherited genetic mutation that increases their risk of developing cancer. **However, hereditary cancers are the most preventable.** Knowing and sharing your family’s health and cancer history can help prevent hereditary cancer and save lives.

Potential Red flags of Hereditary Cancer

- Breast, colorectal or uterine cancer under the age of 50
- Triple –negative breast cancer
- Male breast cancer at any age
- Two separate cancer diagnosis in the same family member
- Ovarian cancer at any age
- Being of Ashkenazi Jewish Ancestry with a history of cancer at any age
- Multiple family members with the same type of cancer or related cancers
- Pancreatic cancer at any age
- Metastatic prostate cancer

Genetic testing is a powerful tool that carries the possibility of identifying individuals and family members who are at increased risk of developing cancer. Please contact your healthcare provider with any questions or concerns you might have regarding your family history of cancer.

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