## Robeson Overcoming Adversity through Resilience Coalition Member Commitment Form 2023

## Mission:

To educate, connect and empower the people of Robeson County by increasing awareness and understanding of Adverse Childhood and Community Experiences and teaching skills for building resilience.

## Vision:

That every person in Robeson County will have the tools they need to recognize, process and overcome their own adversities and that individual, familial and community resilience will thrive.

As ROAR Coalition Members, we all participate in ROAR meetings as available. Additionally, I will consider committing to some of the following: (please indicate your willingness to do each of the following by marking the boxes accordingly)

| During 2023   | I do | l will | I could | Please, don't ask me to |
|---|------|--------|---------|-------------------------|
| Attend with outreach events                                     | []   | []     | []      | []                      |
| Help with outreach events                                       | []   | []     | []      | []                      |
| Read and share <b>emails</b>                                    | []   | []     | []      | []                      |
| Follow our social media pages                                   | []   | []     | []      | []                      |
| Host a resilience-based training                                | []   | []     | []      | []                      |
| Identify potential coalition members/stakeholders               | []   | []     | []      | []                      |
| Join our PACEs Connection ROAR online community                 | []   | []     | []      | []                      |
| (https://www.pacesconnection.com/g/roar-nc)                     |      |        |         |                         |
| Post on/about events on social media                            | []   | []     | []      | []                      |
| Post your support on social media                               | []   | []     | []      | []                      |
| Promote ROAR at work and with community groups                  | []   | []     | []      | []                      |
| Recruit attendees for an event                                  | []   | []     | []      | []                      |
| Share relevant fundraising/grant opportunities                  | []   | []     | []      | []                      |
| Share your resilience related activities with us                | []   | []     | []      | []                      |
| Share your upcoming events with us                              | []   | []     | []      | []                      |
| Share and contribute to data collection                         | []   | []     | []      | []                      |
| Become a trained trainer  | []   | []     | []      | []                      |
| Volunteer to support trainers                                   | []   | []     | []      | []                      |
| <b>Write</b> a letter-to-the-editor or op-ed (*with assistance) | []   | []     | []      | []                      |
| OTHER – Please specify how you plan to participate              | []   | []     | []      | []                      |

I understand my commitments as a ROAR Coalition Member are to:

- 1. Serve as an active advocate for the mission and vision of ROAR
- 2. Participate, as available, in coalition meetings
- 3. Respond, in a timely manner, to communication from other coalition members
- 4. Volunteer with events and assist with awareness-raising activities, as I am able

As indicated, I agree to the above commitments as a member of ROAR and will do my best to keep these commitments in 2023.

| Print Name and Sign/Signature of Coalition Member                | Date  |
|--|---|
| Organization (if applicable)                                     |   |
| CHECK ONE:   |   |
| [] If you are completing this form representing just your indivi | idual commitments                           |
| [] If you are completing this form on behalf of an organization  | n and indicating organizational commitments |