

HELPLINE YOUTH COUNSELING, INC. (HYC)



BRINGING FAMILIES AND COMMUNITY
TOGETHER IN A VIRTUAL WAY TO BE
"ON TRACK TO A **BRIGHT** FUTURE"



Let's get our
body moving
and keep our
minds active!



With any outside
activity, please be sure
to wear your mask and
adhere to the social
distancing guidelines.



HYC WALK FOR WELLNESS 5K!



NEON CONTEST
Wear your best neon workout
wear and use the hashtag
#HYCwalkforwellness

Fundraise for HYC
Register and help us raise funds
to be entered for a chance to
win prizes!

SATURDAY, JUNE 27, 2020 AT 12PM

Registration is free but donations are welcome!

(each registration includes neon sunglasses, a silicone bracelet and virtual race bib and virtual certificate)

Register online at: <https://go.rallyup/hycwalk>
or Text: HYCWALK to 855-202-2100

You choose the way - 5K (3.1 miles) walk, run, bike, treadmill, or golf
to be completed by noon on 6/27/20. Then join our recognition event
on Zoom or Facebook Live to celebrate your accomplishment!

Questions? Email Renett Banagas at Rbanagas@hycinc.org