



SHARE! TM

SHARE! PEER-RUN CENTERS

SHARE!'s **Peer-Run Centers** host over 100 weekly **Self-Help Support Groups** for those seeking support with addiction, trauma, relationships, mental health, and more.

Both centers offer Volunteer-to-Job options, internships and volunteer opportunities, resume help, community events, and workshops, and a weekly food pantry. Contact each site for hours and availability.

SHARE! CULVER CITY

6666 Green Valley Circle
Culver City, CA 90230
(310) 305-8878

SHARE! DOWNTOWN L.A.

425 South Broadway
Los Angeles CA, 90013
(213) 213-0100

SHARE! COLLABORATIVE HOUSING

A low-cost, low-barrier housing solution that's permanent and supportive — placing individuals in fully furnished houses across Los Angeles County.

- Peer-built, family-like environment where you can form a community within the house
- Shared rooms are between \$600 - \$950, utilities included, no deposit or background check required
- For immediate housing, call **(877) 742-7349**
Monday to Thursday 10am - 6pm / Friday 12pm - 6pm

SHARE! RECOVERY RETREAT

A FREE two-week stay in a safe, welcoming peer-run respite, where you'll have 24-hour peer support and can focus on your mental health, recovery, and setting goals for a brighter future.

- Peer-run to build community through empowerment, compassion, and resources
- Mental health consumers 18 years or older
- Fully accessible to people with disabilities

Connect with **SHARE!**

info@shareselfhelp.org

www.shareselfhelp.org



SHARE! PEER SUPPORT SPECIALIST TRAINING

Learn how to use your lived experience in recovery, along with the Tools of the Trade, to light the way for others.

- Certified Medi-Cal Peer Support Specialist Training
- Both **English & Spanish**
- Scholarships are available

UNITED MENTAL HEALTH PROMOTERS (UMHP)

Connecting with older adults across Los Angeles to promote mental and emotional health and wellness skills so they can grow and thrive.

- Peer-led support groups, life-skills workshops, social activities and supportive services for individuals and groups
- Designed to promote healthier social skills, emotional regulation tools, and cultivate meaningful communities.

VETERAN PEER ACCESS NETWORK (VPAN)

Offered in partnership with the Department of Military and Veterans Affairs to serve US military veterans.

- Expands peer-driven support for veterans and their families.
- Provides vital resources, services, and opportunities available throughout the County.