

New workforce supports from the IECMH-WC!

TRAININGS FOR ALLIED PROFESSIONALS AND MENTAL HEALTH PROVIDERS

An Overview of Attachment and Adaptation in Parent-Child Relationships



December 7 | 10 - 11:30am | Monica Oxford, MSW, PhD

This presentation will guide the participant through understanding the attachment relationship as it develops in the first year of life. Participants will gain an understanding about how infants and young children adapt to their caregiving environment and how that adaptation shapes their emotional wellbeing and shows up in adolescence and adulthood.

BabyCues: How Babies and Young Children Communicate Their Needs Through Nonverbal Behaviors



December 14 | 1 - 2pm | Kimberlee Shoecraft, LICSW

This presentation will guide the audience to become better observers of infant and toddler non-verbal communication. Participants will also learn how to link baby-toddler communication with what the child feels inside their body and how that feeling leads to certain behaviors. Once adults understand the meaning behind non-verbal communications, their options for responding become more attuned with the child's underlying emotional and physiological needs which result in improved caregiver-child interaction and better wellbeing for both.

TRAININGS FOR MENTAL HEALTH PROVIDERS

Understanding Infant State, Regulation, Behavior and Cues

December 5 | 9am - 12pm | Kimberlee Shoecraft, LICSW

Understanding Infant States is a research-based program for professionals that provides essential information on newborn and infant behavior. Learn about infants and their captivating ability to interact and engage in relationships with their parents and caregivers and how that impacts the care they receive. Participants will learn about how infants' internal states influence their behavior and how to help infants regulate. Participants will also learn how to read infant cues, how to foster relationships, and about infant's social, emotional, and cognitive growth while feeding.

Reframing Challenging Behavior in Young Children



January 9 | 1 - 4pm | Carol Good, MSW, LICSW, IMH-E

Humans are hard-wired to communicate from birth. There are times when caregivers misinterpret their child's non-verbal cues in negative ways which impact how they respond. This workshop will use videos and small group discussion to support learning the meaning of non-verbal cues, the importance of sensitive responses to cues to support healthy attachment relationships, and how to support caregivers in becoming better observers of their child's cues.

TO REGISTER OR FIND MORE DC 0-5 TRAININGS VISIT: WWW.WA-AIMH.ORG

Trainings are free to all providers who serve children birth to five enrolled in Apple Health (Medicaid).



WASHINGTON ASSOCIATION FOR
Infant Mental Health

Washington State
Health Care Authority