

# Spreading HOPE

HEALTHY OUTCOMES  
FROM POSITIVE EXPERIENCES

## in Pediatric Health Care Settings

### What is HOPE?

Positive experiences help all children thrive. HOPE identifies ways that health care providers can make sure that all children have access to positive experiences and that all families have support to nurture and celebrate their strengths.

## The HOPE Framework

The Healthy Outcomes from Positive Experiences (HOPE) Framework is premised on three main ideas:

- All children need equitable access to key types of Positive Childhood Experiences (PCEs) to thrive, and all adults and systems who interact with children have the ability to promote this access - especially in healthcare;
- For health care providers and community members to meaningfully engage with children and families, it's critical that they use a strengths-based lens and move away from the deficit-based framework that many of our systems were built on.
- Children, youth, and families need to be equal partners in all aspects of health care.



### The Details

Join us on January 19, 2023 for a 2-hour Interactive virtual training on Spreading HOPE in Health Care.

We'll review the science behind Positive Childhood Experiences, how Positive Childhood Experiences mitigate Adverse Childhood Experiences (ACEs), and the Four Building Blocks of HOPE.

As a group, we will discuss HOPEful ways to screen for ACEs in the health care setting and options for learning about your patients' PCEs as well.

Come prepared to engage! We will be spending time discussing barriers and facilitators to HOPE Implementation in your practice. Each participant will leave the session with a 30-day goal for HOPEful health care practice and a clear sense of how they can promote Positive Childhood Experiences for the children they support.


\* CME credits will be available

**January 19, 2023, 7:00-9:00 AM PT**

**Register @**



**<https://us02web.zoom.us/meeting/register/tZYude6oqzgvGdNvpWGctBHznLehay5LjMYi>**



**HOPE aims to fundamentally transform how we advance health and well-being for our children, families, and communities.**