The Incredible Years®



Free Family Program

For people with kids ages 1-3

Online program starts January 22 , 2024

Program meets over Zoom on Monday evenings from 6-7:45 pm through March 11

Meet & Greet Social Monday, January 15th at 6pm: Get to know our facilitators, receive materials, and connect with fellow parents and kiddos over light refreshments! Childcare provided.

Location: Children's Museum of Skagit County
432 Fashion Way, Burlington, WA 98233



The Incredible Years evidence-based programs have been shown to reduce problem behaviors in childhood and strengthen social emotional learning!

Meet with trained facilitators & other parents to:

- Learn and practice positive parenting approaches
- Make life easier with problem solving, coping, & communication skills
- Feel more supported as a family
- Find out how to promote academic success

Scan the QR code to sign up by Jan 8!

Or visit: bit.ly/3ML2nVR

For more information, contact Erin:
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United General District 304 | Building Healthier Communities

Washington State Health Care Authority

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