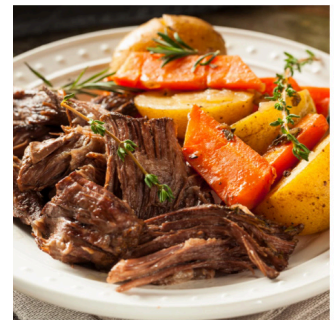




# WHAT *a* CROCK *meals to go!*

## What's for dinner?

Take the guess work out of dinner & make life easier!  
Chef-crafted meals delivered right to your door!  
No prep, no mess, just place in your slow  
cooker & enjoy!



Order for the week or month - quick delivery!

Click here to place orders online:

**<https://bit.ly/3dAO70R>**

---

10% of all orders go to the MPHSA

questions : [ann.silverlinings@gmail.com](mailto:ann.silverlinings@gmail.com)