

# MORRIS PLAINS WELLNESS DAY

Saturday,  
OCTOBER 1, 2022

**Community Center**  
**Jim Fear Drive**

8am-11am

## WELLNESS SCREENINGS

Blood Chemistry Analysis and  
Cancer Screenings are **available**  
**by appointment only.**

## FLU and COVID-19 IMMUNIZATIONS

FREE FLU SHOTS will be available to Morris Plains residents  
ages 50-64

Ages 65+ free with Medicare

Free **COVID-19** Vaccines ages 18 and over



## WELLNESS FAIR

Exhibitors will present  
information to promote healthy  
living for the whole family!

- Atlantic Health
- NORWESCAP
- Freshii
- Arbor Terrace
- Morris View

.... and much more!



# **Medical Screenings to be offered to adult residents will include:**

- Blood Pressure Evaluation
- Female Cancer Screenings
- Male Cancer Screening
- Blood Chemistry Analysis (CBC, glucose, HDL and LDL)

*Results of testing will be sent to the resident and their physician*

## **REGISTRATION IS REQUIRED FOR BLOODWORK AND ALL CANCER SCREENINGS**

Register by calling:  
973-829-8250

Please leave your name and telephone number and a member of the Morris County Division of Public Health will reach you to schedule your appointment.

