MORRIS PLAINS WELLNESS DAY 2026

Join us on Saturday, October 10th, 2026 from 9AM TO 12PM for Morris Plains Annual Wellness Day!

Wellness Screenings

Blood Chemistry Analysis and Cancer Screenings are available by appointment only.

Wellness Fair

Exhibitors will present information to promote healthy living for the whole family!

- *Goldfish Swim School*
- *4E Fitness*
- *Free Consumer Item Lead Testing*
- *and many more!*

COME FOR A CHANCE TO WIN OUR RAFFLE PRIZE!

Flu Immunizations

- **Pediatric immunizations (6 months and older) will be made available for the first 50 (first come/first served). Parents/guardians for children 6 months to age 8 who have not received the influenza vaccine previously, whose influenza immunization history is unknown, or who have not received two doses previously, will need to make their own arrangements to receive the second dose 4 weeks later.**
- **All Residents 18 and over, please bring insurance card**
- **Ages 65+ (Bring Medicare Card if applicable)**
- **High dose vaccine will be provided only to those aged 65+ or aged 18 to 64 who have organ transplant history or receiving immunosuppressive therapy.**

Flu shots will be given only on Wellness Day

FREE AND OPEN TO ALL MORRIS PLAINS RESIDENTS!

MEDICAL SCREENINGS TO BE OFFERED TO ADULT RESIDENTS WILL INCLUDE:

- Blood Pressure Evaluation
- Female Cancer Screenings
- Male Cancer Screening
- Blood Chemistry Analysis (CBC, glucose, HDL and LDL)



Results of testing will be sent to the resident and their physician

REGISTRATION IS REQUIRED FOR BLOODWORK AND ALL CANCER SCREENINGS!

Register by calling:

(973)-829-8250

Please leave your name and telephone number and a member of the Morris County Division of Public Health will reach out to you to schedule your appointment.

Saturday, October 10, 2026

9AM-12PM

Community Center
51 Jim Fear Drive

Public Health
Prevent. Promote. Protect.