

# Senior Exercise with Jessica Battagliese



## *Senior Exercise Class Information:*

*Dates:* Every Thursday\* September 8 to June 22

*Location:* Morris Plains Community Center

*Time:* 10 AM to 11 AM

*Fee:* Morris Plains Residents: No Fee

*Residents from towns offering a free,  
reciprocal program: No Fee*

*Pre Registration is required for all participants  
(Registration form is available @ [morrisplainsboro.org](http://morrisplainsboro.org))*

*\*No class Thanksgiving, November 24, 2022*

*No class when Morris Plains Borough School is closed for inclement weather*

*Sponsored by Morris Plains Recreation Commission  
~973-538-3455~*